

LENDING LIBRARY CATALOG



The Maine Coalition Against Sexual Assault is organized to put an end to sexual violence in Maine and to ensure that there will be ongoing support and services for victims and survivors.



24-HOUR CONFIDENTIAL STATEWIDE
SEXUAL ASSAULT CRISIS AND SUPPORT LINE:

1-800-871-7741
or TTY: 1-888-458-5599

www.mecasa.org

Thank you for your interest in the Maine Coalition Against Sexual Assault’s Lending Library.

Our library offers a broad spectrum of subjects within the topic of sexual violence, ranging from healing from trauma to global sexual violence. Our intention in providing this free service is to raise awareness and educate the public and professionals on issues relating to sexual violence.

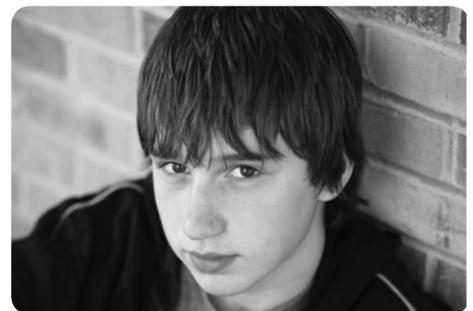
All of these resources grapple with the sensitive issue of sexual violence, some of which may upset readers and viewers. Please be warned that some of these materials may be triggering. If you need support in processing any of our Lending Library materials, we encourage you to contact our crisis and support line at **1.800.871.7741** or **TTY 1.888.458.5599**.

At the end of the catalog, we have included a map of the centers that comprise the Maine Coalition Against Sexual Assault. For more information, please visit **www.mecasa.org**.

Please help us ensure that our library collection meets your needs by taking the time to fill out the evaluation form that will accompany each item you check out. Evaluation forms can also be obtained by emailing **info@mecasa.org**.

We appreciate your interest in this issue; please contact us if you have any questions, comments, or concerns.

If you or someone you know has been sexually assaulted, please contact our statewide, 24-hour, free and confidential crisis and support line at **1.800.871.7741** or **TTY 1.888.458.5599**.





Library Policies

- Materials are due 20 days from the date sent out. The due date will be noted with each item.
- There is a limit of three items at a time.
- For materials returned undamaged and on time, your only cost will be the return postage.
- A late charge of \$1.00 per day will be charged on all overdue items.

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Maine Coalition Against Sexual Assault
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**SECTION I:
Rape/Sexual Assault**

BOOKS

After Silence: Rape & My Journey Back

By: Nancy Venable Raine

Nancy Venable Raine ©1998

Book, 278 pages

Call Number: I:8

After Silence weaves together two types of literary discourses. One is Venable Raine's memoir of rape and its impact on her life over a decade. The other is a discussion that provides the reader with a context for her story. As she tells her story, Venable Raine also examines the long-term physiological and psychological after effects of rape, its tangled sexual confusions, the treatment of rape by the media and the legal and medical professions, contemporary cultural attitudes toward rape and its victims, and the ways that these attitudes reinforce survivor silence and shame.

Against Our Will: Men, Women, and Rape

By: Susan Brownmiller

Susan Brownmiller ©1975

Book, 472 pages

Call Number: I:18

Against Our Will documents the history, politics, and sociology of rape as well as the inherent and ingrained inequality of men and women under the law. Fact by fact, Brownmiller pulls back the centuries of damaging lies and misrepresentations to reveal how rape has been accepted in all societies and how it continues to profoundly affect women's lives today.

Coping with Sexual Assault

By: Terri Spahr Nelson, MSSW, ACSW

& Julie Campbell-Ruggaard, PhD, LPCC

Victims' Rights Advocacy © (received 1999)

Book in Braille, 82 pages; Large Print Book, 80 pages; Computer CD

Call Number: I:2; I:5; I:22

Coping with Sexual Assault is a resource for sexual assault victims and a resource for family members, friends, partners, or spouses who want to learn more about supporting their loved one through the difficult time following a sexual assault.

**Early Sexual Experiences: How Voluntary?
How Violent?**

By: Edward P. Laumann, PhD

The Henry J. Kaiser Family Foundation ©1996

Book, 40 pages

Call Number: I:15

Early Sexual Experiences examines research about the ages and gender of first sexual experience, the expectations of each gender, and their differences. Includes survey data and discusses social ramifications.

Enfrentandose a la Violacion y el Abuso Sexual

By: Terri Spahr Nelson, MSSW, ACSW
& Julie Campbell-Ruggaard, PhD, LPCC
Victims' Rights Advocacy ©2001

Book, 46 pages

Call Number: I:6

This book is a Spanish translation of *Coping with Sexual Assault*. It is designed for any adult who has ever been the victim of sexual assault. It is a good resource for family members, friends, partners, or spouses who want to learn more about supporting their loved one through the difficult time following a sexual assault.

Fish in a Barrel

By: Grace Tower

Grace Tower ©2005

Book, 275 pages

Call Number: I:31

Fish in a Barrel is the compelling, true account of author Grace Tower. In this informative book, Grace falls prey to a twisted, predatory therapist. She is left devastated and confused, with her family struggling desperately.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

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For Love of Country: Confronting Rape and Sexual Harassment in the U.S. Military

T.S. Nelson

The Haworth Press, Inc. ©2002

Book, 301 pages

Call Number: I:33

This book takes a look at sexual abuse in the United States military from the survivor's perspective. There is information on the military's procedures and the policies and summaries of news reports of some of the most publicized cases.

The Gift of Fear: Survival Signals that Protect Us from Violence

By: Gavin DeBecker

Brown and Company ©1997

Book, 332 pages

Call Number: I:32

The author dispels the myth that most violent acts are random and unpredictable. This book will empower untold numbers of potential victims. The author discusses violent crimes and what individuals and communities can do to help prevent them.

I Am the Central Park Jogger: A Story of Hope and Possibility

By: Trisha Meili

Trisha Meili ©2003

Book, 272 pages

Call Number: I:23

On April 19, 1989, Trisha Meili was brutally attacked and raped in New York's Central Park, leaving her with 80 percent blood loss and a slight chance of survival. She was unconscious for 12 days; and during that time, Mt. Sinai Hospital's Sexual Assault and Violence Prevention (SAVI) group worked with her family to help them understand and cope with the pain and anger that they felt. In this book, Trisha tells the story of her recovery.

Licensed to Rape?

By: John A. Sullivan

John A. Sullivan ©1999

Book, 215 pages

Call Number: I:12

This book examines abuses of a doctor-patient relationship that include statutory rape, felony rape, sexual molestation, narcotics to induce patient dependency, and other charges. Readers will also be told of the many roadblocks that were placed in the path of a young, unemployed mother who had the strength, courage, and determination to come forward to testify against a respected "pillar of the community" – her doctor.

Not a Minute More: Ending Violence Against Women

United Nations Development Fund
for Women ©2003

Book, 112 pages

Call Number: I:34

Not a Minute More highlights the achievements of the movement to end violence against women globally and indicates what must be done in order to build on those achievements. The report provides examples of good practices as well as efforts that did not meet goals set out for them. It looks at the challenges ahead, and asks what the next steps may be in this important movement.

The Politics of Rape

By: Diana E.H. Russell

Diana Russell ©1984

Book, 311 pages

Call Number: I:13

The interviews in this book emphatically contradict the prevalent myths about rape by giving serious attention to the feelings of rape victims, including many who did not report their rapes, and by relating rape to the society at large. Although the chief concern is to educate people about rape from the victim's perspective, one chapter on rape from the rapist's perspective is included.

Please check the end of each section for cross-listed items.

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The Rape Poems

By: Frances Driscoll
Frances Driscoll ©1997
Book, 76 pages
Call Number: I:14

The Rape Poems is a book of creative and moving poetry by the author. It is empowering for survivors and informative for everyone.

The Rape Victim

By: Mary R. Harvey & Mary P. Koss
Sage Publications, Inc. ©1991
Book, 313 pages
Call Number: I:11

In *The Rape Victim*, the authors address the trauma of rape, prevention as a community issue, rape crisis centers, date rape, clinical treatment of rape victims, and group treatment for survivors. This is a good resource for psychologists, mental health professionals, social workers, criminologists, nurses, and counselors.

**Researching Sexual Violence Against Women:
Methodological and Personal Perspectives**

Edited by: Martin D. Schwartz
Sage Publications, Inc. ©1997
Book, 222 pages
Call Number: I:10

This book provides information on various sexual violence studies conducted on North American campuses. It includes an overview of the entire field and offers an answer to backlash critics who claim that feminists exaggerate rape statistics.

Sexual Violence in Disasters

By: Alisa Klein
Louisiana Foundation Against Sexual Assault & The National Sexual Violence Resource Center © 2006
Book, 59 pages
Call Number: I:29

Sexual Violence in Disasters was written post-

Hurricane Katrina to assist in the development of practices and policies for the prevention of, and optimal response to, sexual violence during and following disasters.

Sexual Violence: The Sin Revisited

By: Marie M. Fortune
©2005

Book, 245 pages
Call Number: I:35

Originally published in 1983 as *Sexual Violence: The Unmentionable Sin*, this book is an updated combination of Fortune's experiences as a church educator, advocate for sexual abuse survivors, and pastor. It answers a difficult question: How do we respond to sexual violence? With sexual violence no longer the "unmentionable" sin it was 20 years ago, and with much progress having been made in the ways we respond to sexual violence, *Sexual Violence: The Sin Revisited* celebrates our changing consciousness, and continues to call religious leaders' and caregivers' attention to this pervasive constellation of problems.

Surviving Sexual Assault

Edited by: Rachel Grossman & Joan Sutherland
The Los Angeles Commission on Assaults Against Women ©1991
Book, 86 pages
Call Number: I:19

This is a very simple informational booklet meant to assist the victim/survivor through the procedures and feelings s/he will encounter after the attack. It was designed for Los Angeles County. Most of the information on the nationwide directories is outdated, yet the way the information is presented is worth examining.

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Teen's Guide to Personal Safety & Preventing Sexual Abuse

By: Catalina Herrerias, MSW, PhD
KIDSRIGHTS ©2005

Book, 44 pages

Call Number: I:27

In *Teen's Guide to Personal Safety & Preventing Sexual Abuse*, Herrerias talks openly about what sexual abuse is and how teens can help protect themselves. Some of the topics include how to: develop safety rules and trusting relationships, improve communication skills and self esteem, understand and recognize the signs of sexual abuse and acquaintance rape, and know what to do when sexually assaulted.

Transforming a Rape Culture

Edited by: Emilie Buchwald, Pamela Fletcher, and Martha Roth

Milkweed Editions ©1993

Call Number: I:24

Transforming a Rape Culture has provided a new understanding of sexual violence and its origin in American culture. This groundbreaking work seeks nothing less than fundamental cultural change: the transformation of basic attitudes about power, gender, race, and sexuality.

U Do It or U Don't!

Music and lyrics by: Asliani

Asliani ©2008

Compact Disc, unspecified length

Call Number: I:36; I:37; I:38; 3 copies

This compact disc contains music and lyrics written by Asliani, a sexual assault survivor, about sexual assault, finding oneself, healing, and recovery.

Voices of Courage: Inspiration from Survivors of Sexual Assault

Edited by: Michael Domitrz

Compact Disc, unspecified length

Awareness Publications ©2005

Book, 127 pages

Call Number: I:26

In this book and accompanying CD twelve survivors of sexual assault tell their unique stories and share the wisdom they have gained from living with tragedy and moving forward to rebuild their lives. Each chapter is written by the survivor in their own words. *Voices of Courage* was produced to provide inspiration, heighten awareness, reduce sexual assault, and aid survivors.

Was It Rape? An Examination of Sexual Assault Statistics

By: Neil Gilbert

The Henry J. Kaiser Family Foundation ©1995

Book, 27 pages

Call Number: I:16

This monograph examines rape statistics and implications for social policy and legislative action.

Women and Violence

By: Barrie Levy

Seal Press ©2008

Book, 150 pages

Call Number: I:36

Women and Violence is a comprehensive look at the issue of violence against women and its many appearances, causes, costs, and consequences. Understanding that personal values, beliefs, and environment affect an individual's response to—and acknowledgment of—violence against women, this book addresses topics such as global perspectives on violence, controversies and debates, and social change strategies and activism.

Xpose: The Truth—Words to Right the Wrong

By: Various Artists

PCAR, © No copyright date

Compact Disc

Call Number: I:25

Produced by the Pennsylvania Coalition Against Rape, this is a CD of 10 modern songs aimed at putting an end to sexual violence by educating teens about healthy relationships, and providing hope to victims and their families.

Please check the end of each section for cross-listed items.

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Yes Means Yes! Visions of Female Sexual Power and a World Without Rape

By: Jaclyn Friedman & Jessica Valenti

Jaclyn Friedman & Jessica Valenti ©2008

Book, 256 pages

Call Number: I:37

Yes Means Yes! is a groundbreaking new look at rape, edited by writer and activist Jaclyn Friedman and Feministing.com founder Jessica Valenti.

Through the anthology — and now a blog — the authors attempt to move beyond “no means no” to connect the dots between the shaming and co-option of female sexuality in our culture(s) and some of the ways rape is allowed and encouraged to function.

VIDEOS

Gonna Make It

PCAR ©2001

VHS, 4 minutes

Call Number: I:v1

This MTV-style rap music video addresses the issues of incest and college acquaintance rape. It is a great alternative to the rap music of today and it can increase the awareness of sexual violence for teens and young adults. [Information and resource guide included.]

Help, Hope & Healing

Corporate Video Productions ©1998

VHS, 25 minutes

Call Number: I:v9

This is a comprehensive and practical overview of sexual assault issues and interventions hosted by Kim Block and a superb project of Sexual Assault Response Services of Southern Maine. This video confronts myths and offers insight from three survivors, a sexual assault crisis advocate, two therapists, a registered nurse, a police detective, and a prosecutor.

I Never Thought It Was Rape

Intermedia, Inc, © No copyright date

DVD, 25 minutes

Call Number: I:v15

This compelling program raises awareness about sexual assault and its long-term impact on both survivors and perpetrators. One survivor discusses the experience of a drug-facilitated sexual assault in college by an acquaintance whom she trusted. Another survivor shares how she was assaulted as an emotionally vulnerable young teenager by an older teen who groomed and manipulated her. A perpetrator tells his story about taking sexual advantage of an intoxicated 12-year-old girl when he was 18, which led to ten years in prison and the legal and social stigma of being a sexual offender in his community after his release. The stories educate viewers about how sexual assault can lead to a lifetime of devastation, that non-consensual sex never equals love, and that ignorance of laws is no defense against charges of sexual assault.

Leadership, Commitment & Change

The Snapshot Project at the Muskie School of Public Service © (received 2000)

VHS, 29 minutes

Call Number: I:v13

This video examines different projects created with VAWA funds. It shows changes that have made a difference in handling sexual assault, and particularly domestic violence cases, in the communities of South Royalton, Vermont; Detroit, Michigan; Westchester County, NY; Cache County, Utah; and San Diego, California.

Learning Our Legacy

CALCASA © (received 2001)

VHS, 20 minutes

Call Number: I:v7

This video is designed as an educational tool for rape crisis centers in training new staff and volunteers. It highlights the voices of the early activism and organizing that occurred as rape crisis centers were being built throughout California, documenting the evolution of rape crisis services into what they are today.

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The Line

Nancy Schwartzman ©2010

DVD, 24 minutes

Call Number: I:v16

A young woman is raped when a one-night stand far from home goes terribly wrong. In the aftermath, as she struggles to make sense of what happened, she decides to make a film about the relationship between her own experience and the tangle of political, legal, and cultural questions that surround issues of sex and consent. Completed after being presented in classrooms on dozens of college campuses, *The Line* is structured to invite and reward students' trust, making them comfortable enough to discuss sex, consent, legal rights, and the politics surrounding gender violence while examining issues too often deemed embarrassing, shameful, or taboo.

Rape is...

Cambridge Documentary Films, Inc. ©2002

VHS, 34 minutes

Call Number: I:v12

This documentary video explores the meaning, severity, and consequences of rape. It looks at rape from a global and historical perspective, but focuses mainly on the domestic cultural conditions that make this human rights outrage the most under-reported crime in America. Few are likely to dispute that a sexual attack by a stranger is an act of rape, but what about the far more common acts of sexual violence committed by relatives, dates, boyfriends, or customers of the increasingly lucrative sex trades? This documentary explores these complicated issues, always focusing on the terrible price that survivors of these acts pay, damage caused by the loss of trust, the guilt and confusion, and the destruction of self-esteem those survivors face.

SCARS: A Video about Sexual Assault

Intermedia, Inc. ©1999

VHS, 20 minutes

Call Number: I:v6

SCARS examines the personal trauma of various sexual violence situations including: a female

survivor of incest, a male survivor of child sexual abuse, a female survivor of acquaintance rape, a female survivor of rape by a stranger, and a male perpetrator of statutory rape. The survivors eloquently and courageously describe their experiences including the steps which led them to seek counseling and legal assistance.

The Sacred Secret

Intermedia, Inc. © No copyright date

DVD, 25 minutes

Call Number: I:v19

This program contains three stories about the results of sexual abuse involving faith communities: a story of incest in a family involved in the church, the rape of a teenage boy by a priest, and a former priest now in prison for sexually abusing children.

Searching for Angela Shelton

Angela Shelton ©2004

DVD, 94 minutes

Call Number: I:v17; I:v18; 2 copies

In this uplifting and multiple award-winning documentary, filmmaker Angela Shelton drives around the United States surveying other Angela Sheltons. She discovers that 24 out of the 40 Angela Sheltons she speaks to are survivors of rape, childhood sexual abuse, and/or domestic violence. (The number jumped to 28 out of 40 when four more Angelas broke their silence after the movie was completed.) On her journey, the filmmaker meets an Angela Shelton who tracks sexual predators and lives in the same town as the filmmaker's father, who sexually abused Angela and her siblings for years.

Waking up to Rape

Women Make Movies ©1985

VHS, 35 minutes

Call Number: I:v3; 2 copies

This video examines the personal trauma of rape, its long-term effects, and the problem of racism in criminal courts. Three survivors courageously describe their experiences.

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See also:

- *Woman-to-Woman Sexual Violence: Does She Call It Rape?* in Section VIII: Diverse Populations
- *Sexual Assault by Intimate Partners* in Section IX: Marital Rape/Domestic Violence/Partners
- *Denial: A Memoir of Terror* in Section XXIV: Literature – Fiction & Memoir
- *Sex Crimes* in Section XXV: Legal Resources

PRISON RAPE

BOOKS

All Too Familiar: Sexual Abuse of Women in U.S. State Prisons

Human Rights Watch, Women's Rights Project
Human Rights Watch ©1996
Book, 347 pages
Call Number: I:PR2

This report examines the sexual abuse of female prisoners largely at the hands of male prison employees at eleven state prisons. It is based on research conducted from 1994-1996 through interviews by the Human Rights Watch Women's Rights Project with the US federal government, state departments of corrections and district attorneys, correctional officers, civil and women's rights lawyers, prisoner aid organizations, and over sixty formerly or currently incarcerated prisoners.

National Prison Rape Elimination Commission Report

By: National Prison Rape Elimination Commission
National Prison Rape Elimination Commission
©2009
Report, 259 pages
Call Number: I:PR1

This report discusses the Commission's nine findings on the problems of sexual abuse in confinement and select policies and practices that must be mandatory everywhere to remedy these problems. It also covers

recommendations about what leaders in government outside the corrections profession can do to support solutions.

No Escape: Male Rape in U.S. Prisons

Human Rights Watch
Human Rights Watch ©2001
Report, 378 pages
Call Number: I:PR3

In this report, Human Rights Watch calls upon federal and state authorities to address the serious nationwide problem of male prisoner-on-prisoner sexual abuse. *No Escape: Male Rape in U.S. Prisons* is based on information collected from 200 prisoners in 37 states, the majority of whom had been raped or otherwise sexually abused while in prison. The book—a product of three years of research—also includes information from prison officials, prison experts, lawyers who represent prisoners, prisoners' rights organizations, and prisoners' relatives.

VIDEOS

How The PREA (Prison Rape Elimination Act) Affects You

Corrections Community ©2004
VHS, 3 hours satellite/internet broadcast
Call Number: I:PRv1

This 3-hour satellite/internet broadcast will: 1) provide a comprehensive overview of PREA; 2) explore the potential operational impact on prisons, jails, and community corrections facilities; 3) identify available resources; 4) describe the legal liabilities of PREA; and 5) discuss implementation strategies.

SECTION II: Acquaintance Rape

BOOKS

Date Rape and Consent

By: Mark Cowling
Mark Cowling ©1998
Book, 154 pages
Call Number: II:6

In *Date Rape and Consent*, Cowling reviews the way rape is dealt with in Britain. One major issue identified is the boundary between rape and consensual sex. Cowling uses philosophical techniques to look at the issues involved, particularly those of communicative sexuality and of power between men and women.

I Never Called It Rape: The Ms. Report on Recognizing, Fighting, and Surviving Date and Acquaintance Rape

By: Robin Warsaw
Ms. Foundation for Communication and Education
©1988
Book, 227 pages
Call Number: II:3

Drawing on survey results and firsthand accounts, this book explores the issue of acquaintance rape, explaining why it happens, and its devastating impact on victims in a guide that includes helpful resources as well as counseling and support programs.

Intimate Betrayal: Understanding and Responding to the Trauma of Acquaintance Rape

By: Vernon R. Wiehe & Ann L. Richards
Sage Publications, Inc. ©1995
Book, 214 pages
Call Number: II:2

This volume addresses the need for cultural shifts in attitude and collective action in order to change our understanding and response to the trauma of acquaintance rape.

Man-to-Man: When Your Partner Says No

By: Scott Allen Johnson
Safer Society Press ©1992
Book, 40 pages
Call Number: II:1

This book speaks frankly from the male perspective to men about pressured sex, acquaintance rape, and sexual exploitation. It also offers suggestions on how men can recognize and avoid behaving in a sexually abusive manner in their relationships.

The Other Side of Silence

By: Christine Carter
Avocus Publishing ©1995
Book, 257 pages
Call Number: II:5

This book examines how American culture builds and reinforces behavior that can lead to rape, and exposes myths perpetuated by the media and society concerning how men and women relate to each other. *The Other Side of Silence* includes personal narratives from acquaintance rape survivors as well as a chapter by a man who committed an acquaintance rape.

Straight Talk About Date Rape

By: Susan Mufson, CSW & Rachel Kranz
Elizabeth A. Ryan ©1993
Book, 123 pages
Call Number: II:4

Straight Talk About Date Rape is written for young people as a reference about sexual assault committed by friends and acquaintances. It defines the nature of acquaintance rape and helps young men and women to understand the distinction between persuasion and coercion. Additionally, this book deals with the trauma of rape and provides suggestions on what rape survivors can do—medically, legally, and emotionally—to cope with their situations.

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VIDEOS

Acquaintance Rape: The Ultimate Betrayal

AIMS Multimedia, Discovery Education ©2002

VHS, 29 minutes

Call Number: II:v17

This compelling program from Emmy-winning producer Arnold Shapiro includes candid interviews that present the stories of three different acquaintance rape cases. Each story is filled with insight and useful information, and viewers learn positive steps to take in reporting and recovering from acquaintance rape, as well as prevention tips.

Also in *Acquaintance Rape: The Ultimate Betrayal*, young men and young women discuss the social climate and myths surrounding acquaintance rape.

Acquaintance Rape: The Victims

AIMS Multimedia, Discovery Education ©2002

VHS, 24 minutes

Call Number: II:v16

Hosted by Leeza Gibbons, this video addresses the traumatizing effects of acquaintance rape. This program uses candid interviews to reconstruct four acquaintance rape cases: two vulnerable college freshmen are manipulated by an older student, a young girl's judgment is clouded by alcohol, a wife is caught in the wrath of her angry husband, and a woman is drugged by her attacker. Each story presents insight into the causes of acquaintance rape, as well as information on how to prevent it. The program also discusses the increased risks regarding the use of drugs and alcohol.

Confronting Date Rape: The Girl's Room

Cambridge Educational ©1998

VHS, 45 minutes

Call Number: II:v18

This award-winning video addresses the topic of acquaintance rape by examining the relationship between four high school friends whose lives have been affected by an acquaintance rape. Each morning before school, they meet to discuss their lives, their loves, and their feelings. As the year progresses,

they wrestle with the mood swings resulting from the devastation of being victimized by "a friend." Did she lead him on? Was it okay since they had been dating for a while? She said "no," but was that enough? The video contains interviews with rape crisis counselors and psychologists who examine the causes of acquaintance rape and the long- and short-term psychological consequences. It presents strategies for preventing acquaintance rape and also provides some great discussion starters for life skills classes or counseling sessions.

Date Rape: A Violation of Trust

Cambridge Educational ©2008

DVD, 28 minutes

Call Number: II:v19

To the average student, the definitions of acquaintance rape and sexual assault are notoriously unclear. Use this program to eliminate the confusion so young adults understand exactly what these things are – and the attitudes and biases that typically accompany them – before anyone gets hurt. The video firmly reinforces the concepts that rape has its roots in hate crime; acquaintance rape is just as wrong as rape by a stranger; a victim is never "asking for it," no matter how the person dresses; and no one ever "deserves it." The video also underscores the rules of the dating game: a date is not an invitation for sex; no means no; and the inability to give consent doesn't mean yes. Interviews with rape survivors and mental health professionals shed additional light on the trauma caused by rape, the process of post-rape emotional recovery, and the importance of post-rape support by family and friends. Drug-facilitated sexual assault is given special attention and tips on safer dating are provided.

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The Date Rape Backlash:

Media and the Denial of Rape

Media Education Foundation ©1994

VHS, 57 minutes

Call Number: II:v14

In this video, Susan Faludi and Katha Pollitt trace the origins of the backlash opinion pieces that appeared in right-wing/conservative journals as a response to the mainstream media's "discovery" of acquaintance rape. They explain how the "rape-hype" idea, initially put forth by conservative males, became a mainstream media "controversy" when that same idea was mimicked by a woman named Katie Roiphe (*The Morning After: Sex, Fear and Feminism on Campus*). The video examines the reactionary spread of the "rape-hype" theme beyond the news media, into every level of popular entertainment. Faludi, Pollitt, bell hooks, and others look at why the media and the broader culture were so receptive to the "rape-hype" myth.

Date Rape: Behind Closed Doors

Cambridge Educational ©2001

VHS, 39 minutes

Call Number: II:v5

This informative program discusses the serious consequences of rape, presents strategies for possible prevention, and offers specific advice and comfort for people who have been victimized. Rape is defined as a violent crime, and specific issues surrounding acquaintance rape are explored.

**In Search of Love: Dating Violence
Among Urban Youth**

Motivational Educational Entertainment ©1995

VHS, 45 minutes

Call Number: II:v15

This video focuses on the early dating stages of male-female interactions in the teen/young adult years in urban America. [Facilitators guide included.]

No Visible Bruises: Katie Koestner's Story

HBO ©1993

VHS, 30 minutes

Call Number: II:v1

No Visible Bruises dramatizes the true story of a college student's wrenching decision to press charges against a classmate who raped her. As she discloses the details of her experience to the college dean, flashbacks reveal what happened. Viewers should be warned that this particular resource contains graphic reenactment.

Our Stories

Meredith Messer ©2000

VHS, 22 minutes

Call Number: II:v13

In this video, young women talk about having been raped by acquaintances.

Scoring: A Story about Date Rape

MTI Film & Video ©1993

VHS, 20 minutes

Call Number: II:v2

This video encourages young men and women to examine issues of sexual assault, its causes, and its consequences. Viewers are also encouraged to examine and change the attitudes that promote disrespect and violence against women.

Sex Without Consent: When A Kiss Is Not A Kiss

Mumbleypeg Productions, Inc. ©1994

VHS, 45 minutes

Call Number: II:v6

An interactive theater group reenacts various common scenarios involving acquaintance rape and then facilitates discussion with the audience between each scene. This video can be viewed in shorter segments.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

See also:

- *The Line* in Section I: Rape and Sexual Assault
- *Rape Is...* in Section I: Rape and Sexual Assault
- *Consensual Sex or Rape?* in Section IV: Substances
- *Rape Under the Influence: Sexual Assault on Campus* in Section IV: Substances
- *Boys Don't Cry* in Section VIII: Diverse Populations
- *Issues in Intimate Violence* in Section IX: Marital Rape/Domestic Violence/Partners
- *Sexual Assault: Victimization Across the Lifespan* in Section XIII: SART/SAFE
- *Successfully Investigating Acquaintance Assault: A National Training Manual for Law Enforcement* in Section XIII: SART/SAFE
- *Acquaintance Rape & Sexual Assault: A Prevention Manual* in Section XX: Education/Curricula
- *Teen Talk* in Section XX: Education/Curricula
- *A Date with Rape: Violence on Trial* in Section XX: Education/Curricula
- *Real Rape* in Section XXV: Legal Resources

SECTION III: College/University

BOOKS

Campus Violence Prevention Resource Guides

CALCASA © (received 2003)

Book, 32 pages

Call Number: III:4; III:5; III:6; 3 copies

The *Campus Violence Protection Resource Guides* provide information that can help colleges and universities create a safe campus environment, whether they are developing and implementing new policies and programs or working to enhance existing ones.

Fraternity Gang Rape: Sex, Brotherhood, and Privilege on Campus

By: Peggy Reeves Sanday

New York University Press ©1990

Book, 201 pages

Call Number: III:3

This book examines campus culture and uncovers some chilling aspects of college life. This excellent resource dispels myths about sexual assault issues and explores the realities of life on college campuses.

Sexual Assault on the College Campus: The Role of Male Peer Support

By: Martin D. Schwartz & Walter S. DeKeseredy

Sage Publications, Inc. ©1997

Book, 248 pages

Call Number: III:1

Written in an approachable style and grounded in scientific literature, this book provides enlightening discussions on the relationship of sexual assault to factors such as alcohol, deterrence, and fraternities. It examines the pivotal role of male peer support in legitimizing violence against women.

Sexual Violence on Campus: Policies, Programs, and Perspectives

Edited By: Allen J. Ottens & Kathy Hotelling

Springer Publishing Company, Inc. ©2001

Book, 293 pages

Call Number: III:2

This volume proposes proactive steps for stopping sexual violence on campus. It addresses the relationship of alcohol and rape, includes the latest information on club drugs and drug-facilitated rape, and explores the special issues around gay, lesbian, and transgender violence. Some chapters also discuss changing the culture found in, and often fostered by, fraternities, sororities, and some athletic teams. This resource includes constructive strategies for preventing sexual assault, managing anger, group counseling with survivors, and more.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

VIDEOS

**Speak Out and Stand Up: Raising Awareness
About Sexual Assault**

Intermedia, Inc. ©2009

DVD, 25 minutes

Call Number: III:v5

Kristen Stewart, star of the *Twilight* series, hosts and narrates this program featuring a dramatization of sexual assault on a college campus, testimonies from survivors about their assaults, and discussions by experts in the field. The dramatized scenes and experts highlight the prevalence of sexual assault during freshman year, ways to be more aware and help friends, bystander effectiveness, alcohol use, consent issues, trust of one's instincts, feelings of guilt, issues of trauma and recovery, and ways to support friends who have been assaulted.

Spitting Game: The College Hook Up Culture

Intermedia, Inc ©2004

DVD, 35 minutes

Call Number: III:v3

This program looks inside the college “hook up” culture. Hooking up, which is described as a drunken, no-strings-attached sexual encounter, has eclipsed traditional dating on campuses across the nation. Unprecedented numbers of students are hooking up with multiple, random, and often times, anonymous partners. This provocative film examines the challenges and risks of hooking up, including sexual assault, and the realities students face within the hook up culture.

Survivors' Stories

Victim Rights Law Center © No copyright date

VHS, 35 minutes

Call Number: III:v4

Survivors' Stories portrays a sexual assault and its aftermath on a college campus. It captures the social setting in which many sexual assaults take place – generally among friends and acquaintances, and involving alcohol. This film is especially for students and education professionals, so that they can see how rape impacts multiple lives. In the film, after the sexual assault, the victim gradually seeks help – first from friends, then a nurse, then a private attorney, then counselors, police, and prosecutors. Meanwhile the assailant's world gradually breaks down around him and he is eventually forced to leave school. The film will help professionals, students, and others learn about the medical, social, and legal consequences of sexual assault, and help to minimize these consequences in their own lives and communities.

The Undetected Rapist

National Judicial Education Program ©2000

VHS, 6 minutes

Call Number: III:v1

This videotape is the reenactment of pieces of interviews conducted by Dr. David Lisak, with fraternity members during one of his studies of sexually predatory male behavior. In the video, a male college student explains how members of the fraternity target unsuspecting women for intoxication and rape. The interview indicates that these rapes are a regular occurrence on and off campus, and the rapists are usually never detected, much less punished in any way. The video closes with an analysis of the interview and the interviewee, including the tones and meanings of the language the fraternity member used to describe rapist behavior.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

See also:

- *Researching Sexual Violence Against Women: Methodological and Personal Perspectives* in Section I: Rape and Sexual Assault
- *Gonna Make It* in Section I: Rape and Sexual Assault
- *I Never Thought It Was Rape* in Section I: Rape and Sexual Assault
- *Acquaintance Rape: The Victims* in Section II: Acquaintance Rape
- *No Visible Bruises: Katie Koestner's Story* in Section II: Acquaintance Rape
- *Rape Under the Influence: Sexual Assault on Campus* in Section IV: Substances
- *Sexual Harassment: Building Awareness on Campus* in Section XI: Sexual Harassment
- *No Zebras: No Excuses* in Section XVI: Primary Prevention
- *Rape 101: Sexual Assault Prevention for College Athletes* in Section XX: Education/Curricula

SECTION IV: Substances: Drugs, Alcohol, and Drug- Facilitated Sexual Assault

BOOKS

Beyond Labels: Working with Abuse Survivors with Mental Illness Symptoms or Substance Abuse Issues

By: Dianne King Akers, M.Ed., Michelle Schwartz, M.A., and Wendie H. Abramson, LMSW ©2007
Manual, 228 pages
Call Number: IV:1

Beyond Labels was written to provide domestic violence and rape crisis center staff with tools for working with survivors whose mental health has been affected by violence and trauma, and who cope with violence in their lives by using substances. The information in this manual is based on SafePlace

staff experiences and visions, a review of the current literature, and interviews with abuse survivors and service providers around the country from domestic violence, sexual assault, and trauma fields.

Getting Safe and Sober: Real Tools You Can Use Alaska Network on Domestic Violence & Sexual Assault ©2005

Tool kit, 114 pages

Call Number: IV:2

Getting Safe and Sober: Real Tools You Can Use is a practical tool kit for use with survivors who have substance abuse or chemical dependence problems and who are experiencing or have experienced domestic violence, sexual assault, or sexual abuse. The tool kit also can be used to train service providers about the needs survivors experience, including both substance abuse and victimization. The protocol document includes model policies and procedures offered as creative approaches or current best practices for responding to co-occurring domestic violence/sexual assault and substance abuse.

VIDEOS

Alcohol and Sex: Prescription for Poor Decision-Making

Human Relations Media ©1998

DVD, 21 minutes & Teachers Guide, 59 pages

Call Number: IV:v6

Most teens today are well aware of the dangers of unprotected sexual activity. They know about AIDS, they know about pregnancy, they know about abstinence and condoms. They have the knowledge to make smart decisions. Yet when they drink alcohol, that knowledge is often rendered useless. Clearly, educators must continue to stress the simple fact that using alcohol makes it highly unlikely that young people will be able to use their decision-making skills when they need them most: in the arena of sexual activity. This DVD and accompanying guide help educators address these issues.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Consensual Sex or Rape?

By: The Southwestern Pennsylvania Human Services
C.A.R.E. Center S.T.T.A.R.S. Program

PCAR, © No copyright date

Resource Guide, 75 pages

Accompanying VHS – *I Think Something
Happened Last Night...*

VHS, 11 minutes

Call Number: IV:v4

This resource is based on a mock trial and addresses drug-facilitated sexual assault. It includes a “how to” guide for mock trial implementation, public relations materials, a 10-minute video, and the mock trial script. *Consensual Sex or Rape?* is designed for rape crisis centers and similar violence prevention programs. The professional video is also appropriate for independent use and an excellent tool for presenting drug-facilitated sexual assault information to high school and college students.

National Victim Assistance Academy: Substance Abuse and Victimization

Office for Victims of Crime ©2005

VHS, 28 minutes & Discussion Guide

Call Number: IV:v9

This video and accompanying discussion guide were developed to offer insights into the pre-victimization and post-victimization correlations between substance abuse and victimization. Useful tools for victim service providers, criminal and juvenile justice professionals, mental health professionals and others, the video and discussion guide explores the kinds of assistance that victims with substance abuse issues may need. The video focuses on three main areas: the relationship between substance abuse and victimization, techniques for helping victim service providers assist victims who abuse drugs or alcohol, and the importance of collaboration in assisting victims with substance abuse issues.

Rape Under the Influence: Sexual Assault on Campus

Intermedia, Inc. ©2000

VHS, 34 minutes

Call Number: IV:v2

This resource is a documentary focusing on the connection between acquaintance rape, alcohol, and acquaintance rape drugs. It is a powerful personal story that seeks to provoke college students into discussing and learning where the responsibility for rape lies and the consequences of sexual assault for both the victims and the perpetrators.

Rohypnol and Other Drugs Used to Commit Rape

Maine Office of the Attorney General ©1998

VHS, 90 minutes

Call Number: IV:v3; IV:v4

These two videotapes, put together by the U.S. Attorney’s General’s Office of Maine, are designed for in-service trainings of medical and emergency medical first responders, law enforcement, and rape crisis advocates regarding Rohypnol and other drugs commonly used to commit sex crimes.

Spin the Bottle: Sex, Lies & Alcohol

Media Education Foundation ©2004

DVD, 44 minutes

Call Number: IV:v7; IV:v8; 2 copies

Spin the Bottle offers an indispensable critique of the role that contemporary popular culture plays in glamorizing excessive drinking and high-risk behaviors. By exploring the college party scene, *Spin the Bottle* shows the difficulties students have in navigating a cultural environment saturated with messages about gender and alcohol. Interviews with campus health professionals provide a clear picture of how drinking impacts student health and academic performance, but it is the students’ own experiences and reflections that tell the real story behind alcohol’s alluring public image.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

See also:

- *Acquaintance Rape: The Victims* in Section II: Acquaintance Rape
- *Date Rape: A Violation of Trust* in Section II: Acquaintance Rape
- *Sexual Assault on the College Campus: The Role of Male Peer Support* in Section III: College/ University
- *Sexual Violence on Campus: Policies, Programs, and Perspectives* in Section III: College/ University
- *The Undetected Rapist* in Section III: College/ University
- *Youth and Exploitation: A Process Leading to Running Away, Violence, Substance Abuse, and Suicide* in Section VI: Childhood Sexual Abuse/ Incest
- *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse* in Section XIV: Mental Health
- *A Date with Rape: Violence on Trial* in Section XX: Education/Curricula

SECTION V: Pornography

BOOKS

Against Pornography: The Evidence of Harm

By: Diana Russell, PhD

Diana Russell, PhD ©1993

Book, 169 pages

Call Number: V:2

This book gives us a careful analysis of the connection between pornography and rape. It also distinguishes between pornography and erotica. Warning for graphic illustrations.

Making Violence Sexy: Feminist Views on Pornography

Edited by: Diana Russell, PhD

Diana Russell, PhD ©1993

Book, 302 pages

Call Number: V:1

Making Violence Sexy is a collection of feminist articles including testimonies by survivors of pornography. Together, these articles and testimonies make a convincing case that pornography causes harm to women, including acts of violence.

VIDEOS

The Price of Pleasure: Pornography, Sexuality & Relationships

Media Education Foundation ©2008

DVD, 56 minutes

VIEWER DISCRETION ADVISED

Call Number: V:v1; V:v2; 2 copies

Once relegated to the margins of society, pornography has emerged as one of the most visible and profitable sectors of the cultural industries, assuming an unprecedented role in the mainstream of our popular culture at the same time that its content has become more extreme and harsh, more overtly sexist and racist. This eye-opening and disturbing film places the voices of critics, producers, and performers alongside the observations of men and women as they candidly discuss the role pornography has played in shaping their sexual imaginations and relationships. *The Price of Pleasure* moves beyond the liberal versus conservative debates so common in culture to paint a myth-busting and nuanced portrait of how pleasure and pain, commerce and power, liberty and responsibility have become intertwined in the most intimate areas of our lives.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

SECTION VI: Childhood Sexual Abuse/Incest

BOOKS

Especially for Parents

By: DeAnn Yamamoto-Nading
King County (WA) Sexual Assault Resource Center
©1991

Book, 23 pages

Call Number: VI:B5

Especially for Parents is a resource for parents to help them better understand their own feelings, as well as their child's feelings, in the aftermath of sexual abuse. *Especially for Parents* provides frank and helpful suggestions to address many complex issues.

He Told Me Not to Tell

By: King County (WA) Sexual Assault Resource Center
King County Sexual Assault Resource Center ©1993

Book, 32 pages

Call Number: VI:B6

He Told Me Not to Tell is a parent's guide to talking with children about sexual violence, and the importance of disclosing sexual abuse if it occurs.

How Long Does It Hurt?

By: Cynthia L. Mather
Cynthia L. Mather ©1994

Book, 265 pages

Call Number: VI:B9

How Long Does It Hurt? is a guide toward recovery from incest and sexual abuse for teenagers, their friends, and their families. It provides concrete and practical advice on many crucial issues.

It Happens to BOYS Too...

By: Jane A.W. Satullo, MA; Roberta Russell, PhD;
and Pat A. Bradway

Rape Crisis Center of Berkshire County (MA)

©1992

Book, 40 pages

Call Number: VI:B3

Especially for young male survivors, this book was written and illustrated for male sexual abuse victims. This tough subject is handled in a sensitive way. It addresses guilt, masculinity, and other problems specific to young men. It offers boys and young men the comfort of knowing they are not alone.

It's Not Your Fault

By: Judith A. Jance
KIDSRIGHTS ©1997

Book, 24 pages

Call Number: VI:B8

This resource is an illustrated guide written for children. It explains what sexual abuse is, and what to do if it is happening. *It's Not Your Fault* emphasizes that children are not at fault for the abuse they experience.

The Last Secret: Daughters Sexually Abused by Mothers

By: Bobbie Rosencrans, MSW
Bobbie Rosencrans & The Safer Society Press
©1997

Book, 261 pages

Call Number: VI:A2

The Last Secret is a startling portrait of mother-daughter incest, including extensive testimony and research data from 93 adult women who were sexually abused by their mothers during childhood. This book also includes comparative data from a small sample of men who were molested by their mothers.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

**Multi-Disciplinary Child Protective Initiative
Final Report and Evaluation Findings**

Muskie School ©2001

Report, 50 pages

Call Number: VI:3

The overarching goal of the initiative is to improve family violence services in rural areas in order to:

- 1) improve safety, decrease injury, and decrease the short and long-term health risks to victims;
- 2) divert families from entry or re-entry into the child welfare system, support families with open cases; and 3) improve permanency outcomes for children by having fewer children enter the foster care system and by shortening the time spent in foster care for those who do enter the system. This resource presents a final report and the evaluation findings of the initiative by the Muskie School.

My Body is Private

By: Linda W. Girard

Linda W. Girard ©1993

Book, 32 pages

Call Number: VI:B1

Julie knows that her private parts are not to be touched. She narrates this illustrated, non-threatening introduction to the difficult topic of child abuse that covers all the “need-to-knows” in a manner children can grasp easily. It is a great resource for parents to share with children.

Nuestros Niños

By: You Have the Power

You Have the Power © (received 2003)

Book, 47 pages

Call Number: VI:A8

Our Children is a resource guide to help children, parents, and professionals. (Spanish version.)

Our Children

By: You Have the Power

You Have the Power © (received 2003)

Book, 47 pages

Call Number: VI:A7

Our Children is a resource guide to help children, parents, and professionals. (Also available in Spanish, listed as *Nuestros Niños*.)

Parent Talk: A Parent’s Guide to Child Sexual Abuse Prevention

By: Catalina Herreria, MSW, PhD

KIDSRIGHTS ©1996

Book, 27 pages

Call Number: VI:B7

Parent Talk is a parent’s guide to child sexual abuse prevention. This resource has suggestions for parents to help their kids stay safe from abuse, the dynamics of sexual abuse, how to spot signs of abuse, and how to report it.

The Politics of Child Sexual Abuse: Emotion, Social Movements, and the State

By: Nancy Whittier

Oxford University Press ©2009

Book, 272 pages

Call Number: VI:1

As recently as 1970, child sexual abuse was seen as extremely rare and usually harmless. Over thirty years later, the media regularly covers child sexual abuse cases, many survivors speak openly about their experiences and a thriving network of public and private organizations seek to prevent child sexual abuse and remedy its effects. This is the story of these dramatic changes and the activists who helped bring them about.

Preventing Child Sexual Abuse

National Sexual Violence Resources Center ©2005

Resource Collection, 264 pages

Call Number: VI:4

These materials will prove useful for those currently working to prevent child sexual abuse, will inspire others to join the cause, will raise important questions about the current status of prevention efforts, and will stimulate additional creative development of layered strategies.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Recognizing and Reporting Child Abuse and Neglect: A Guide for Mandated Reporters

By: Keeping Children Safe Downeast
Keeping Children Safe Downeast ©2002
Book, 15 pages
Call Number: VI:A6

This guide was produced by Keeping Children Safe Downeast, a Safe Start Initiative in collaboration with the Bureau of Children and Family Services of the Maine Department of Health and Human Services. It was written to help mandated reporters better understand their responsibilities and learn how to recognize child abuse and neglect.

Sexual Abuse: Causes, Consequences and Treatment of Incestuous and Pedophilic Acts

By: Adele Mayer
Adele Mayer ©1985
Book, 166 pages
Call Number: VI:2

This book provides a broad overview of the causes, effects, and treatment implications of child sexual abuse, as well as the types and patterns of behavior of sexual offenders. An important portion of *Sexual Abuse* is devoted to prevention, and the many resources and materials available to use with young children. Chapters in this book include: types of sexual abuse, sex offender profiles, understanding approaches and patterns of offenders, interviewing victims and their families, the effects of sexual abuse, treatment, case management, and prevention and detection.

Shining Through: Pulling it Together After Sexual Abuse

By: Mindy B. Loiselle & Leslie Bailey Wright
Mindy B. Loiselle & Leslie Bailey Wright ©1997
Book, 120 pages
Call Number: VI:B2

This is a great guide for young girls that can also help women understand the feelings they had as children. With new material on body image and self-esteem, this book is a timely and important tool for healing the whole self from sexual abuse trauma.

Take Care With Yourself: A Young Person's Guide to Understanding and Healing From Abuse

By: Laurie A. White & Steven L. Spencer
KIDSRIGHTS ©1996
Book, 35 pages
Call Number: VI:B4

This resource is an illustrated young person's guide to understanding, preventing, and healing from child abuse.

Those Are My Private Parts

By: Diane Hansen
Hansen ©2003
Book, 27 pages
Call Number: VI:B12

Parents and caregivers can use this read-aloud rhyme as a tool to teach children sexual abuse prevention and empower them to say no. Appropriate for ages 4-8.

Unspeakable Acts

By: Jan Hollingsworth
Jan Hollingsworth ©1986
Book, 592 pages
Call Number: VI:A1

Unspeakable Acts is a powerful, terrifying, and heartbreaking account of parents' ordeals as they struggled to bring Ilanna & Frank Fuster (a convicted child molester and owner of a daycare) to jail.

Youth and Exploitation: A Process Leading to Running Away, Violence, Substance Abuse and Suicide

By: Alan McEvoy & Edsel L. Erickson
Alan McEvoy & Edsel L. Erickson ©1990
Book, 136 pages
Call Number: VI:A3

Youth and Exploitation examines how multiple exploitations during childhood produce, for victims, the characteristics that may shape a lifetime. The authors examine subjects such as exploitative peers, exploitative parents, running away, suicide, and many other subjects relating to youth behavior.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
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VIDEOS

Believe Me

MTI Film and Video ©1992

VHS, 20 minutes

Call Number: VI:Bv2

This video is geared towards empowering and informing children of what to do and who to tell if they are being sexually abused.

**Confronting Child Sexual Abuse:
A Video Training Series**

Child Welfare League of America

Kingsley Communications ©1993

Set of 3 Videos

Call Number: VI:Bv1

Tape 1: Juvenile Court (83 minutes)

Tape 2: Case Management (60 minutes)

Tape 3: Investigations & Interviews (64 minutes)

The first and third tapes of this training series focus on three major responsibilities of social workers in cases of child sexual abuse:

- Assessment of reports of child sexual abuse through interviews with the child, the non-abusive parent, the alleged perpetrator, and others;
- Coordination with law enforcement; and
- Case planning and case management

The second depicts three hearings that occur in most states when child welfare agencies intervene to protect a child who is believed to have been sexually abused: the emergency shelter hearing, the adjudication hearing, and the disposition hearing. The series comes with a resource guide.

Healing the Wounds of Incest

Pyramid Media © (received 2002)

VHS, 54 minutes

Call Number: V1:v15

This video tells the story of four women and one man who are survivors of incest. They speak openly and candidly about their experiences as abused children. The psychological complexities, fears, and

confusion are relayed in an honest and unadorned manner that will provide hope and guidance to other victims of incest.

**The Healing Years: A Documentary About
Surviving Incest and Child Sexual Abuse**

Center for the Prevention of Sexual and Domestic
Violence ©2001

VHS, 52 minutes

Call Number: VI:Av10

This video profiles three women through their journey of pain and despair from incest, and their incredible process of recovery as they finally work to end the cycle of incest and child sexual abuse for generations ahead.

Kids Have Rights Too

MTI Films and Video ©1991

VHS, 25 minutes

Call Number: VI:Bv1

This video depicts kids utilizing Block Puppets to dramatize the experience of having been sexually abused by an adult acquaintance. It also discusses what to do if a child is a victim of sexual abuse.

Precious: Based on the Novel “Push” by Sapphire

Lionsgate ©2010

DVD, 109 minutes

Call Number: VI:v13

Precious Jones, an inner-city high school girl, is illiterate, overweight, and pregnant with her father's child for a second time. Naïve and abused, Precious responds to a glimmer of hope when an alternative-school teacher opens a door to change Precious' life. She is faced with the choice to follow opportunity, test her own boundaries, and change the direction of her life, away from sexual, physical, and emotional abuse.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
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Recognizing Child Abuse: Sexual Abuse

Intermedia, Inc., © No copyright date

DVD, 14 minutes

Call Number: VI:v14

Recognizing Child Abuse: Sexual Abuse looks at the various aspects of sexual abuse, including an overview and definitions of sexual abuse, incest, molestation, exhibitionism, child pornography, and child prostitution. Discussed in detail are the actual physical signs of sexual abuse, and the specific methods that abusers utilize with their victims, including grooming and ways of pressuring children into sexual activity. It also deals with ways of identifying suggestive behaviors in both victims and their caretakers. This film is a good resource for professionals who work with children.

Sandra's Garden

Women Make Movies ©1997

VHS, 34 minutes

Call Number: VI:Av6

Sandra's Garden is the true story of one woman who found the courage to speak about her experience of incest. In doing so, she began to overcome the fear, guilt, and denial that had shaped her life.

Trust Shouldn't Betray: A Call for Action Against Child Sexual Abuse

Walk in the Light ©1997

VHS, 45 minutes

Call Number: VI:Av7; VI:Av8; 2 copies

This Christian video is about child sexual abuse and explores the dimensions of the crime, perpetrators, the effects on faith and spirituality, and the long healing process. It can be used with individuals or in a group.

Walking Miracles

Kenny Dalsheimer, Barbara Dickinson, and Jeff Storer ©1999

VHS, 45 minutes

Call Number: VI:Av12

Walking Miracles was created from stories shared in a group of six survivors of child sexual abuse - both male and female.

What Can We Do About Child Abuse?

Texas Office of the Attorney General, Crime Victims' Compensation ©1999

VHS, 20 minutes

Call Number: VI:Av1

In Texas, everyone has a legal responsibility to report child abuse. This is a guide for people who work with children who meet Texas' legal definition of child abuse. It shows how to recognize and report child abuse, and how to tell the difference between suggestive questioning and asking open-ended questions.

What Tadoo with Secrets

MTI Film and Video ©1993

VHS, 18 minutes

Call Number: VI:Bv3

Professor Hillary VonCarp and two frogs teach a young girl the difference between a good secret and a bad secret, and who to tell if they experience abuse.

See also:

- *I Never Thought It Was Rape* in Section I: Rape and Sexual Assault
- *Searching for Angela Shelton* in Section I: Rape and Sexual Assault
- *The Tricky Part* in Section VII: Male Survivors
- *After the Nightmare: The Treatment of Non-Offending Mothers of Sexually Abused Children* in Section IX: Marital Rape/Domestic Violence/Partners
- *Intimate Violence in Families* in Section IX: Marital Rape/Domestic Violence/Partners
- *Forensic Evaluation Manual: Forensic Evaluation of Children* in Section XIII: SART/SAFE
- *Breaking the Silence: Group Therapy for Childhood Sexual Abuse* in Section XIV: Mental Health
- *Dissociation in Children and Adolescents: A Developmental Perspective* in Section XIV: Mental Health

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
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- *Sibling Abuse Trauma: Assessment and Intervention Strategies for Children, Families, and Adults* in Section XIV: Mental Health
- *Rebuilding the Garden: Healing Spiritual Wounds of Childhood Sexual Assault* in Section XIX: Healing
- *A Frog Talk: More About Touching* in Section XX: Education/Curricula
- *Preventing Sexual Abuse: Activities and Strategies for Those Working with Children and Adolescents* in Section XX: Education/Curricula
- *Spider-Man and Power Pack* in Section XX: Education/Curricula
- *Three Kinds of Touches: A Guide and Preschool Curriculum for Sexual Violence Prevention* in Section XX: Education/Curricula
- *Katie's Secret* in Section XX: Education/Curricula
- *The Obsidian Mirror: Healing from Childhood Sexual Abuse* in Section XXIV: Literature – Fiction & Memoir
- *Push: A Novel* in Section XXIV: Literature – Fiction & Memoir
- *Trash* in Section XXIV: Literature – Fiction & Memoir
- *When the Piano Stops: A Memoir of Healing from Sexual Abuse* in Section XXIV: Literature – Fiction & Memoir
- *Long and Mature Considerations: A Legal Guide for Adult Survivors of Childhood Sexual Abuse* in Section XXV: Legal Resources
- *Sex Crimes* in Section XXV: Legal Resources
- *Shifting the Burden of Truth* in Section XXV: Legal Resources
- *Testifying About Child Sexual Abuse: A Courtroom Guide* in Section XXV: Legal Resources

SECTION VII: Male Survivors

BOOKS

Back on Track

By: Leslie Bailey Wright & Mindy B. Loiselle
Leslie Bailey Wright & Mindy B. Loiselle ©1997
Book, 126 pages

Call Number: VII:4

Many more boys are telling friends, parents, counselors, and teachers that they have been sexually victimized and that they need support. *Back on Track* is intended for boys age 10 and up and their families. This book makes it easier for boys to get support, encouragement, and tools for their recovery. It addresses many of the concerns that they can relate to, and provides exercises that help lead boys towards healing.

Betrayed as Boys

By: Richard B. Gartner
Richard B. Gartner ©1999
Book, 356 pages

Call Number: VII:3

This book examines how sexual abuse affects boys and the ways they carry the hurt into adulthood. Using psychoanalytic understanding and insights from trauma-oriented theory and practice, Gartner offers effective strategies for meeting the therapeutic needs of men with sexual abuse histories.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Males at Risk

By: Frank G. Bolton, Jr., Larry A. Morris & Ann E. MacEchron

Sage Publications ©1989

Book, 222 pages

Call Number: VII:1

The authors examine why sexual abuse occurs, how prevalent the problem is among male populations, and offer suggestions for clinicians working with sexually abused children. The authors examine environmental factors that may contribute to child sexual abuse, explore the long-term impact on child victims, the differences between male and female child victims, the role of perpetrators, and evaluation, assessment, and treatment issues. Finally, they provide step-by-step case guidelines for clinicians involved in treating abused male children.

Men Surviving Incest: A Male Survivor Shares the Process of Recovery

By: T. Thomas

T. Thomas ©1989

Book, 61 pages

Call Number: VII:2

A male survivor shares process of recovery, endorsing a 12-step model. This resource makes explicit the isolation and stigmatization of male survivors and discusses the fear and conflict of disclosure.

The Tricky Part

By: Martin Moran

Anchor ©2006

Book, 304 pages

Call Number: VII:6

To everyone else in the Denver neighborhood where he grew up in the '70s, Moran was a studious Catholic boy. No one knew he carried a secret that would fester for 30 years and lead to extreme anxiety, sexual compulsion, and suicide attempts. At age 12 he met Bob, a church camp counselor in his 30s who, for several years, took Moran hiking and camping, and sexually abused him. In *The Tricky Part*, Moran painfully recounts the inner

workings of a lonely, insecure adolescent who, out of a desperate need for friendship and acceptance, continued a sexual relationship with a man 20 years his senior. Over the years, Moran, now a writer and actor, managed to glean bits of guidance and self-acceptance from his aunt, a contemplative nun; a New Age music teacher; friends; and eventually, recovery groups and therapy. Moran's Catholic-American gothic differs from other abuse/recovery/coming-out memoirs in that it examines a uniquely gay mind/body split as it subtly reflects on a gay man's spiritual quest for self-determination and love.

Wounded Boys Heroic Men

By: Daniel Jay Sonkin, PhD

Daniel Jay Sonkin, PhD ©1998

Book, 226 pages

Call Number: VII:5

Wounded Boys Heroic Men is specifically written for and about men, and it addresses their issues of physical, sexual, and psychological abuse. Dr. Sonkin teaches methods that break the cycle of violence, make peace with the abuser, and in return find peace within. This comprehensive book is also a guide to help partners, friends, and family members better understand the struggles these men face, so that they can support the healing journey.

VIDEOS

Boys and Men Healing

Big Voice Pictures ©2010

DVD, 58 minutes

Call Number: VII:v2

Boys and Men Healing is a documentary about the impact the sexual abuse of boys has on both the individual and society, and the importance of healing and speaking out for male survivors to end the devastating effects. The film portrays courageous men whose arduous healing helped them reclaim their lives - while giving them a powerful voice to speak out, and take bold action toward prevention for other boys.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Four Men Speak Out on Surviving Sexual Abuse

Varied Directions International ©1991

VHS, 29 minutes

Call Number: VII:v1

This video is designed to dispel myths, to identify why males don't disclose or acknowledge their assault, and to investigate the after effects of sexual abuse. Four men discuss their experiences and the recovery process.

See also:

- *It Happens to Boys Too...* in Section VI: Childhood Sexual Abuse/Incest

**SECTION VIII:
Diverse Populations**

GENERAL

BOOKS

Color of Justice: Culturally Sensitive Treatment of Minority Crime Victims

By: Brian K. Ogawa

Allyn and Bacon ©1999

Book, 198 pages

Call Number: VIII:C4

This book presents the significant challenges facing the criminal justice system as it seeks to serve victims of crime within the increasing diversity in present-day society. Through an overview of current problems and major issues, the personal accounts of victims and survivors, and descriptions of innovative and promising programs, this book introduces the premises for and requisites of culturally sensitive treatment.

Communication Book: For Individuals Who Are Victims of Violence and Abuse

By: Independence First

Independence First ©2005

Book, 142 pages

Call Number: VIII:C16

This tool is intended for advocates to initiate communication with clients that have limited language abilities or who do not use English as a first language. It should not be used as a replacement for certified sign language or foreign language interpreters. The book has 143 color pages and contains 150 words in 9 categories (people, places, body parts, actions, feelings, things, time, colors, and useful words). Each page has the word in English, Spanish, Russian, and Hmong. In addition, each page has a pictorial symbol and an ASL picture of the word.

Sexual Abuse in Nine North American Cultures: Treatment & Prevention

Edited by: Lisa Aronson Fontes

Sage Publications, Inc. ©1995

Book, 303 pages

Call Number: VIII:C6

Professionals working with minority populations frequently mishandle sexual abuse cases. This book assesses cultural strengths and challenges within nine specific cultures. It suggests ways in which cultural norms can be used to protect children and promote recovery from sexual abuse and offers guidelines that professionals can use to become more helpful to children, families, and adult survivors from all groups. Among the groups explored are Cambodians, African Americans, Seventh Day Adventists, gay men and lesbian women, Asians, Pacific Islanders, Philipino Americans, and Anglo Americans.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Stopping the Stigma: Changing Public Perceptions of Sexual Assault in Rural Communities, V3

By: CALCASA
CALCASA ©2001

Book, 24 pages

Call Number: VIII:C3; VIII:C10; 2 copies

Changing public perceptions of sexual assault is not a simple task. This packet is written based on the knowledge that the solutions to sexual violence are complicated and time consuming. The ideas presented here are meant to energize and support current efforts of staff and volunteers at rural centers.

Transcending Silence: A Series About Speaking Out & Taking Action in Our Communities

By: Washington Coalition Against Sexual Assault
Washington Coalition Against Sexual Assault ©2001
4 small books

Call Number: VIII:C17; 4 books

Book 1: focuses on sexual assault and people with developmental disabilities; Book 2: focuses on sexual assault and people with physical or sensory disabilities; Book 3: focuses on sexual assault and the elderly; Book 4: focuses on sexual assault and people with psychiatric disabilities.

Unspoken Crimes: Sexual Assault in Rural America

By: National Sexual Violence Resource Center
National Sexual Violence Resource Center ©2003
Booklet, 24 pages

Call Number: VIII:C12

In *Unspoken Crimes*, sexual assault is considered from a rural perspective. Its goal is to present service providers with a better sense of the unique characteristics that are so often a part of rural regions. It considers the issue of prevalence of rural sexual assault by examining national data as well as information from several states. It suggests that rural sexual assault may be more prevalent than indicated by national data, and that in order to provide effective services in rural areas, we must adopt a culturally sensitive approach. Finally, it offers comments, insights, and some of the best practices as expressed by rural advocates.

Victim Advocate's Guide to Cultural Competency

By: Texas Association Against Sexual Assault
Texas Association Against Sexual Assault ©2005
Guide, 241 pages

Call Numbers: VIII:a22

This helpful guide focuses on ethnic, religious, and other cultures' sexual assault and abuse issues. With comprehensive sections dedicated to understanding and working with Asian/Pacific Islanders, Africans, Latinos, Native Americans, Buddhists, Catholics, Hindus, Jews, Mormons, Muslims, the LGBT community, male sexual assault victims, immigrant and refugees, and women who have experienced genital mutilation, the topics covered in this guide include information about: sexual assault attitudes/myths, do's and don'ts for outreach, languages, values, elements of communication barriers to services, life cycle events, demographics, cultural history, law enforcement issues, and medical and mental health issues.

**INDIVIDUALS WITH
DISABILITIES**

BOOKS

Accessible Justice: Preparing Sexual Assault Victims with Developmental Disabilities for the Criminal Court Process

By: Tiffany Lodholz and Jill Groblewski
Wisconsin Coalition Against Sexual Assault
© No copyright date

Booklet, 106 pages

Call Number: VIII:C15

This booklet is designed to help advocates prepare adults with developmental disabilities who have been sexually assaulted for the realities of the legal system. It may also be helpful for victim/witness staff, prosecutors, judges, law enforcement, service providers, and people with developmental disabilities, their families, friends, and other support persons. The information in this booklet should be used to help prepare victims physically and emotionally for court. It is not intended as a tool to help prepare victims to testify.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

At Greater Risk: Legal Issues in Sexual Abuse of Adults with Developmental Disabilities

By: Joyce Feustel

Wisconsin Council on Developmental Disabilities

©1991

Training Booklet, 29 pages

Call Number: VIII:A6

At Greater Risk provides information about the laws and legal procedures relating to sexual assault of adults with developmental disabilities.

Balancing the Power: Creating a Crisis Center Accessible to People with Disabilities

By: Dianne King Akers, M.Ed.

SafePlace ©2005

Book, 177 pages

Call Number:

A project of SafePlace in Austin, Texas, this strategy guide was designed as a resource for sexual assault and domestic violence centers in providing accessible services to abuse survivors with disabilities. It can be used as a training tool and as a reference guide. Topics include information about working with people with a wide range of disabilities, strategies to make centers physically and programmatically accessible, the Americans with Disabilities Act, and how to connect to community disability advocacy and service organizations.

Creating Access: Serving Survivors of Sexual Assault with Disabilities

By: CALCASA

CALCASA ©2001

Book, 33 pages

Call Number: VIII:A5

This resource contains the information on the prevalence of sexual assault in communities of people with disabilities, strategies and tools that will assist centers in providing prevention education, as well as a section of collected outreach strategies that will assist centers in reaching survivors with disabilities in their communities.

Developing Personal Safety Skills in Children with Disabilities

By: Freda Briggs

Paul H. Brookes Publishing Company ©1995

Book, 214 pages

Call Number: VIII:A8

This resource provides curriculum ideas for teaching safety skills to children and young people with mild to severe disabilities in mainstreamed classes and special situations.

Doubly Silenced: Sexuality, Sexual Abuse, and People with Developmental Disabilities

By: Patricia Miles Patterson, MSSW

Wisconsin Council on Developmental Disabilities

©1991

Book, 161 pages

Call Number: VIII:A10

This is a guide for direct service providers, case managers, guardians, family members, and advocates. *Doubly Silenced* will assist them in supporting people with developmental disabilities through issues of sexuality and healing from rape. There is also guidance on how to intervene effectively with people with developmental disabilities who have sexually abused others.

First Response to Victims of Crime Who Have a Disability

By: Timothy O. Woods, J.D., M.A.

Office for Victims of Crime ©2002

Book, 25 pages

Call Number: VIII:A16; VIII:A17; 2 copies

First Response is a handbook for law enforcement officers on how to approach and help crime victims who have Alzheimer's disease, mental illness, mental retardation, or who are blind or visually impaired, deaf or hard of hearing.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Genesis: In the Beginning...Breaking the Cycle of Sexual Abuse

By: Orieda Horn Anderson & Shirley Paceley
Orieda Horn Anderson & Shirley Paceley ©2001
Book, 85 pages
Call Number: VIII:A14

This book is an insightful and practical guide for parents, teachers, and service providers who are concerned with the high incidence of sexual abuse of children with disabilities and are interested in its prevention.

My Body...My Choice

By: Shirley Paceley
Shirley Paceley and Annette Russo Penhallegon
©2001
Book, 34 pages
Call Number: VIII:A15

My Body...My Choice is a message for teenagers and adults with developmental disabilities, empowering them to protect themselves from unwanted touching and sexual abuse. Michelle and her friends meet to discuss how to teach others about sexual abuse prevention. They discuss the basic concepts of our right to choose who touches us, saying "NO" secrets, telling a safe person, and getting help. This book is a valuable tool to teach prevention techniques, and to also encourage victims of sexual abuse to disclose sexual violence so they can begin the recovery process.

Project Access: Information and Resources on Violence Against Women with Disabilities

Office on Violence Against Women & CALCASA
©2005
Computer CD, unspecified length
Call Number: VIII:ID1

This CD provides information and resources on Violence Against Women with Disabilities. It was founded by grants to end violence against women with disabilities through the Office on Violence Against Women.

Stop the Violence, Break the Silence: Educational Support Group for People with Disabilities Who Have Experienced Domestic or Caregiver Violence

By: Wendie H. Abramson, LMSW; Kimberly Black Wisseman, LMSW; and Celia M. Hughes, MPA
Disability Services ASAP ©2000

Book, 67 pages
Resource Kit, 261 pages

Training Guide, 216 pages

Call Numbers: VIII:ID1; VIII:A19; VIII:A20

The *Stop the Violence, Break the Silence* Training Guide exposes the relationships of abuse and violence to disability and works to assist crisis intervention and disability agencies as they provide accessible services to all people. It provides presentation materials for use by domestic violence, sexual assault and disability service professionals, social workers, counselors and other interested professionals. It also provides examples of materials to be used when presenting sexuality education and abuse prevention education to people with developmental or cognitive disabilities.

Survivor: For People with Developmental Disabilities Who Have Been Sexually Abused

By: Nora Baladarian
Mental Health Consultants ©1985

Book I: For Those Who Read Best with Few Words
(79 pages)

Book II: For People with Disabilities and Their Advocates (70 pages)

Book III: For Family Members, Advocates, and Health Care Providers (50 pages)

Call Numbers: VIII: A2; VIII:A3; VIII:A4

The purpose of these booklets is to provide a familiarity with sexual assault and its treatment so victims can become survivors – with the greatest amount of informed support from their advocates and caretakers as possible.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Teach Me

Lyrics by: Shirley Paceley

Music by: Jill Dixon

Blue Tower Training Center ©2001

Compact Disc, 1 song

Call Number: VIII:ID4

This song is narrated by a person with a disability who is sexually abused. The song implores advocates to help teach people with disabilities their rights and to keep fighting for people with disabilities.

Victim Justice for Disabled Persons: A Resource Manual

By: Myra Per-Lee

Gallaudet College ©1980

Manual, 79 pages

Call Number: VIII:A11

This manual is geared toward working with individuals with physical disabilities; it focuses on their abilities as capable and credible victim/witness participants in the criminal justice system. It also confronts myths and addresses the tremendous misunderstanding of physically disabled persons in our society.

Violence & Abuse in the Lives of People with Disabilities: The End of Silent Acceptance?

By: Dick Sobsey

Paul H. Brookes Publishing Company ©1994

Book, 440 pages

Call Number: VIII:A12

This book looks at the nature of abuse and why it occurs. It offers professionals and families specific guidance on detecting instances where abuse may be occurring, identifying important risk factors of abuse, combating abuse by altering specific social conditions, helping to heal the consequences of abuse, and ending the harmful violence and disability cycle in which people with disabilities become entrapped.

We Are Those Women! A Training Manual for Working with Women with Disabilities in Shelters and Sexual Assault Centers

By: Disabled Women's Network Ontario

Disabled Women's Network Ontario ©1994

Book, 50 pages

Call Number: VIII:A1

We Are Those Women! is a training manual developed by women with disabilities for use by educators and advocates of persons with disabilities.

Who Cares? A Handbook on Sex Education and Counseling Services for Disabled People

By: Deborah A. Cornelius, Sophia Chipouras, Elaine Makas & Susan M. Daniels

University Park Press ©1982

Book, 260 pages

Call Number: VIII:A9

Who Cares? presents a practical exploration of the myths, attitudes, the sexual rights, and the needs for sexuality services by the disabled. It identifies the types of services available around the time of publication. This handbook can be used to start new education and counseling programs, adapt or improve existing services, acquaint the reader with the field of knowledge available at the time of publication, and refer the reader to authoritative information.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

**Who, What, Where, When: A Symbol Book
for Communicating with Survivors of Sexual
Abuse Who Use Augmentative and Alternative
Communication**

Iowa Coalition Against Sexual Assault ©2006

Manual, 68 pages

Call Number: VIII:ID2; VIII:ID3; 2 copies

This symbol book can be used to augment communication between women survivors of sexual assault who use augmentative and alternative communication and service providers for people with disabilities and/or providers of sexual assault services. The book may be employed for counseling, interviewing, sexuality education, and/or abuse disclosure. While the book may prove helpful for those in the criminal justice system in communicating with and interviewing women with communicative disabilities, it is not intended as an investigative tool, nor has it been tested for use in court.

**Wings to Fly: Bringing Theatre Arts to Students
with Special Needs**

By: Sally Dorothy Bailey

Sally Dorothy Bailey ©1993

Book, 409 pages

Call Number: VIII:A13

This is a comprehensive nuts and bolts handbook for special education and drama teachers at the elementary through high school levels. It describes concrete, proven techniques and lesson plans to teach drama to students with a wide array of special needs in an academic and theater setting. Readers also learn about the therapeutic and educational benefits of theater arts – how children and young adults gain self-confidence, sharpen their communication skills, discover how to be a team player, and find new ways to express themselves.

VIDEOS

Disability, Violence, and Survival:

A Personal Story

SafePlace ©2000

VHS, 11 minutes

Call Number: VIII:Av1

This video provides a powerful account of domestic violence and sexual assault narrated by a survivor describing her own experience, including the barriers she encountered while seeking justice. [Facilitator's guide included.]

“If I Tell”

Sexual Assault Support Services of Midcoast Maine

© No copyright date

2 DVDs & Facilitator Guide, 27 pages

Call Number: VIII:IDv4

“*If I Tell*” addresses the needs of survivors with cognitive disabilities and is completely accessible with quality audio, American Sign Language, and closed captioning (Disc 1). The film presents three vignettes modeling contacting and reporting to local law enforcement, saying “NO” to support staff, and continuing to speak up even if no one believes a sex crime occurred. Each story has several issues that can facilitate learning. “*If I Tell*” can be used alone, with the Facilitator's Guide, or as a supplement to a comprehensive training program on sexual violence against people with disabilities.

No! How!!!

Diverse City Press ©2003

DVD, 10 minutes

Call Number: VIII:IDv5

This video involved people with disabilities in acting, writing, producing, and directing a film aimed at others with disabilities. From discussing disability to teaching boundaries and body parts, people with disabilities take the lead in this informational video.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

**Serving Crime Victims with Disabilities:
Meet Us Where We Are**

Office for Victims of Crime (received 2003)

VHS, 14 minutes

Call Number: VIII:v2

Child abuse, domestic violence, sexual assault, financial fraud, homicide, drunk driving, and many other crimes impact the lives of individuals with disabilities. As a person with a disability, or a service provider who works with individuals with disabilities, it is important to know that crime victims have rights and that help is available. Speaking from their own experience, the people in this video talk about being victimized, the kind of services and support that they did or did not receive, and how their victimization motivated them to create or demand programs and services to help other crime victims with disabilities.

**Serving Crime Victims with Disabilities:
The Time is Now**

Office for Victims of Crime (received 2003)

VHS, 17 minutes

Call Number: VIII:v1

Every year, thousands of individuals who are victimized by crime never receive the services and support that can assist their participation in the criminal justice system and help them begin the process of physical and/or psychological healing. This video is designed to encourage and assist the efforts of victim advocates in actively reaching out and serving crime victims with a wide range of disabilities.

See also:

- *Coping with Sexual Assault* in Section I: Rape and Sexual Assault
- *Sexual Assault: Victimization Across the Lifespan* in Section XIII: SART/SAFE
- *Circles: Stop Abuse* in Section XX: Education/Curricula
- *Deaf Teen Sexual Assault Prevention* in Section XX: Education/Curricula

COMMUNITIES OF COLOR

BOOKS

Breaking the Silence: Preventing Violence Against Asian American Women

National Asian Women's Health Organization ©2006
Discussion Group Curriculum, DVD, unspecified length

Call Number: VIII:CC6

Developed and tested in partnership with researchers and advocates, *Breaking the Silence* is a three-module violence prevention curriculum designed to educate Asian-American women about definitions of sexual violence and intimate partner violence, strategies for prevention, and opportunities for social change. The curriculum is intended to be implemented as a series of discussion groups, primarily on college campuses and directed by campus staff in partnership with Asian-American women students, encouraging them to engage in healthy relationships free of sexual and intimate partner violence, and also to serve as violence prevention advocates and peer mentors.

Color of Violence: The INCITE! Anthology

Edited by: INCITE! Women of Color Against Violence

South End Press ©2006

Call Number: VIII:CC1

Color of Violence: The INCITE! Anthology presents the fierce and vital writing of 32 activists, who not only shift the focus from domestic violence and sexual assault, but also map innovative strategies of movement building and resistance used by women of color around the world. The INCITE! activists come from diverse communities in an effort to end the war being waged on women of color in the United States and around the world. INCITE! is the largest multiracial, grassroots, feminist organization in the United States.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault
Lending Library Catalog

I Will Survive: The African-American Guide to Healing from Sexual Abuse

By: Lori S. Robinson

Seal Press ©2003

Book, 224

Call Number: VIII:CC2

In *I Will Survive*, Lori Robinson has created a valuable resource for African-American survivors of sexual assault (as well as their families, friends, and communities), by incorporating personal stories, civil rights history, and a call for community activism. An award-winning journalist and a rape survivor, Robinson walks readers through the ways survivors can experience emotional, physical, sexual, and spiritual healing. She also explores why black women are more likely to experience sexual crimes. This groundbreaking guide for African-Americans contains culturally-specific and compassionate advice and information that includes accessible instruction on navigating police, health care, and legal systems, as well as an extensive resources section. The book's sympathetic, informative, and ultimately hopeful advice will resonate with African-American survivors and all those who wish to support them.

No Secrets, No Lies: How Black Families Can Heal from Sexual Abuse

By: Robin D. Stone

Robin D. Stone ©2004

Book, 286 pages

Call Number: VIII:C14

This book is a guide for families seeking to understand, prevent, and overcome childhood sexual abuse and its devastating impact on adult survivors. *No Secrets, No Lies* demystifies the cultural taboos and social dynamics that keep Black families silent and enable abuse to continue for generations. It also includes information on the legacy of slavery and stereotypes about Black sexuality.

Shout Out: Women of Color Respond to Violence

Edited by: María Ochoa and Barbara K. Ige

Seal Press ©2008

Book, 300 pages

Call Number: VIII:CC3

Shout Out addresses a range of responses to the injustices that women everywhere are sustaining in their daily lives: physical abuse, murder, rape, poverty, and psychological terror. Through critical examinations, creative nonfiction, and poetry, the contributors provide living testimony for the need to put an end to oppression and violence.

Sister Outsider: Essays and Speeches

By: Audre Lorde

Crossing Press ©2007

Book, 192 pages

Call Number: VIII:CC4

Sister Outsider presents essential writings of Black poet and feminist writer Audre Lorde, an influential voice in 20th century literature. In this varied collection of essays, Lorde takes on sexism, racism, ageism, homophobia, and class, and propounds social difference as a vehicle for action and change. Her prose is incisive, unflinching, and lyrical, offering a message of struggle but also of hope—one that still resonates after more than 20 years of its original release.

Surviving the Silence:

Black Women's Stories of Rape

By: Charlotte Pierce-Baker

Charlotte Pierce-Baker ©2000

Book, 288 pages

Call Number: VIII:C5; VIII:C6; 2 copies

In *Surviving the Silence*, Charlotte Pierce-Baker provides a space for survivors to discuss the unthinkable act of rape. Pierce-Baker, a survivor, places rape within a historical and cultural context, explaining the shroud of silence that surrounds it within the Black community. She allows women to speak about their experiences as informed by their race and gender identities, weaving together their stories with her own. Pierce-Baker's careful inclusion of many voices fills the silence and demonstrates how little has been said about Black women's experience with sexual assault.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

**Violence in the Lives of Black Women:
Battered, Black, and Blue**

Edited by: Carolyn M. West, PhD

Haworth Press ©2002

Book, 211 pages

Call Number: VIII:C13

Written from a Black feminist perspective by therapists, researchers, activists, and survivors, *Violence in the Lives of Black Women* sheds new light on an understudied field. For too long, Black women have been suffering the effects of violence in painful silence. This new book provides a forum where personal testimony and academic research meet to show readers how living at the intersection of many kinds of oppression shapes the lives of Black women.

We Real Cool: Black Men and Masculinity

By: bell hooks

Gloria Watkins ©2004

Book, 160 pages

Call Number: VIII:CC5

Most books about Black men miss the mark, making the same points—difficult childhood, white racism, poverty—they describe without meaningful explanation. bell hooks' *We Real Cool: Black Men and Masculinity* goes where everyone else has been unwilling to go. Without casting blame, hooks tells hard truths: black men are feared, admired, made the objects of sexual fantasy, envied, but rarely loved. Black men are hated, and hooks tells us why. Highlighting the value of a feminist approach to understanding Black masculinity, hooks looks at the way patriarchal thought and action undermine Black male self-esteem. With compassion and generosity, bell hooks contends that Black men become loving individuals only as they accept full accountability for shaping their destiny. *We Real Cool* offers a redemptive vision of Black men and masculinity, one that is complex and multi-layered. This is the book that everyone seeking to understand Black male identity must read.

VIDEOS

Latinos Speak Out: Sexual Assault in the Latino Community

PCAR © (received 2003)

VHS, 20 minutes

Call Number: VIII:CCv6

This is an educational video that gives voice to Latina women's experiences with sexual assault. Through interviews with Latina survivors of sexual assault, professionals who work with them, and members of Philadelphia's Latino community, we obtain insight into the complex issues of defining sexual abuse, understanding the impact, the intervention/healing process, and prevention in the Latino community.

NO! The Rape Documentary: Ending Sexual Assault and Violence Against Women

AfroLez Productions ©2008

DVD, 94 minutes

Call Number: VIII:CCv5; VIII:CCv7; 2 copies

Produced and directed over a period of eleven years, seven of which were full time, by Aishah Shahidah Simmons, an incest and rape survivor, this groundbreaking feature length documentary features riveting testimonials from Black women rape survivors who defy victimization. Violence prevention advocates, theologians, sociologists, historians, anthropologists, and other leading scholars and human rights activists provide an interdisciplinary context with which to examine sexual violence in African-American communities. They also explore how rape is used as a weapon of homophobia. This DVD comes with an accompanying study guide.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

See also:

- *Precious: Based on the Novel "Push" by Sapphire* in Section VI: Childhood Sexual Abuse/Incest
- *Push: A Novel* in Section XXIV: Literature – Fiction & Memoir

ELDERS AND LATER LIFE

BOOKS

To Live Without Fear and Violence – Sexual Assault & Domestic Abuse Against Older Individuals

By: Mai Ensmann and Karey Kenst
Wisconsin Coalition Against Sexual Assault ©2004
Manual / Curriculum, 166 pages
Call Number: VIII: a23

This curriculum is designed to help a multidisciplinary audience understand the dynamics of sexual assault and domestic violence against older individuals in order to best serve victims. It is divided into three sections, including participant's manual, model protocols, and appendices. The model protocol supplement identifies best practices for law enforcement officers that are investigating violence against older adults. Some of the topics addressed in the three sections include; abuse involving people with Alzheimer's disease and related dementia, identifying abuse barriers to reporting and/or receiving services, outreach to older victims, aiding older victims through the court system, and abuse prevention for older individuals.

VIDEOS

Broken Trust: Elder Abuse In Maine

Maine Public Broadcasting Network ©2009
DVD, 29 minutes
Call Number: VIII:EDv6

In this MPBN special report, *Broken Trust*, Jennifer Rooks sheds light on the hidden epidemic of elder abuse – an epidemic made worse by secrecy and shame. Through real stories of

Maine families, *Broken Trust* raises awareness of the types of elder abuse and its prevalence. *Broken Trust* highlights the compelling stories of Westbrook resident Dot Jarmin, Al Wagner – formerly of Cape Elizabeth and Brunswick, and Portland's Olivia Spallholz, all victims of elder abuse or financial exploitation. It also explores some of the innovative work being done by police officers in Maine to combat elder abuse.

Elder Physical and Sexual Abuse: The Medical Piece

California District Attorneys Association ©2003
VHS, 65 minutes
Call Number: VIII:EDv7

Part 1, 65 minutes

Physical trauma resulting from abuse and neglect of an older individual may be mistaken for accidental injury, a disease process, or lifestyle choice. In this video program, nationally recognized medical, prosecution, and social service experts address how to evaluate in context to recognize signs of elder physical and sexual abuse. This video describes medical signs and symptoms in detail and how to collect and document evidence of elder abuse.

Part 2, 66 minutes

Call Number: VIII:EDv8
Recognizing dementia, delirium, and depression can be essential to the assessment of suspected elder abuse. When crimes of domestic violence and sexual abuse are perpetrated upon older individuals, the emotional trauma can be especially devastating. In Part 2 of this video program, nationally recognized experts offer clues to discover elder abuse. Sexual assault, domestic violence, and homicide interviewing considerations, multidisciplinary approaches, and prosecution strategies are suggested.

Maine Coalition Against Sexual Assault Lending Library Catalog

A Rape in a Small Town:

The Florence Holway Story

Films for the Humanities and Sciences ©2005

DVD & VHS, 73 minutes

Call Number: VIII:v3; VIII:ED4; 2 copies

Raped and beaten in her bed by her perpetrator, 76-year-old Florence Holway turned the tables on her attacker and escaped. Her perpetrator was convicted, but a technicality led to a plea bargain, which was accepted without Holway's consent. In her own words, Holway chronicles this traumatic experience starting with the attack and including her ordeal with the criminal justice system, how she took her case to the media, her success in causing tougher rape legislation to be enacted, and her ongoing efforts to keep her perpetrator behind bars.

Responding to Elder Abuse: What Community Corrections Should Know

Office for Victims of Crime ©2010

DVD, 17 minutes

Call Number: VIII:EDv9

This video provides community corrections professionals with the information they need to help identify and respond to elder abuse, neglect, or exploitation they may encounter in their work with offenders. It includes basic information about what to consider when placing offenders in residential situations, communicating effectively with older victims, following mandatory reporting laws, and working collaboratively with other organizations. A discussion guide accompanies this video.

Responding to Elder Abuse: What Judges and Court Personnel Should Know

Office for Victims of Crime ©2010

DVD, 14 minutes

Call Number: VIII:EDv10

This video highlights critical issues for judges and court personnel to consider when they encounter abused, neglected, and exploited older persons participating in the judicial system. The video illustrates what judges may face in these situations, offers recommendations focused on the special needs

of older abuse victims, and highlights examples of successful court-based elder abuse initiatives. A discussion guide accompanies this video.

Responding to Elder Abuse: What Law Enforcement Should Know

Office for Victims of Crime ©2010

DVD, 15 minutes

Call Number: VIII:EDv11

This video describes what law enforcement officers can do when they encounter elder abuse, neglect, or exploitation in residences, nursing homes, or other long-term care facilities. It includes basic information about locating appropriate referral resources for intervention and support for the older abuse victim, following mandatory reporting laws, and working collaboratively with other organizations. A discussion guide accompanies this video.

See also:

- *Issues in Intimate Violence* in Section IX: Marital Rape/Domestic Violence/Partners
- *Older Battered Women's Project: Final Report* in Section IX: Marital Rape/Domestic Violence/Partners
- *Elder Sexual Abuse: The Hidden Victim – Training Law Enforcement* in Section XIII: SART/SAFE
- *Sexual Assault: Victimization Across the Lifespan* in Section XIII: SART/SAFE

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Tribal and Native Populations

BOOKS

Conquest: Sexual Violence and American Indian Genocide

By: Andrea Smith

South End Press ©2005

Book, 282 pages

Call Number: VIII:TR6

Beginning with the impact of the abuses inflicted on Native American children at state-sanctioned boarding schools from the 1880s to the 1980s, Smith expands the conception of violence to include the widespread appropriation of Indian cultural practices by whites and other non-Natives, environmental racism, and population control. She connects these and other examples of historical and contemporary colonialism to the high rates of violence against Native American women-as a group, the poorest women in the US, the most likely to suffer from poverty-related illnesses, and most likely to survive rape and partner abuse. By focusing on the impact of sexual violence on Native American women, Smith articulates an agenda that is compelling to feminists, Native Americans, other people of color, and all who are committed to creating viable alternatives to state-based solutions.

**Cultural Competency and Native Women:
A Guide for Non-Natives Who Advocate for
Battered Women and Rape Victims**

By: Carol Maicki

Sacred Circle ©2000

Book, 75 pages

Call Number: VIII:C2

Cultural Competency and Native Women is written for non-Native advocates. It addresses the experiences of Native women seeking advocacy and shelter from non-Native organizations. It discusses increasing respect and accessibility for victims of violence who are Native women; improving knowledge and skills of non-Natives who advocate for Native women; eliminating racism within local, state, and national coalitions and programs;

and promoting collaboration between non-Native organizations and Native Nations.

Native American Women's Studies: A Primer

By: Stephanie A. Sellers

Peter Lang Publishing ©2008

Book, 136 pages

Call Number: VIII:TR7

This introduction to the fundamentals of Native American women's studies looks at several definitive topics created by the western cultural notion of feminism, and western historical and religious perspectives on women. These include ecofeminism, gender roles and work, notions of power, essentialism, women's leadership, sexualities, and spirituality in light of gender. The book then discusses these concepts and their history from a traditional Native American point of view. This book sheds light on the radical differences between the indigenous understanding of human experience in terms of gender, and those held and created by western culture.

Sexual Assault in Indian Country: Confronting Sexual Violence

By: National Sexual Violence Resource Center

National Sexual Violence Resource Center ©2000

Book, 9 pages

Call Number: VIII:C8; VIII:C9; 2 copies

This pamphlet highlights certain types of sexual assault evidence by presenting it within the historical treatment of native populations, jurisdictional problems, and the prevalence of violence in Native communities.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

Sharing Our Stories of Survival: Native Women Surviving Violence

Edited by: Sarah Deer, Bonnie Clairmont, Carrie A. Martell, and Maureen L. White Eagle

Tribal Law and Policy Institute ©2008

Book, 359 pages

Call Number: VIII:TR8

Native women are more likely than women from any other group to suffer violence, from rape and battery to more subtle forms of abuse. *Sharing Our Stories of Survival* explores the causes and consequences of such behavior. The stories and case studies presented in this book are often painful and raw, and the statistics are overwhelmingly grim, but a countervailing theme also runs through this informative volume. Many of the women who appear in these pages are survivors, and the violence examined in this book is human violence, meaning that it can be changed, if only with effort and education.

VIDEOS

Finding Dawn

Women Make Movies ©2006

DVD, 73 minutes

Call Number: VIII:TRv6

Finding Dawn puts a human face on a tragedy that has received little attention. Dawn Crey, Ramona Wilson, and Daleen Kay Bosse are just three of the estimated 500 Aboriginal women who have gone missing or been murdered in Canada over the past 30 years. Acclaimed Métis filmmaker Christine Welsh embarks on an epic journey to shed light on these murders and disappearances that remain unresolved to this day. She begins at Vancouver's skid row where more than 60 poor women disappeared and travels to the "Highway of Tears" in northern British Columbia where more than two dozen women have vanished.

N'tolonapemk: Our Relatives' Place

The Passamaquoddy Tribal Historic Preservation Office ©2006

DVD or VHS, 50 minutes

Call Number: VIII:TRv7

This film goes back to the beginning to examine what the Passamaquoddy Tribe knows of its early days and how their lives today reflect that past. It centers on the shores of Meddybemps Lake, at an Environmental Protection Agency Superfund cleanup site that was discovered also to be the location of an ancient Passamaquoddy village. It is now called N'tolonapemk, which means, "Our Relatives' Place." For 900 years, N'tolonapemk was a hub from which tribal relatives could travel throughout the St. Croix watershed. *N'tolonapemk* travels along the region's waterways, shores, and woodlands to reveal its beauty while telling some of the story that Our Relatives' Place has revealed.

See also:

- *Domestic Violence Prevention and Intervention in Rural Native American Communities: Training, Research, and Education Programs* in Section XX: Education/Curricula
- *Voices of Victims Series* in Section XXV: Legal Resources

Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, and Intersex

BOOKS

Focusing on Pride: Sexual Assault Prevention in the LGBT Community (Part 1)

By: CALCASA

CALCASA ©2001

Book, 30 pages

Call Number: VIII:B1

This information packet has been designed as an introduction to the LGBT (lesbian, gay, bisexual, and transgender) community, along with recommendations on working with LGBT sexual assault survivors. By utilizing the information and implementing the recommendations, rape crisis centers can enhance their outreach efforts and services to the LGBT community.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

**Gender Outlaw: On Men, Women,
and the Rest of Us**

By: Kate Bornstein

Vintage ©1995

Book, 272 pages

Call Number: VIII:LG8

Gender Outlaw is the work of a woman who has been through some changes - a former heterosexual male, a one-time Scientologist and IBM salesperson, now a lesbian woman writer, actress, and performance artist. In this account of her life and genders, Kate Bornstein covers the “mechanics” of her surgery, discussing sexuality and gender in a clear and honest way.

**Transgender Emergence: Therapeutic Guidelines
for Working with Gender-Variant People and
Their Families**

By: Arlene Istar Lev, CSW-R, CASAC

Routledge ©2004

Book, 506 pages

Call Number: VIII:LG9

Transgender Emergence provides readers with a clinical and theoretical overview of the issues facing transgendered/transsexual people and their families. The book views the assessment and treatment of gender variant individuals through a non-pathologizing lens that honors human diversity and acknowledges the role of oppression in the developmental process of gender identity formation.

**Woman-to-Woman Sexual Violence: Does She
Call It Rape?**

By: Lori B. Girshick

Lori Girshick ©2002

Book, 169 pages

Call Number: VIII:B2

Based on a nationwide survey and in-depth interviews, the work explores the experiences and reflections of seventy women, documenting what happened to them, how they responded, and whether they received any help to cope with the emotional impact of their assault. It also recommends how agencies can best provide services, outreach, and

treatment to survivors using suggestions by the survivors themselves.

VIDEOS

Boys Don't Cry

Fox Searchlight Productions ©1999

DVD, 118 minutes

Call Number: VIII:LGv8

Boys Don't Cry is a 1999 American independent drama film based on the real-life story of Brandon Teena, a transgender man who was raped and murdered on December 31, 1993 by male friends after they found out Teena had female genitalia. The film features Hilary Swank as Brandon Teena and Chloë Sevigny as Brandon's girlfriend, Lana Tisdell.

Diagnosing Difference

Floating Ophelia Productions ©2009

DVD, 64 minutes

Call Number: VIII:LGv9

Diagnosing Difference is a full-length length documentary featuring interviews with 13 diverse scholars, activists, and artists who identify on the trans spectrum (transgender, transsexual, genderqueer, and gender variant) about the impact and implications of the Gender Identity Disorder (GID) on their lives and communities. Using the diagnosis as a departure point, the participants debunk myths and misconceptions about transgender identities, challenge stereotypical gender expectations, and offer educative insight into the terms and language used to describe transgender lives. This groundbreaking film is the first to explore the impact of the GID diagnosis on people who identify on the trans spectrum in their own words and images.

See also:

- *Trash* in Section XXIV: Literature – Fiction & Memoir

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

SECTION IX: Marital Rape/Domestic Violence/Partners

BOOKS

After the Nightmare: The Treatment of Non-Offending Mothers of Sexually Abused Children

By: Wendy Ovaris

Wendy Ovaris ©1991

Book, 86 pages

Call Number: IX:5; IX:6; 2 copies

After the Nightmare offers suggestions for non-offending mothers who suffer as a result of their children being sexually abused by someone in their families. It provides guidelines for therapists in assisting these mothers to deal with the aftermath of their client's child's sexual abuse.

Allies in Healing

By: Laura Davis

Laura Davis ©1991

Book, 350 pages

Call Number: IX:11

This book provides information and support for partners of survivors of child sexual abuse. Davis offers practical advice and encouragement to partners and shows couples how to improve communication and develop an understanding of healing as a shared activity.

Getting Free: A Handbook for Women in Abusive Relationships

By: Ginny NiCarthy

Ginny NiCarthy ©1986

Book, 316 pages

Call Number: IX:3

This book examines various issues involved in the decision to leave or stay, getting professional help, self-help, and interviews with formerly abused women who were able to escape.

Issues in Intimate Violence

Edited by: Raquel Kennedy Bergen

Sage Publications, Inc. ©1998

Book, 314 pages

Call Number: IX:15

Many of the articles in this book offer a feminist perspective to the gendered nature of violence and the consequences of power inequality in our society. Topics include child abuse, incest, violence in heterosexual dating relationships, acquaintance rape, marital abuse, marital rape, and elder abuse.

Intimate Violence in Families

By: Richard J. Gelles

Sage Publications, Inc. ©1997

Book, 216 pages

Call Number: IX:16

Drawing on the latest research, this book dismantles many of the conventional myths hindering societal understanding of family violence. Although the focus is on physical abuse, this text also explores sexual abuse, neglect, emotional and psychological abuse, as well as offers a broad analysis of the full spectrum of familial abuse.

Older Battered Women's Project: Final Report

By: Arlene S. Averill

The Vermont Network Against Domestic Violence and Sexual Assault ©1997

Report, 19 pages

Call Number: IX:2

This is an account of work that has been done at the individual, local, and systemic level to create service options for older people. This project reached beyond ageism to the reality of violence and crime impacting older women.

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Outgrowing the Pain Together: A Book for Spouses and Partners of Adults Abused as Children

By: Eliana Gil, PhD

Eliana Gil, PhD ©1992

Book, 157 pages

Call Number: IX:10

Outgrowing the Pain Together is a guide that helps survivors and the significant people in their lives understand sexual violence issues and how misunderstandings often create difficulty. It offers a step-by-step plan for overcoming obstacles together.

Rape in Marriage

By: Diana Russell

Diana Russell ©1990

Book, 421 pages

Call Number: IX:4

This resource comprehensively explores the prevalence, myths, sociocultural attitudes, and legalities of rape in marriage. In this eye-opening work, Russell explores many of the disturbing questions raised in a study she conducted where she found that a minimum of 14 percent of American women who have ever been married have been raped by a husband or ex-husband.

Sexual Assault by Intimate Partners

Jane Doe Learning Institute ©1998

Training Manual, 39 pages

Call Number: IX:1

This training module was designed to provide all of the resources needed for a group presentation on the topic of intimate partner sexual assault. The resource includes speaker's notes, overhead transparencies, presentation evaluation forms, and copy-ready handouts.

Ten Signs of Relationship Abuse

Human Relations Media ©2008

DVD, 28 minutes

Facilitator's Guide, 44 pages

Call Number: IX:V5

Ten Signs of Relationship Abuse helps students

identify the warning signs of relationship abuse and instructs young viewers on how to extricate themselves from unhealthy, potentially dangerous dating relationships.

When Your Wife Says No: Forced Sex In Marriage

By: Fay Honey Knopp

Safer Society Press ©1994

Book, 40 pages

Call Number: IX:8

This book is written for husbands, partners, and live-in companions who pressure, coerce, or use force on their female partners to rape them. This booklet is a constructive first step toward helping men understand and change such degrading and reprehensible behavior.

Why Does He Do That? Inside the Minds of Angry and Controlling Men

By: Lundy Bancroft

Lundy Bancroft ©2002

Book, 408 pages

Call Number: IX:12

In this book, Bancroft provides insight into the minds of angry and controlling men, and shows women how to improve, survive, or leave an abusive relationship. In addition, the book teaches readers about the early warning signs of abuse, abusive personality types, the role of drugs and alcohol, and how to get out of an abusive relationship safely.

VIDEOS

My Partner Was Sexually Abused

Partners in Video ©1996

VHS, 40 minutes

Call Number: IX:v2

This is a helpful resource for partners of survivors. This video reaches through a partner's sense of isolation and encourages them to focus on their own needs too. The resource addresses all types of relationships.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

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Lending Library Catalog**

Snapshots of Success: South Royalton, Vermont

The Snapshots Project at the Muskie School of Public Service (received 2000)

VHS, 12 minutes

Call Number: IX:v3

This video shows how domestic violence programs are providing legal assistance and support to women who live in rural and isolated areas of Vermont.

See also:

- *Acquaintance Rape: The Victims* in Section II: Acquaintance Rape
- *Sex, Love, and Violence: Strategies for Transformation* in Section XVI: Primary Prevention
- *Domestic Violence Prevention and Intervention in Rural Native American Communities: Training, Research, and Education Programs* in Section XX: Education/Curricula
- *If I Am Missing or Dead: A Sister's Story of Love, Murder, and Liberation* in Section XXIV: Literature – Fiction & Memoir
- *Slamming Open the Door* in Section XXIV: Literature – Fiction & Memoir

**SECTION X:
Ritual & Cult
Related Abuse**

BOOKS

Breaking the Circle of Satanic Ritual Abuse

By: Daniel Ryder, CCDC, LSW

Daniel Ryder ©1992

Book, 265 pages

Call Number: X:2

This is a resource is designed to help survivors recognize and recover from the hidden trauma of satanic ritual abuse.

Cult Abuse of Children: Witch Hunt or Reality?

By: Various Authors

The Journal of Psychohistory ©1994

Book, 145 pages

Call Number: X:3

This journal includes articles by different psychotherapists. It highlights the difficulties in treating ritually abused children, credibility problems in sadistic abuse, and more.

Cults that Kill: Probing the Underworld of Occult Crime

By: Larry Kahaner

Larry Kahaner ©1988

Book, 280 pages

Call Number: X:7

Based on probing interviews and research, *Cults that Kill* discusses the testimony of experts, followers of cults, and victims of robberies, torture, arson, drug and pornography rings, all concerning cult crime.

Ghost Girl: The True Story of a Child in Peril and the Teacher Who Saved Her

By: Torey Hayden

Torey Hayden ©1991

Book, 307 pages

Call Number: X:6

Ghost Girl is the true story of Jadie, who never spoke, never laughed, cried, or uttered any sound, and the teacher that persuaded her to break her self-imposed silence.

Ritual Abuse: What It Is, Why It Happens, How to Help

By: Margaret Smith

Margaret Smith ©1993

Book, 213 pages

Call Number: X:4

Smith examines personal experiences from fifty-two adult survivors; cult abuse throughout history; the background of perpetrators, brainwashing, and gives a compassionate guidance on the recovery and healing process. It is a caring, comprehensive, and much-needed resource.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

The Satanic Bible

By: Anton Szandor LaVey
Anton Szandor LaVey ©1969
Book, 272 pages
Call Number: X:5

This resource reveals the Church of Satan as the fountainhead of contemporary Satanism.

The Ultimate Challenge: A Revolutionary, Sane and Sensible Response to Ritualistic and Cult-Related Abuse

By: Gayle M. Woodsum
Gayle M. Woodsum ©1998
Book, 328 pages
Call Number: X:1

This book provides a thorough presentation of what ritualistic and cult-related abuses are, why they exist, and how offenders get away with what they do. It also provides victims and survivors with a philosophy they can apply to their individual situations and needs, creating a path to liberation from abuse with or without the support of others.

**SECTION XI:
Sexual Harassment**

BOOKS

Back Off: How to Confront and Stop Sexual Harassment and Harassers

By: Martha J. Langelan
Martha J. Langelan ©1993
Book, 380 pages
Call Number: XI:3

Back Off is a book by women who have successfully stopped sexual harassment, how they did it, and how any woman can confront harassers and win. Langelan explains the nine essential elements of a successful confrontation, offers sample scenarios to help women feel confident with the techniques, and more.

Secrets in Public: Sexual Harassment in Our Schools

By: Nan Stein, Nancy L. Marshall,
and Linda R. Tropp
NOW Legal Defense and Education Fund ©1993
Book, 27 pages
Call Number: XI:1

This resource discusses a report on the results of a *Seventeen* magazine survey covering sexual harassment in our schools.

Sexual Harassment: Women Speak Out

Edited by: Amber Coverdale Sumrall & Dena Taylor
Amber Coverdale Sumrall & Dena Taylor ©1992
Book, 321 pages
Call Number: XI:2

In this book women write not only of their experiences, but also how they responded to them. Some went into depression or experienced physical symptoms, some fought back, some denied their experiences, and some found humorous and creative ways of dealing with the harasser.

Sexual Harassment of Working Women

By: Catharine A. Mackinnon
Yale University ©1979
Book, 221 pages
Call Number: XI:4

This book provides a skillful analysis of the legal questions that are posed in the emerging effort to use the law to support women who seek to challenge the patterns and practices of sexual harassment. The legalese may be out of date, but *Sexual Harassment of Working Women* is an important document in its own right, and is useful as a historically comparative text.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Stop Street Harassment: Making Public Places Safe and Welcoming for Women

By: Holly Kearl

Holly Kearl ©2010

Book, 236 pages

Call Number: XI:5

Street harassment is generally dismissed as harmless, but in reality, it often causes women to feel unsafe in public. *Stop Street Harassment* draws on academic studies, informal surveys, news articles, and interviews with activists to explore the practice's definition and prevalence, the societal contexts in which it occurs, and the role of factors such as race and sexual orientation. Perhaps more crucially, the book makes clear how women experience street harassment—how they feel about and respond to it—and the ways it negatively impacts women.

VIDEOS

Out of Bounds: Teenage Sexual Harassment

MTI Film & Video ©1992

VHS, 20 minutes

Call Number: XI:v1

This video defines sexual harassment and targets the development of attitudes during high school. It also teaches skills to help develop healthy, loving relationships.

No Excuses: Sexual Harassment

Human Relations Media ©1999

VHS, 27 minutes & Toolkit, 58 pages

Call Number: XI:v3

No Excuses was designed to help with teaching students the skills they need to address sexual harassment throughout their lives. The kit includes a video, fact sheets for students and teachers, and student worksheets and activities. After viewing the video and participating in the activities, students should be able to define sexual harassment, recognize the range of behaviors which may be sexual harassment, understand the effects of sexual harassment, learn how to deal with sexual

harassment, learn how to help a friend deal with harassment, and how to communicate when behavior is unwelcome to them.

Sexual Harassment: Building Awareness on Campus

Media Education Foundation ©1998

VHS, 24 minutes

Call Number: XI:v2

This video, hosted by Jean Kilbourne, offers a comprehensive discussion of the nature of sexual harassment in campus and institutional settings as well as what can be done to prevent it. It addresses men and women and features interviews with students, faculty, and experts.

War Zone

Media Education Foundation ©1998

VHS, 45 minutes

Call Number: XI:v3; XI:v4; 2 copies

Filmmaker Maggie Hadleigh-West believes that the streets are a War Zone for women. Armed with only a video-camera she both demonstrates this experience and, by turning and confronting her abusers, reclaims space that was stolen from her. Drawing upon her own experience, as well as that of other women across the country, she demonstrates how women operate in enemy territory when they venture into the public space of the street.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

See also:

- *Dating: Peer Education for Reducing Sexual Harassment and Violence Among Secondary Students* in Section XX: Education/Curricula
- *Flirting or Hurting?* in Section XX: Education/Curricula
- *Stop It, Now!* in Section XX: Education/Curricula
- *Crossing the Line: Sexual Harassment* in Section XX: Education/Curricula
- *Junior Partner* in Section XX: Education/Curricula
- *Sexual Harassment* in Section XX: Education/Curricula
- *Sexual Harassment and How to Stop It* in Section XX: Education/Curricula
- *Classrooms & Courtrooms: Facing Sexual Harassment in K-12 Schools* in Section XXV: Legal Resources

SECTION XII: Stalking

BOOKS

Stalking: Psychology, Risk Factors, Interventions, and Law

By: Mary P. Brewster, PhD
Civic Research Institute ©2003
Book, unspecified page length
Call Number: XII:2

Published by the Civic Research Institute, this volume is designed for those who work with victims of stalkers in their professional lives, including criminal justice professionals, mental health professionals, private attorneys, victim service professionals, and school principals and teachers. The book is also intended for those who desire an understanding of stalking, including victims, researchers, and legislators.

Stalking: A Handbook for Victims

By: Emily Spence-Diehl
Emily Spence-Diehl ©1999
Book, 72 pages

Call Number: XII:1

This book is meant for victims of stalking. It is presented in a way that helps victims regain power and control over their lives by getting to know their full range of rights and options. The author emphasizes that the purpose is to present options, not directions, and to assist the victim in the gathering of information that will help them make the choices that will work best for them in taking care of themselves. The legal advice may be slightly out of date, but much of the information remains relevant.

Survivors Technology: An Interactive Safety Planning Tool

National Network to End Domestic Violence ©2009
Computer CD, unspecified length
Call Number: XII:3; XII:4; 2 copies

The *Survivors Technology* CD addresses how domestic abuse and violence are intensified by the misuse of the internet, wireless telephones, and other high-tech equipment. More and more, domestic abusers are misusing technology to stalk the victims they call loved-ones. Victims of abuse often use computers and wireless telephones to try to find help, unknowingly leaving electronic footprints for their abusers to follow. This CD will help reach more people with what is known to be life-saving information.

VIDEOS

Links in the Chain: Two Communities Respond to Stalking

National Center for Victims of Crime ©2005
DVD, 20 minutes & Discussion Guide, 10 pages
Call Number: XII:v2

Produced by Academy-award winning documentary filmmakers Citizen Film and Women's Educational Media, this video features two jurisdictions that successfully use multidisciplinary, collaborative responses to stalking. Los Angeles Police Chief William Bratton stresses the importance of developing partnerships to address the problem of stalking. The video has a 10-page accompanying discussion guide.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Stalking: Real Fear, Real Crime

National Center for Victims of Crime ©2003

VHS, 18 minutes

Call Number: XII:v1

This training video, created by the National Center for Victims of Crime, and Lifetime Television, was inspired by the tragic death of Peggy Klinke in 2003. While the video is designed mainly for use with law enforcement officers, it is an educational tool that can be used with a wide variety of audiences.

**SECTION XIII:
SART/SAFE**

BOOKS

E.C. in the E.R.: A manual for improving services for women who have been sexual assaulted

American Civil Liberties Union ©2003

Manual, unspecified page length

Call Number: XIII:14

This manual is designed to help increase access to emergency contraception (EC) for sexual assault survivors. It does so by explaining how to survey hospitals to determine whether they are providing EC to sexual assault survivors they treat. By conducting such a survey, sexual assault prevention organizations can begin educating hospitals, the public, and legislators about the scope of the problem and advocate for change. This manual provides a step-by-step process with detailed suggestions for coalition building and follow-up work.

Elder Sexual Abuse: The Hidden Victim – Training for Law Enforcement

Florida Council Against Sexual Violence ©2005

Manual, 2 binders; unspecified page length

Call Number: XIII:C1

This is a comprehensive training curriculum for law enforcement officers who respond to and investigate the sexual assault of elders. It includes a trainer's guide featuring detailed activities and talking points, PowerPoint presentations and participants' materials (all of which are also saved on an accompanying CD).

California Sexual Assault Response Team (SART) Manual

CALCASA © (received 2002)

Manual, 141 pages

Call Number: XIII:Ag4

This SART manual covers everything that is involved in coordinating a response to sexual assault.

Color Atlas of Sexual Assault

Barbara W. Girardin, RN, PhD, et al.

Mosby, Inc. ©1997

Book, 202 pages

Call Number: XIII:B13; XIII:B14; 2 copies

This is a clinical resource for practitioners who assess and treat adolescents and adults who have been sexually assaulted. The atlas presents color photographs of injuries of the internal and external genitalia, anus, and mouth, which are magnified for distant visualizations of the injury, and provide critical visual aid to the accurate physical diagnosis of sexual abuse. Many photographs of normal anatomy of the adult genitalia are also included, as well as typical variations that may be found, to contrast with the photos of sexual assault victims.

The Criminal Justice and Community Response to Rape

By: Joel Epstein, Esq. and Stacia Langenbahn

National Institute of Justice ©1994

Book, 141 pages

Call Number: XIII:A5

In an increasing number of community law enforcement and social service agencies have formally coordinated their response to the crime of rape. Interagency coordination has grown in tandem with community awareness that successfully combating rape is a long-term project. Based on the approaches of four such communities and on a literature review, this report describes organizational and procedural changes that have helped law enforcement and victim service organizations maintain a successful stance against rape.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Criminal Investigation: Law and Practice

By: Michael F. Brown
Butterworth-Heinemann ©1998
Book, 328 pages
Call Number: XIII:A8

This resource provides the fundamentals of the criminal investigation process from arrival on the scene through trial procedures. It is written clearly and simply with a hands-on approach. In addition, case studies are utilized to enhance dialogue.

Evaluation and Management of the Sexually Assaulted or Sexually Abused Patient

American College of Emergency Physicians ©1999
Manual, 134 pages
Call Number: XIII:B8

The evaluation of the sexually assaulted or abused patient is a challenge for health care professionals, particularly for the patient with developmental issues such as cognitive impairment. This handbook has been written to provide a consensus-based set of recommendations.

Forensic Evaluation Manual: Forensic Evaluation of Children

By: Connie Nicholas Carnes, MS, LPC
The National Children's Advocacy Center ©2001
Book, 287 pages
Call Number: XIII: A14

This manual is designed to be a resource for practitioners who work in the child maltreatment field. It provides protocol to conduct a forensic evaluation of a child who is suspected to be the victim of sexual abuse. The manual includes models, exercises, forms, and assessment tools.

How to Interview Sexual Abuse Victims

By: Marcia Morgan
Sage Publications, Inc. ©1995
Book, 126 pages
Call Number: XIII:13

How to Interview Sexual Abuse Victims is an excellent introduction to the process of interviewing children and includes a special segment on the

appropriate use of anatomical dolls. The book walks readers through an interview from beginning to end and provides information on how to create an environment intended to minimize the child's trauma as well as enhance the amount, quality, and validity of information obtained.

Improving Community Response to Crime Victims: An Eight-Step Model for Developing Protocol

By: Anita B. Boles and John C. Patterson
Sage Publications, Inc. ©1997
Book, 156 pages
Call Number: XIII:A11

This book provides guidelines for those who are serious about starting and maintaining an interagency team to respond to almost any type of interpersonal crime. The book includes exercises and training materials along with sample letters, forms, press releases, and other documents designed to better aid community teams in assessing the response to crime and identifying any gaps in service. The information will aid in the ongoing process of team protocol assessment, evaluation, review, and revision.

Kansas Sexual Assault Network: Community Development Manual

KSAN (received 2002)
Manual, 30 pages
Call Number: XIII:Ag5

This manual provides guidelines for the creation of community programs like SART and SANE.

Looking Back – Moving Forward: A Program for Communities Responding to Sexual Assault

National Victim Center ©1993
Training Manual, 469 pages
Call Number: XIII:A4

The main focus of this guide is the training of SART teams to assist them in the creation of protocol/guidelines that will support a more coordinated, victim-centered approach to the crime of sexual assault. Included are a guidebook, a workbook, and a training guide.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Minnesota Model Sexual Assault Response Protocol

By: Etrulia Calvert and Laura Williams

MN Model Protocol Project ©2000

Book, 229 pages

Call Number: XIII:Ag10

This manual provides recommendations to be used when creating written protocols for SART teams.

The North Carolina Protocol Development Summits: A Monograph

By: Alexandra Walker

STOP Violence Against Women Grants Technical Assistance Project ©1998

Report, 82 pages

Call Number: XIII:Ag6

This monograph describes all stages of the planning, development, and implementation of the Protocol Development Summit project (which would be similar to a SART team in the first stage of the creation of guidelines), which sought to affect structural changes in the criminal justice system's response to violence against women.

Parallel Justice for Victims of Crime

By: Susan Herman

Susan Herman ©2010

Book, 184 pages

Call Number: XIII:17

Parallel Justice for Victims of Crime presents a new approach to victims' services, designed to help victims rebuild their lives – now being piloted from Vermont to California – by police chiefs, prosecutors, corrections officials, victim advocates, and community leaders. Drawing on more than 30 years of criminal justice experience, including almost 8 years as executive director of the National Center for Victims of Crime, author Susan Herman explains why justice for all requires more than holding offenders accountable – it means addressing victims' three basic needs: to be safe, to recover from the trauma of the crime, and regain control of their lives.

The Police-Mental Health Partnership: A Community-Based Response to Urban Violence

By: Steven Marans

Yale University ©1995

Book, 147 pages

Call Number: XIII:A10

Many children live in communities where violence, fear, and despair are commonplace. This book describes how one city developed a collaborative effort between law-enforcement and mental health professionals in order to help children living in urban communities, and their families.

Practical Aspects of Rape Investigation: A Multidisciplinary Approach

By: Robert R. Hazelwood and Ann Wolbert Burgess
CRC Press ©1999

Book, 391 pages

Call Number: XIII:A9

This book presents the latest research findings on the FBI study of serial rapists; it also provides new and challenging directions for the investigation and prosecution of rape cases. A unique feature of the book is the incorporation of traditional police procedures of rape investigations with new and contemporary techniques developed during the past decade, such as criminal investigative analysis as well as current classification of rape and sexual assault.

Promising Practices and Strategies for Victim Services in Corrections

National Victim Center ©1997

Training Manual, 1 Binder, unspecified length

Call Number: XIII:A2

This is a training and resource manual designed for victim services in corrections.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Protocol for Assisting Sexual Assault Victims

North Carolina Coalition Against Sexual Assault
©2000

Manual, 151 pages

Call Number: XIII:Ag2

Recommendations for law enforcement officials, medical professionals, district attorneys, sexual assault advocates, and university and college programs who are in the process of creating guidelines for a coordinated response to crimes of sexual violence.

**Recognizing and Preventing Youth Violence:
A Guide for Physicians and Other Health Care
Professionals**

By: Robert D. Sege, MD, PhD & Vincent G.
Licenziato

Massachusetts Medical Society Committee on
Violence ©1998

Book, 52 pages

Call Number: XIII:18

This guide provides basic information about youth violence and describes appropriate assessments of risk and resilience. It also suggests approaches to violence prevention and intervention, while presenting ideas and resources for advocacy and research.

**Recommended Guidelines for a Coordinated
Community Response to Sexual Assault**

State of Arizona ©2001

Manual, 90 pages

Call Number: XIII:Ag1

This resource discusses the State of Arizona's SART guidelines.

**Responding to Sexual Violence: A Guide for Law
Enforcement in New Mexico**

New Mexico Coalition of Sexual Assault Programs
© (received 2002)

Book, 84 pages

Call Number: XIII:Ag8

Responding to Sexual Violence is a protocol for the investigation of sexual crimes in New Mexico.

SART: Sexual Assault Response Team Guidelines

PCAR ©2002

Manual, 35 pages

Call Number: XIII:Ag7

This manual provides a framework for improving services to victims of sexual assault in Pennsylvania.

SART Handbook Version II

The Attorney General's Sexual Assault Task Force
©2006

Handbook, 134 pages

Call Number: XIII:15

At the request of individuals and groups across the state, the Oregon Attorney General's Sexual Assault Task Force, produced this handbook in support of Sexual Assault Response Teams (SARTs) working to improve the community's response to adult and adolescent sexual assault. The mission of the Task Force includes supporting the improvement of a victim-centered, offender-focused, collaborative and consistent response to sexual assault in Oregon. The development of county SARTs has been shown to be an effective way to develop just such a response.

The SART/SANE Orientation Guide

By: Sherry Arndt and Sandra Goldstein
Forensic Nursing Services ©1998

Manual, 92 pages

Call Number: XIII:B9

This orientation guide can be used to assist communities in developing community-based, multi-disciplinary SART and SANE programs.

Save the Evidence: Save a Life!

Sexual Assault: The Medical-Legal Exam

Health Education Alliance ©1995

Manual, 128 pages

Call Number: XIII:B1; XIII:B2; XIII:B3; XIII:B4;
XIII:B5; 5 copies

This manual provides an alternative to communities seeking to improve the quality of healthcare and criminal justice services to victims of sexual assault. It includes the important aspects of preserving evidence in forensic examinations.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Sexual Assault: A Hospital Protocol for Forensic and Medical Examination

State of New Hampshire ©1998

Manual, 83 pages

Call Number: XIII:B10

This resource discusses guidelines for the forensic examination in New Hampshire.

Sexual Assault: The Medical Legal Examination

By: Sharon R. Crowley

Appleton and Lange ©1999

Book, 227 pages

Call Number: XIII:B11; XIII:B12; 2 copies

This is a guide for nurses on how to examine a victim of sexual assault and how to testify as an expert witness when, and if, the case comes to court. The guide reflects a universal approach to the victim rather than advocating the model of a particular state. It also discusses the psychological aftermath of sexual trauma, genital anatomy, the examination, physical evidence, aspects of deviation, and criminal sexuality in rapists.

Sexual Assault Forensic Examiner Training (Adult/Adolescent)

The Office of the Attorney General ©2010

Manual, unspecified page length

Call Number: XIII:B17

This manual outlines the five-day training for the Sexual Assault Forensic Examiner in Maine.

Sexual Assault Nurse Examiner: Development and Operation Guide

By: Linda Ledray, PhD, RN, FAAN

Sexual Assault Resource Service, © (received 1999)

Manual, 302 pages

Call Number: XIII:B7; XIII:B16; 2 copies

This is a resource and training manual for Sexual Assault Nurse Examiners.

Sexual Assault Nurse Examiner Resource Manual
MECASA ©1998

Manual, unspecified page length

Call Number: XIII:B6

This is a resource and training manual for Sexual Assault Nurse Examiners.

Sexual Assault: Victim's Rights and Services

Florida Council Against Sexual Violence ©2010

Computer CD, unspecified length

Call Number: XIII:16

This CD provides an overview of victim's rights and of services specific to the State of Florida.

Sexual Assault: Victimization Across the Lifespan

By: Angelo Giardino, MD, PhD; Elizabeth Datner, MD & Janice Asher, MD

G.W. Medical Publishing, Inc. ©2003

Books, Two Volumes; 1,587 pages

Call Number: XIII:B21; XIII:B22

This two-volume set is a complete reference book and color atlas for SARTS. It provides information on proper documentation, forensic evidence, how to perform a physical examination, and legal/prosecution issues. There are special sections devoted to the unique problems of sexual victimization of each age group (pediatrics, adolescents & adults), male sexual assault, incarcerated rape, assault of elders and people with disabilities, domestic violence and acquaintance rape. It includes actual case histories and a comprehensive photo atlas of sexual assault.

Standards for Providing Services to Survivors of Sexual Assault

State of New Jersey ©1998

Manual, 58 pages

Call Number: XIII:Ag3

This resource provides SART protocols for New Jersey.

Strategies for the Treatment and Prevention of Sexual Assault

American Medical Association ©1995

Booklet, 46 pages

Call Number: XIII:B15

This is a guide designed for doctors who treat sexual assault victims.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Successfully Investigating Acquaintance Sexual Assault: A National Training Manual for Law Enforcement

National Center for Women & Policing ©2001

Training Manual, 2 Binders

Call Number: XIII:A1

This innovative program was developed in cooperation with the Office on Violence Against Women and other experts in sexual assault investigation. Unlike previous materials, this curriculum focuses on the investigation of cases in which the victim and the suspect know each other. To that extent, it emphasizes investigative tools and techniques for those cases in which a consent defense – rather than identity – is raised.

Telling Our Stories: Learning From Our Experience

By: Gayle M. Stringer

Washington Coalition of Sexual Assault Programs ©2001

Booklet, 137 pages

Call Number: XIII:A7

This is a history of Washington State's prevention initiative as told from many perspectives: organizers, stakeholders, allies, and community participants.

VIDEOS

Connecticut Response to Sexual Assault

State of Connecticut ©1995

Part 1 – The Examination – VHS, 30 minutes

Part 2 – The Laboratory – VHS, 20 minutes

Part 3 – The Courtroom: Your Role as a Witness

VHS, 8 minutes

Call Number: XIII:Bv4; XIII:Bv5; XIII:Bv9

Part 1 of this video conveys the essential aspects of the examination aspect of a sexual assault forensic examination. Part 2 describes how evidence is analyzed, how SAFEs contribute to successful analysis, and what consequences might result if proper precautions are not followed. Part 3 discusses witness roles in a courtroom.

Injuries & Evidence – Volume I

Health Education Alliance ©1997

VHS, 30 minutes

Call Number: XIII:Bv6

This is a video that shows what to look for in a forensic examination.

Injuries & Evidence: Case Studies – Volume II

Health Education Alliance ©1997

VHS, 30 minutes

Call Number: XIII:Bv7

This resource shows specific examples of forensic examinations.

An Introduction to the Minnesota Model Protocol Project

Minnesota Model Project ©2000

VHS, 19 minutes

Call Number: XIII:Av4

This video is an introduction to the book published by the Minnesota Model Protocol Project. One of the main goals for creating protocol is to move from a case-centered approach to a victim-centered approach that encompasses four common goals: effective response, effective investigation, protection of the victims, and holding offenders accountable for their crimes. In order to accomplish this, law enforcement, medical providers, advocacy agencies, and the prosecutor's office must learn to work together as a team. In the video we hear about the creative process and the benefits of creating protocol from the participants of the Minnesota Model Protocol Project.

The Medical-Legal Exam

Health Education Alliance ©1997

VHS, 30 minutes

Call Number: XIII:Bv2

The Medical-Legal Exam provides a detailed account of the forensic-medical examination following a sexual assault.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

New Hampshire SANE with Jennifer Weeks

NH SANE © (received 2000)

VHS, length not specified

Call Number: XIII:Bv3

This video shows training on quality history-taking, injury and genital trauma, and standard medical protocols for SANEs in New Hampshire.

Rape: From Response to Recovery

Alabama Coalition Against Rape ©1999

VHS, 45 minutes

Call Number: XIII:Bv10

This is an excellent training video for law enforcement that emphasizes the value of a victim-centered approach.

Restoring Dignity: Frontline Response to Rape

Sage Publications ©1998

VHS, 30 minutes

Call Number: XIII:Av3

This video provides personal accounts and highlights the importance of the first response to victims of sexual assault.

The Sexual Assault Examination: Essential Forensic Techniques

Western Nurse Specialists ©1997

VHS, 45 minutes

Call Number: XIII:Bv8

This resource covers the role of the sexual assault response team forensic nurse examiners, including the interview process, the medical forensic exam utilizing the sex crime kit, follow-up care, and trauma issues. Includes a discussion guide.

Sexual Assault Response Teams: Partnering for Success

Office for Victims of Crime ©2006

DVD, 7 minutes

Call Number: XIII:v1

This DVD provides a history and context of the multidisciplinary response to sexual assault.

Developed by the Minneapolis Medical Research Foundation, the DVD describes the positive benefits

of a collaborative response to survivors of sexual violence, highlights the progress the field has made in serving survivors, and addresses several emerging issues facing first responders and the ways in which those challenges continue to shape the response of Sexual Assault Response Teams.

Snapshots of Success: Cache County, Utah

The Snapshots Project at the Muskie School of Public Service ©(received 2000)

VHS, 16 minutes

Call Number: XIII:Av5

A group of people representing advocacy, prosecution, and law enforcement realized, after the rape of an adult woman, that in order to change the pattern of seven years with no rape cases filed, they needed to elect a new District Attorney to Cache County. This video explains how they organized a local task force (SART) to address the issues and make further changes.

See also:

- *Rohypnol and Other Drugs Used to Commit Rape* in Section IV: Substances
- *Balancing the Power: Creating a Crisis Center Accessible to People with Disabilities* in Section VIII: Diverse Populations
- *Serving Crime Victims with Disabilities: Meet Us Where We Are* in Section VIII: Diverse Populations
- *Serving Crime Victims with Disabilities: The Time is Now* in Section VIII: Diverse Populations
- *To Live Without Fear and Violence – Sexual Assault & Domestic Abuse Against Older Individuals* in Section VIII: Diverse Populations
- *Responding to Elder Abuse: What Law Enforcement Should Know* in Section VIII: Diverse Populations
- *Responding to Elder Abuse: What Judges and Court Personnel Should Know* in Section VIII: Diverse Populations

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

- *Responding to Elder Abuse: What Law Enforcement Should Know* in Section VIII: Diverse Populations
- *Stalking: Psychology, Risk Factors, Interventions, and Law* in Section XII: Stalking
- *Links in the Chain: Two Communities Respond to Stalking* in Section XII: Stalking
- *Meeting the Mental Health Needs of Crime Victims* in Section XIV: Mental Health
- *Supervision and Treatment of Sex Offenders* in Section XVII: Offenders

SECTION XIV: Mental Health

BOOKS

Breaking the Silence: Group Therapy for Childhood Sexual Abuse

By: Judith A. Margolin

Haworth Maltreatment and Trauma Press ©1999

Book, 152 pages

Call Number: XIV:10

This resource guides therapists through a concise, 15-session, time-limited, psycho-educational group therapy program for adult survivors of sexual abuse. The author guides the reader through the initial establishment and group formation to its termination. The reader will also discover innovative ways to work with survivors of childhood sexual abuse by addressing key therapy issues: trust, sexuality and disclosure, family dynamics, emotional expression, transference/counter transference, male survivors, group sessions, and the impact of abuse.

Dissociation in Children and Adolescents: A Developmental Perspective

By: Frank Putnam

Guilford Press ©1997

Book, 432 pages

Call Number: XIV:4

From amnesia, intrusive memories, and depersonalization to auditory hallucinations,

trance-like states, and disturbances in identity, the symptoms of pathological dissociation are among the most devastating effects of childhood maltreatment. This volume provides a comprehensive developmental approach to understanding, diagnosing, and treating this challenging clinical population.

From Child Sexual Abuse to Adult Sexual Risk: Trauma, Revictimization, and Intervention

Edited by: Linda Koenig, Lynda Doll, Ann O'Leary, and Willo Pequegnat

American Psychological Association ©2004

Book, 343 pages

Call Number: XIV:12

This book examines the effect of child sexual abuse on adult sexual health outcomes in men and women. In this book, researchers and clinicians integrate research from a variety of disciplines to bridge the current literature on child sexual abuse, trauma research, and clinical practice. Chapter topics include child sexual abuse and adult sexual revictimization, child sexual abuse and alcohol use among women, the link between child sexual abuse and risky sexual behavior, child sexual abuse and the short- and long-term associations and implications for HIV prevention.

The Healing Connection: How Women Form Relationships in Therapy and in Life

By: Jean Baker Miller, MD & Irene Pierce Stiver

Beacon Press ©1997

Book, 231 pages

Call Number: XIV:9

The Healing Connection revolutionizes traditional psychological theory and offers the possibility of healing not only ourselves, but also our society.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Preventing Youth Suicide: A Handbook for Educators & Human Service Professionals

By: Marcia L. McEvoy & Alan W. McEvoy
Learning Publications, Inc. ©1994

Book, 322 pages

Call Number: XIV:5

This resource provides a complete look at the magnitude, causes, prevention, and treatment options for children at risk for suicide.

Reclaiming Your Life After Rape: Cognitive Behavioral Therapy for Post-Traumatic Stress Disorder

By: Barbara Olasov Rothbaum & Edna B. Foa
Therapy Works ©1999

Book, 148 pages

Call Number: XIV:2

This workbook provides a critical understanding of PTSD (Post-Traumatic Stress Disorder) and the specific treatment strategies to address avoidance, re-experiencing symptoms, and distortions in thinking related to traumatic events.

Seeking Safety: A Treatment Manual for PTSD and Substance Abuse

By: Lisa M. Najavits
The Guilford Press ©2002

Manual, 377 pages

Call Number: XIV:13

This manual presents the first empirically studied, integrative treatment approach developed specifically for PTSD and substance abuse. This manual is divided into 25 specific units addressing a range of different cognitive, behavioral, and interpersonal domains, with highly practical tools and techniques to engage patients in treatment and teach safe coping skills.

Sibling Abuse Trauma: Assessment and Intervention Strategies for Children, Families, and Adults

By: John V. Caffaro & Allison Conn-Caffaro
Haworth Maltreatment and Trauma Press ©1998

Book, 303 pages

Call Number: XIV:6

This book features an overview of sibling relationship development, sibling physical assault, incest, and psychological maltreatment. It also includes individual and systemic risk factors, gender differences, traumatic effects, clinical case studies and interviews, a sibling abuse assessment schedule, as well as specific sibling-oriented interventions.

Trauma and Memory

Edited by: Linda Meyer Williams
& Victoria L. Banyard

Sage Publications ©1999

Book, 384 pages

Call Number: XIV:3

Trauma and Memory is an in-depth look at the most current research on memory for traumatic events. This book offers a forum for professionals to explore current research and data in this controversial area, while integrating multi-disciplinary approaches.

Trauma and Recovery

By: Judith Herman, MD
Basic Books Press ©1997

Book, 290 pages

Call Number: XIV:11

Judith Herman draws on her own research on domestic violence as well as on a vast literature on combat veterans and victims of political terror, to show the parallels between private terrors like rape and public traumas such as terrorism. At the heart of the book is a unique approach to recovery that demands that the therapist depart from a stance of moral neutrality, working slowly toward integration rather than catharsis.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

Trauma Assessment and Treatment Resource Book

By: New York Office of Mental Health
Trauma Initiative
New York Office of Mental Health Trauma Initiative
©1998
Toolkit, 54 pages
Call Number: XIV:1
This book is a compilation of assessment tools, group treatment curricula, and descriptions of facilities, programs, and trauma policies developed and in use at the New York State Office of Mental Health Trauma Centers.

Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others

By: Laura Van Dernoot Lipsky & Connie Burk
Berrett-Koehler Publishers ©2009
Book, 264 pages
Call Number: XIV:15
A longtime trauma worker, Laura Van Dernoot Lipsky offers a deep and empathetic survey of the often-unrecognized toll on those working to make the world a better place. We may feel tired, cynical, numb, or like we can never do enough. These, and other symptoms, affect us individually and collectively, sapping the energy and effectiveness we so desperately need if we are to benefit humankind, other animals, and the planet itself. Through *Trauma Stewardship*, we are called to meet these challenges in an intentional way--not by becoming overwhelmed but by developing a mindful presence. Joining the wisdom of ancient cultural traditions with modern psychological research, Lipsky offers a variety of simple and profound practices that will allow us to remake ourselves — and ultimately the world.

Using Trauma Theory to Design Service Systems

Edited by: Maxine Harris & Roger D. Fallot
New Directions for Mental Health Services,
Number 89 ©2001
Journal, 98 pages
Call Number: XIV:7

As they deliver mental health, addiction management, case management, and residential services to consumers in a variety of community and hospital settings, practitioners are becoming increasingly aware that they are encountering a very large number of men and women who are the survivors of sexual and physical abuse. This book identifies the essential elements necessary for a system to begin to integrate an understanding about trauma into its core service programs.

VIDEOS

Dialogues with Madwomen

By: Allie Light
Women Make Movies ©1993
VHS, 90 minutes
Call Number: XIV:v3
Dialogues with Madwomen is a film about the private symbols of madness and sanity. The film captures the experiences of seven women of diverse experiences and cultural backgrounds who have experienced the dark side of multiple personalities, manic-depression, schizophrenia, and euphoria. Departing from conventional documentary filmmaking techniques, the stories of these women's lives are creatively enhanced with artistic images.

Meeting the Mental Health Needs of Crime Victims

By: National Victims of Crime Academy
Office for Victims of Crime ©1997
VHS, 40 minutes
Call Number: XIV:v1; XIV:v2; 2 copies
This video presents a blend of clinical, theoretical, and practical mental health expertise, including findings from current mental health research to illustrate the immediate, short-term emotional trauma and the long-term psychological trauma experienced by crime victims. The film also offers suggestions on how the criminal and juvenile justice systems can address the needs of traumatized crime victims.

Please check the end of each section for cross-listed items.

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Maine Coalition Against Sexual Assault
Lending Library Catalog

See also:

- *The Rape Victim* in Section I: Rape and Sexual Assault
- *Males at Risk* in Section VII: Male Survivors
- *Doubly Silenced: Sexuality, Sexual Abuse, and People with Developmental Disabilities* in Section VIII: Diverse Populations
- *First Response to Victims of Crime Who Have a Disability* in Section VIII: Diverse Populations
- *Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families* in Section VIII: Diverse Populations

SECTION XV: Self-Injury

BOOKS

The Scarred Soul: Understanding and Ending Self-Inflicted Violence

By: Tracy Alderman, PhD

New Harbinger Publications ©1997

Book, 216 pages

Call Number: XV:2

This book is for victims of self-inflicted violence and is intended to help them better understand and control the role of self-inflicted violence in their lives.

Understanding Self-Injury

By: Kristy Trautmann & Robin Connors

Pittsburgh Action Against Rape ©1994

Book, 60 pages

Call Number: XV:1

This unique workbook is for people who deliberately hurt themselves as a result of their trauma. It provides information about self-injury and elicits self-exploration through focused writing and drawing exercises.

Women Who Hurt Themselves

By: Dusty Miller

Basic Books Press ©1994

Book, 280 pages

Call Number: XV:3

Women Who Hurt Themselves provides help, hope, understanding, and alternatives for women who turn their pain and rage against themselves through self-injurious reenactment of childhood trauma.

**SECTION XVI:
Social Issues & Primary
Prevention**

GENERAL

BOOKS

The Heart of Whiteness: Confronting Race, Racism, and White Privilege

By: Robert Jensen

City Lights Publishers ©2005

Book, 124 pages

Call Number: XVI:GEN14

The Heart of Whiteness offers an honest exploration of what Jensen refers to as the depraved nature of whiteness in the United States. Mixing personal experience with data and theory, he faces down the difficult realities of racism and white privilege. He argues that any system that denies non-whites their full humanity also keeps whites from fully accessing their own. This book is both a cautionary tale for those who believe that they have transcended racism, and also an expression of the hope for genuine transcendence.

Rape and Representation

Edited by: Lynn A. Higgins & Brenda R. Silver

By: Columbia University Press ©1991

Book, 326 pages

Call Number: XVI:7

Rape and Representation is a critical exploration of how cultural realities construct and reinforce social attitudes and behaviors that perpetuate sexual violence.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Understanding Violence Against Women

Edited by: Nancy A. Crowell & Ann W. Burgess

National Academy Press ©1996

Book, 225 pages

Call Number: XVI:5

Understanding Violence Against Women

presents a comprehensive overview of current research, understanding of, and responses to violence against women.

Uprooting Racism: How White People Can Work for Racial Justice

By: Paul Kivel

New Society Publishers ©2002

Book, 272 pages

Call Number: XVI:GEN15

Uprooting Racism explores the manifestations of racism in politics, work, community, and family life. It moves beyond the definition of racism to address the many areas of privilege for white people and suggests ways for individuals and groups to challenge the structures of racism. *Uprooting Racism's* welcoming style helps readers look at how we learn racism, what effect it has on our lives, its costs and benefits to white people, and what we can do about it. Special features include exercises, questions, and suggestions to engage, challenge assumptions, and motivate the reader towards social action.

VIDEOS

The Codes of Gender: Identity & Performance in Popular Culture

Media Education Foundation ©2009

DVD, 72 minutes

Call Number: XVI:GENv7

Communication scholar Sut Jhally applies the late sociologist Erving Goffman's groundbreaking analysis of advertising to the contemporary commercial landscape in this provocative new film about gender as a ritualized cultural performance. Uncovering a remarkable pattern of gender-specific poses, Jhally explores Goffman's central claim

that the way the body is displayed in advertising communicates normative ideas about masculinity and femininity. With its sustained focus on the fundamental importance of gender, power, and how our perceptions of what it means to be a man or a woman get reproduced and reinforced on the level of culture in our everyday lives, *The Codes of Gender* is certain to inspire discussion and debate across a range of disciplines.

Dreamworlds 2: Desire, Sex, and Power in Music Videos

Media Education Foundation ©1995

VHS, 57 minutes

Call Number: XVI:v2

This video illustrates the systematic objectification of women in music videos and how this relates to sexual violence in the real world. These representations tell a dangerous and narrow set of stories about what it means to be female or male, stories which impact how women think about themselves sexually, and how men think sexually about women.

Dreamworlds 3:

Desires, Sex, and Power In Music Video

Media Education Foundation ©2007

DVD, 54 minutes

Call Number: XVI:GENv9; XVI:GENv10; 2 copies

Dreamworlds 3 examines the stories contemporary music videos tell about girls and women, and by extension boys and men, providing a meticulous analysis of how these narratives both reflect and shape individual and cultural attitudes toward femininity, masculinity, sexuality, and race. By systematically dismantling music videos' most persistent and disturbing stock representations, and setting them against cases of real-world violence, sexism and discrimination, the film's distorted images of the Dreamworlds connect with the lives of real girls and women and well as real boys and men. *Dreamworlds 3* is an update of *Dreamworlds 2* ©1995.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

**Game Over: Gender, Race, and Violence
in Video Games**

Media Education Foundation ©2000

DVD, 41 minutes

Call Number: XVI:GENv4

Game Over is an educational documentary that addresses the fastest growing segment of the media through engaging questions of gender, race, and violence. Some questions that are asked of viewers are: what are the messages of video games? Why are the vast majority of game players boys and men? Are video games desensitizing children to violence? How is race represented in video games? What images of masculinity and power are offered? What images of women exist in the video game world?

Generation M: Misogyny in Media & Culture

Media Education Foundation ©2008

DVD, 60 minutes

Call Number: XVI:GENv11; XVI:GENv12; 2 copies

Despite the achievements of the women's movement over the past four decades, misogyny remains a persistent force in American culture. In this important documentary, Thomas Keith looks specifically at misogyny and sexism in mainstream American media, exploring how negative definitions of femininity and hateful attitudes toward women get constructed and perpetuated at the very heart of our popular culture. The film tracks the destructive dynamics of misogyny across a broad and disturbing range of media phenomena including hypersexualization of commercial products aimed at girls, the explosion of violence in video games aimed at boys, the near hysterical sexist rants of hip-hop artists and talk radio shock jocks, and the harsh, patronizing caricatures of femininity and feminism that reverberate throughout the mainstream culture.

Girls Moving Beyond Myth

Media Education Foundation ©2004

DVD, 28 minutes

Call Number: XVI:GENv13

This compelling documentary focuses on the sexual dilemmas and difficult life choices young girls face as they come of age in contemporary American culture. Challenging long-held myths

about girlhood, the film draws on the insights of girls themselves to explore and shed light on their actual experiences as they navigate our increasingly hypersexualized society. The voices of a diverse range of girls are supplemented with accessibility analysis from leading experts on girls and sexuality.

Hip-Hop: Beyond Beats & Rhymes

Byron Hurt ©2006

DVD, 61 minutes

Call Number: XVI:GENv14

Hip-Hop: Beyond Beats & Rhymes provides a riveting examination of representations of manhood in hip-hop culture. Director Byron Hurt, former college quarterback, gender violence prevention educator and longtime hip-hop fan, pays tribute to hip-hop while challenging the rap music industry to take responsibility for too-often perpetuating destructive, deeply conservative styles of manhood that glamorize sexism, violence, and homophobia. Taking his camera from the street to the recording studio to the corridors of industry power, Hurt elicits fascinating insights into hip-hop masculinity from ordinary kids, aspiring rappers, music moguls, rap stars, and prominent cultural critics. The film is at once gripping and educational in its fearless, unflinching engagement with issues of race, gender violence, and the corporate exploitation of youth culture.

Killing Us Softly 3

Media Education Foundation ©2002

DVD, 34 minutes

VHS, 34 minutes

Call Number: XVI:GENv15; XVI:GENv16;
XVI:GENv19; 3 copies

Jean Kilbourne continues her groundbreaking analysis of advertising's depiction of women in this update of her pioneering *Killing Us Softly* series. In fascinating detail, Kilbourne decodes an array of print and television advertisements to reveal a pattern of disturbing and destructive gender stereotypes. Her analysis challenges viewers to consider the relationship between advertising and broader issues of culture, identity, sexism, and gender violence.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Killing Us Softly 4: Advertising's Image of Women

Media Education Foundation ©2010

DVD, 45 minutes

Call Number: XVI:GENv17

In this highly anticipated update of her pioneering *Killing Us Softly* series, the first in more than a decade, Jean Kilbourne takes a fresh look at how advertising traffics in distorted and destructive ideals of femininity. The film marshals a range of new print and television advertisements to lay bare a stunning pattern of damaging gender stereotypes - images and messages that too often reinforce unrealistic, and unhealthy, perceptions of beauty, perfection, and sexuality. By bringing Kilbourne's groundbreaking analysis up to date, *Killing Us Softly 4* stands to challenge a new generation of students to take advertising seriously, and to think critically about popular culture and its relationship to sexism, eating disorders, and gender violence.

What a Girl Wants

Media Education Foundation ©2001

DVD, 31 minutes

Call Number: XVI:GENv18

During the spring of 2000, eleven girls aged 8 to 16 from a variety of socio-economic backgrounds and two classrooms of middle and high school students were interviewed about their views on media culture and its impact on their lives. Their insightful and provocative responses provide the central theme of the film, a half-hour examination of how the media presents girls. Juxtaposing footage culled from a typical week of TV broadcasting with original interviews, *What a Girl Wants* will provoke debate and, ideally, act as a catalyst for change in media content.

See also:

- *Bully Proof* in Section XX: Education/Curricula
- *Three Kinds of Touches* in Section XX: Education/Curricula
- *Teens Stopping Rape* in Section XX: Education/Curricula

ENGAGING BYSTANDERS

BOOKS

Response Ability: Transforming Values Into Action

By: Alan Berkowitz, PhD ©2009

Book, 90 pages

Call Number: XVI:EB1

The goal of this book is to reduce barriers that keep individuals from intervening by helping participants to: 1) understand why they are bystanders even when inaction goes against their conscience and better judgment; 2) provide more options for how someone might intervene, and; 3) teach skills for effective interventions.

VIDEOS

Bully No More: Stopping the Abuse

AIMS Multimedia & Discovery Education

© No copyright date

VHS, 20 minutes

Call Number: XVI:EBv1

Bully No More shows a wide range of children who tell how to stop bullies and get them help and what to do as a bystander witnessing bullying. This research-based program addresses the four types of student peer abuse – physical, verbal, emotional, and sexual. For grades 4-8.

Bystander Issues and Bullying

AIMS Multimedia & Discovery Education

© No copyright date

VHS, 26 minutes

Call Number: XVI:EBv2

Three vignettes illustrate incidents in which bystanders decline to become involved in an incidence of teasing that escalates into bullying. Group activities investigate the price of silence, bystanders' responsibilities, rumors, cliques, and bullying. For grades 7-12.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Healing the Wounds: A Life Without Vengeance

Cambridge Documentary Films ©2005

DVD, 26 minutes

Call Number: XVI:EBv3

Why do so many movies and television programs use revenge as the main motivation of their characters? Why is the media fantasy that we will exact violent revenge if someone does violence to our family and friends so pervasive, particularly among those of us who have not experienced violence in our lives? How is revenge used as the justification for violence and war in popular culture? A high school student and his friends explore these issues in a new 26-minute documentary that contrasts media culture with the powerful story of Ernest Rugwizangoga, a Tutsi survivor of the Rwandan genocide. Ernest survived the murder of his family members, narrowly escaped death and when he returned to Rwanda, chose not to take revenge on the known killers of his family. His choice and reasons for it has an important impact on the young people with whom he works and in particular with the high school students in this documentary.

No Zebras: No Excuses

SAPA Central Michigan University ©2007

DVD, 82 minutes & Freshmen Orientation Script

Call Number: XVI:EBv4

No Zebras is a program focusing on bystander mentality, addressing the impact of intervention on situations of sexual aggression. It stresses that sexual aggression can no longer be ignored, and empowers students to take a stand, and help keep others safe. These vignettes are required for all incoming freshmen students at Central Michigan University. Members of the nationally recognized group Sexual Aggression Peer Advocates perform each vignette and each topic is supplemented by current statistical information. Steve Thompson, a national figure on the subject of sexual assault, harassment, and stalking, facilitates *No Zebras*. Preliminary evaluation of the program shows significant decrease in participants' rape myth acceptance.

ENGAGING MEN

BOOKS

Contemporary Perspectives on Masculinity: Men, Women, and Politics in Modern Society

By: Kenneth Clatterbaugh

Westview Press ©1990

Book, 242 pages

Call Number: XVI:4

Contemporary Perspectives on Masculinity explores conservative, liberal, and radical views of masculinity as well as alternatives offered by the men's rights movement, spiritual growth advocates, and black and gay rights activists. This book develops and defends a vision of men and masculinity consistent with a just society and feminist ideals.

Guyland: The Perilous World Where Boys Become Men

By: Michael Kimmel

Michael Kimmel ©2008

Book, 352 pages

Call Number: XVI:EM1

Guyland is based on more than 400 interviews over a four-year span with young men, ages 16–26. Kimmel's study demonstrates that the male youth who live in "Guyland" are mostly white, middle-class, totally confused, and cannot commit to their relationships, work or lives. He explores young men who submit to the "Guy Code," where locker-room behaviors, sexual conquests, bullying, violence, and assuming a cocky jock pose rule. Kimmel also offers a practical guide to male youth toward a less traditional form of masculinity.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault
Lending Library Catalog

The Macho Paradox

By: Jackson Katz

Jackson Katz ©2006

Book, 228 pages

Call Number: XVI:EM2

In *The Macho Paradox*, Jackson Katz explores those aspects of American culture that promote violence against women. This book includes chapters on pornography, prostitution, and other sex-related businesses as well as sexual violence in the military, the music industry, and athletics. He focuses on the troubling statistics regarding domestic violence, sexual harassment, and other acts of violence and hostility by men against women. Based on his work with gender violence, the book also offers advice on how men can ally with women to curb violence and change those aspects of the “boys will be boys” attitude on male aggressiveness and masculinity that can lead to violence and abuse.

Men and Feminism

By: Shira Tarrant

Seal Press ©2009

Book, 184 pages

Call Number: XVI:EM3

Addressing the question of why men should care about feminism in the first place, *Men and Feminism* lays the foundation for a larger discussion about feminism as a human issue, not simply a women’s issue. Men are crucial to the movement — as fathers, brothers, husbands, boyfriends, and friends. *Men and Feminism* answers all the questions men need to know about how and why they should get behind feminism.

Men Speak Out: Views on Gender, Sex, and Power

Edited by: Shira Tarrant

Taylor and Francis ©2008

Book, 295 pages

Call Number: XVI:EM4; XVI:EM5; 2 copies

Men Speak Out is a collection of essays written by and about pro-feminist men. In the essays, anti-sexist men make sense of their gendered experiences in today’s culture. These authors tackle the issues of feminism, growing up male, recognizing masculine privilege, and taking action to change the imbalance of power and privilege, and the constraints that men experience in confronting sexism. They describe their successes and challenges in bucking patriarchal systems in a culture that can be unsupportive of or downright hostile to a pro-feminist perspective.

Well Meaning Men... Breaking Out of “The Man Box”

By: Anthony Porter

A Call to Men ©2006

Book, 165 pages; DVD, 29 minutes

& CD ROM, 41 minutes

Call Number: XVI:EM6

Well Meaning Men radically challenges the socialization of men by examining the social norms, culture and traditional images of manhood that have created an environment that supports, tolerates, and often encourages men’s violence against women. The founders of A Call to Men provide concrete solutions and practical approaches toward ending men’s violence against women. They provide great insight into the construct of sexism and courageously challenge the privileges and entitlements given to men. This highly sought after educational tool is unique in its ability to be affirming and respectful to the experiences of women while expressing genuine care and hope for men.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

VIDEOS

Macho

Women Make Movies ©2000

DVD, 26 minutes

Call Number: XVI:EMv1

Macho, a film by Lucinda Broadbent, provides an in-depth profile of Men Against Violence and its ground-breaking work towards eliminating attitudes of male chauvinism (known as machismo in Spanish) that have perpetuated violent acts against women in Nicaragua and Latin America. The film strongly demonstrates that despite living in one of the most destitute countries in Latin America, this group has succeeded in providing a model that is used by men worldwide to discuss issues of violence and advocate for the rights of women.

Wrestling with Manhood: Boys, Bullying & Battering

Media Education Foundation ©2003

DVD, 60 minutes

VHS, 60 minutes

Call Number: XVI:EMv2; XVI:EMv3; XVI:EMv4;
3 copies

Wrestling with Manhood is the first educational program to pay attention to the enormous popularity of professional wrestling among male youth, addressing its relationship to real-life violence and probing the social values that sustain it as a powerful cultural force, offering a new way to think about the enduring problems of men's violence against women and bullying in our schools. Drawing the connection between professional wrestling and the construction of contemporary masculinity, Sut Jhally and Jackson Katz show how so-called "entertainment" is related to homophobia, sexual assault, and relationship violence. They further argue that to not engage with wrestling in a serious manner allows cynical promoters of violence and sexism an uncontested role in the process by which boys become "men."

See also:

- *Man-to-Man: When Your Partner Says No* in Section II: Acquaintance Rape
- *We Real Cool: Black Men and Masculinity* in Section VIII: Diverse Populations
- *The Men's Program: A Peer Education Guide to Rape Prevention* in Section XX: Education/ Curricula
- *So What's It to Me?* in Section XX: Education/ Curricula

HEALTHY RELATIONSHIPS

BOOKS

Dilemmas of Desire: Teenage Girls Talk about Sexuality

By: Deborah L. Tolman

Harvard University Press ©2005

Book, 272 pages

Call Number: XVI:HR1

In *Dilemmas of Desire*, Tolman, focuses on girls' desires, rather than on the social ills they're usually quizzed on, such as pregnancy, disease, and dropping out of school. The teenage voices she has collected are articulate and refreshing, though many of the stories are depressingly familiar. Nearly all the girls surveyed worry about being branded sluts, and many grapple with the pressure to be sex objects for boys while expressing no desire of their own. Tolman also makes a convincing case for why we should listen: girls in touch with their own desires make safer, healthier choices about sex. She advocates making it easier for girls to talk about their sexual wants—whether with parents, teachers, or other girls without fear of repercussion.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

May I Kiss You? A Candid Look at Dating, Communication, Respect & Sexual Assault Awareness

By: Michael J. Domtirez
Michael J. Domtirez ©2003
Book, 105 pages
Call Number: XVI:10

May I Kiss You? is an in-depth look at dating and intimacy. It focuses on asking for permission before making the first move on a date. It teaches communication and building respect in romantic relationships, and also focuses on increasing awareness of sexual misconduct and assault.

Sex, Love, and Violence: Strategies for Transformation

By: Cloe Madanes
Cloe Madanes ©1990
Book, 256 pages
Call Numbers: XVI:1

Sex, Love, and Violence is a collection of stories, essays, and cases that explore the dilemma between love and violence. *Sex, Love, and Violence* presents a model for changing violence into love using a 16-step method.

VIDEOS

Dating and Violence Should Never be a Couple

By: American Bar Association
American Bar Association ©2007
DVD, 31 minutes

Call Number: XVI:HRv6; 10 copies
Male and female teens talk about their personal experiences with dating violence. The teens discuss warning signs, how violence affects friends and family, getting out, getting help, and the effects of dating violence.

Dating for Real: Building Safe and Healthy Relationships

Human Relations Media & The Center for the Prevention of Sexual and Domestic Violence ©2001
3 VHS Cassettes:

Part 1: What Do You Want? 22 minutes
Part 2: Let's Talk About Sex; 20 minutes
Part 3: Putting It All Together; 24 minutes
Facilitator's Guide, 61 pages

Call Number: XVI:HRv2; XVI:HRv3; XVI:HRv4
Dating for Real uses popular cultural imagery, documentary interviews, and dramatic vignettes to help participants recognize gender stereotypes and their influence on dating relationships. Young people of diverse backgrounds discuss their real-life dating experiences and show how old gender stereotypes are giving way to new expectations for equality and mutual respect.

Healthy Relationships

Cambridge Educational ©2009
DVD, 33 minutes
Call Number: XVI:HRv1

Emotional abuse, fits of jealousy, and the use of physical force have no place in a healthy romantic or friendly relationship. This enlightening program offers teenagers practical approaches to nurturing healthy behavior in themselves and in others. Experts offer guidelines for dealing with specific dating or friendship problems and for handling peer pressure, which often leads to poor choices in teen relationships. Tips for ending unhealthy relationships are included as well.

Red Flags: Avoiding Abusive Relationships

Meridian Education Corporation ©2003
DVD, 21 minutes
Call Number: XVI:HRv5

What if dating was like football, where flags are thrown when the rules are broken? In this award-winning program, the "Love Referee" does just that, using his red flag system to stop the action when abusive dating situations develop. Play-by-play coverage of scenarios involving sexual pressure, manipulative and obsessive behavior, physical abuse, lying, and problem lifestyles help make it easier to recognize and avoid those pitfalls in real life. The overall message? Everyone deserves to be treated with respect and to feel safe on a date.

Please check the end of each section for cross-listed items.

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Maine Coalition Against Sexual Assault Lending Library Catalog

See also:

- *The Rape Victim* in Section I: Rape and Sexual Assault
- *Teen's Guide to Personal Safety and Preventing Sexual Abuse* in Section I: Rape and Sexual Assault
- *Xpose: The Truth – Words to Right the Wrong* in Section I: Rape and Sexual Assault
- *Date Rape/Abusive Relationships* in Section II: Acquaintance Rape
- *Out of Bounds: Teenage Sexual Harassment* in Section XI: Sexual Harassment
- *Expect Respect: A School-Based Program for Preventing Teen Dating Violence and Promoting Safe and Healthy Relationships* in Section XX: Education/Curricula
- *In Touch with Teens: A Relationship Violence Prevention Curriculum* in Section XX: Education/Curricula
- *The Youth Relationship Manual* in Section XX: Education/Curricula

SECTION XVII: Offenders

BOOKS

Juvenile Sexual Offending: Causes, Consequences, and Correction

By: Gail Ryan & Sandy Lane

Jossey-Bass, Inc. ©1997

Book, 491 pages

Call Number: XVII:1

Juvenile Sexual Offending is a comprehensive exploration of the causes, consequences, and effects of juvenile sexual offenses.

Gender-Responsive Strategies: Research, Practice and Guiding Principles for Women Offenders

By: Barbara Bloom, PhD & Barbara Owen, PhD

National Institute of Corrections, US Department of Justice ©2003

Book, 133 pages

Call Number: XVII:6

This report, published by the US Department of Justice, summarizes current knowledge on the characteristics of women in correctional settings, the ways in which gender makes a difference in current criminal justice practice, and multi-disciplinary research and theory on women's lives that have implications for managing women in the criminal justice system.

Implementing Effective Correctional Management of Offenders in the Community: An Integrated Model

National Institute of Corrections and Crime and Justice Institute ©2004

Manual; unspecified page length

Call Number: XVII:7

The project model maintains an equal and integrated focus on three domains: 1) the implementation of evidence-based principles; 2) organizational development; and 3) collaboration. The project vision is to build learning organizations that reduce recidivism through systemic integration of evidence-based principles in collaboration with community and justice partners.

Predators: Pedophiles, Rapists, And Other Sex Offenders

By: Anna Salter

Anna Salter ©2003

Book, 288 pages

Call Number: XVII:5

In *Predators*, a world-renowned expert provides a psychological profile of serial sex offenders-how they think, how they deceive their victims, and how they elude the law. What motivates sexual abusers? Why are so few caught? Drawing on the stories of abusers, Anna Salter shows that sexual predators use sophisticated deception techniques and rely on misconceptions surrounding them to evade discovery. Arguing that even the most knowledgeable among us can be fooled, Salter dispels the myths about sexual predators and gives us the tools to protect our families and ourselves.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Supervision and Treatment of Sex Offenders

By: Glen Kercher, PhD
Glen Kercher, PhD ©1998
Book, 287 pages

Call Number: XVII:B4

This book was written to offer supervising officers, child protective service workers, human services workers, counselors, judges and district attorneys with a more systematic statement about the supervision and treatment of sex offenders. Chapters and topics in *Supervision and Treatment of Sex Offenders* include: sex offender profiles, the origins of sexual offending, the pre-sentence investigation, and assessing treatment approaches.

Understanding Sexual Violence: A Study of Convicted Rapists

By: Diana Scully
Routledge ©1994
Book, 182 pages

Call Number: XVII:2

This book examines the structural supports for rape in sexually violent cultures, dispels a number of myths about sexual violence, and argues against the view that rape is solely a crime of violence unrelated to sex. The author concludes with a discussion of what the rapists had to say about rape avoidance.

VIDEOS

The Mind of a Rapist/Rehab Programs for Rapists

ABC News Productions ©1992
VHS, 45 minutes

Call Number: XVII:v2

Bob Brown interviews several rapists who are undergoing treatment in prison. He looks into the specific cases of each offender and their respective risk factors.

See also:

- *I Never Thought It Was Rape* in Section I: Rape and Sexual Assault

- *Sex Offender Registration and Community Notification: A "Megan's Law" Sourcebook* in Section XXV: Legal Resources

**SECTION XVIII:
Advocate Training/
Support Groups**

BOOKS

12-Step Programs: A Resource Guide for Helping Professionals

By: Stanice Anderson
Stanice Anderson ©1999
Book, 152 pages

Call Number: XVIII:5

This book is a resource guide with details about 12-step meetings, information on how to start a 12-step group, and a list of 60 plus 12-step programs. Included are self-assessment questions each of the groups use.

Crisis Intervention and Trauma Response: Theory and Practice

By: Barbara Rubin Wainrib, EdD
& Ellin L. Block, PhD
Springer Publishing Company ©1998
Book, 209 pages
Call Number: XVIII:16

This book presents a successful general crisis response model for intervention. Using real-life case examples and exercises to develop techniques for building verbal and nonverbal skills, the authors encourage therapists, teachers, students, and volunteers to help clients cope by focusing on client's inner strengths rather than on pathologies that need to be fixed.

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**Maine Coalition Against Sexual Assault
Lending Library Catalog**

The Essence of Being Real

By: Jennifer L. Wilkerson, MS

Sidran Press ©2002

Book, 55 pages

Call Number: XVIII:12

The Essence of Being Real offers men and women who have experienced trauma the education and inspiration to create relationship-based peer support groups in their communities. This manual can be used to form a new group or to enhance a pre-existing support group.

From Victim to Survivor: A Group Treatment Model for Women Survivors of Incest

By: Brenda J. Saxe with Susan M. Johnson, EdD

Brenda J. Saxe ©1993

Manual, 105 pages

Call Number: XVIII:3

This manual is a response to requests for resource information regarding the design and implementation of group treatment programs for women incest survivors at the Family Service Center of Ottawa-Carleton. Their "Victim to Survivor Group", as the program became known, is a twenty-week program that is held twice yearly beginning in February and September of each year. The manual includes aspects of the group model design and information for co-therapists.

Group Treatment for Sexually Abused Adolescents

By: Adrienne Crowder, MSW

& Judith Myers Avis, PhD

Adrienne Crowder and Judith Myers Avis ©1993

Book, 164 pages

Call Number: XVIII:6

This book provides information for therapists, social workers, and others who plan treatment groups for sexually abused female adolescents. This resource stimulates, refreshes, and incorporates new strategies for treatment.

A Healing Celebration

By: DeAnn Yamamoto-Nading & Gayle M. Stringer

King County (WA) Sexual Assault Resource Center

©1991

Book, 166 pages

Call Number: XVIII:4

A Healing Celebration is a manual for facilitators of therapeutic support groups for women who are adult survivors of childhood abuse.

In Their Own Words

Trauma Advisory Groups Report ©1997

Report, 75 pages

Call Number: XVIII:15

In Their Own Words is a report on the needs assessment completed through discussions with Trauma Advisory Groups that included both survivors and helping professionals throughout the State of Maine. It is a rich resource of information direct from those who have lived through the trauma of sexual and physical abuse, and professionals who support them.

**Sexual Abuse/Sacred Wound:
Transforming Deep Trauma**

By: Stephanie Mines, PhD

Stephanie Mines ©1996

Book, 340 pages

Call Number: XVIII:10

In this book the author talks about the value of the arts and expressive, creative work in healing from sexual abuse and related deep trauma. Her approach to healing can be applied with or without a therapist and involves healing through the therapeutic use of art-making in all its forms. The book provides support, understanding and practical guidance for families, friends, therapists, and survivors of sexual abuse.

Talking with the Caller: Guidelines for Crisis Line and Other Volunteer Counselors

By: Millman, Strike, Van Soest, Rosen, & Schmidt

Cornell University Development Team & Suicide Prevention and Crisis Service of Tompkins County

©1998

Binder, 85 pages

Call Number: XVIII:1

This is a set of guidelines for volunteers working on a hotline.

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A searchable, web-based version of this catalog can be found at www.mecasa.org

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The Trainer's Toolbox: A Resource Guide for Sexual Assault Counselor Training

©2000

Guide, 620 pages

Call Number: XVIII:14

The Trainer's Toolbox is a resource guide for anyone who serves victims/survivors of sexual assault. The manual covers many important categories including: counseling issues, sexual assault issues, ethics, advocacy, and confidentiality.

Trauma Recovery and Empowerment: A Clinician's Guide for Working with Women in Groups

By: Maxine Harris, PhD

Community Connections, Inc. ©1998

Book, 413 pages

Call Number: XVIII:9

Millions of women seek help every year for troubling depression or anxiety, for puzzling physical symptoms like headaches, muscle aches, and stomach cramps, for addictions to drugs, alcohol, or food, and for problems with relationships. What their therapists or physicians are beginning to discover is that trauma, whether past or ongoing, is the cause of many of these problems. This manual combines the best elements of social skills training, psycho-educational and psychodynamic techniques, and peer support groups that studies show are highly effective with survivors. It also guides leaders through the entire trauma recovery process.

Understanding and Dealing with Sexual Abuse Trauma: An Educational Book for Women

By: Kristina Muenzenmaier, MD, et al.

NY Office of Mental Health's Trauma Initiative

©1998

Book, 54 pages

Call Number: XVIII:7; XVIII:8; 2 copies

This manual outlines the structure and content of twelve 1-hour educational group sessions designed to help survivors of sexual abuse diagnosed with serious mental illness gain an understanding of trauma issues. Key principles include: personal empowerment, safety, and reconnection with others.

VIDEOS

Survivor's Technology and Interactive Safety Planning Tool

National Network to End Domestic Violence

© No copyright date

DVD

Call Number: XVIII:v3; XVIII:v4; 2 copies

The National Safe and Strategic Technology Project at NNEDV educates survivors of domestic and sexual violence and advocates about ways to use technology strategically, while holding offenders who misuse technology accountable.

**SECTION XIX:
Healing**

BOOKS

The Angry Self: A Comprehensive Approach to Anger Management

By: Miriam Gottlieb, PhD

Zeig, Tucker, & Co. ©1999

Book, 143 pages

Call Number: XIX:14

The Angry Self is a workbook that educates readers on how to harness anger productively. The book presents a sequence of strategies that will help survivors break through years of reflexive anger and redirect it toward creating solutions.

Beginning to Heal

By: Ellen Bass & Laura Davis

Ellen Bass & Laura Davis ©1993

Book, 107 pages

Call Number: XIX:9

This easy to read guide offers hope, help, guidance, and support to survivors and those who care about them. It is based on selected parts from *The Courage to Heal*, and serves as a guide through the stages of the healing process.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

**The Courage to Heal: A Guide for Women
Survivors of Child Sexual Abuse**

By: Ellen Bass & Laura Davis

Harper & Row ©1994

Book, 604 pages

Call Number: XIX:3

The Courage to Heal offers hope and encouragement for women who were sexually abused as children.

This book provides practical suggestions, a map of the healing journey, and many moving stories of the recovery process drawn from interviews with hundreds of survivors.

The Courage to Heal Workbook

By: Laura Davis

Harper & Row ©1994

Book, 460 pages

Call Number: XIX:5; XIX:6; 2 copies

The companion workbook for the classic volume,

The Courage to Heal takes the survivor step-by-step through key aspects of the healing process: survival skills, taking stock, aspects of healing, and guidelines for healing sexually.

Creating Sanctuary

By: Sandra Bloom

Routledge ©1997

Book, 306 pages

Call Number: XIX:17

This book describes how recovery consists of the creation of therapeutic environments in which people can acknowledge the reality of their past so they do not have to repeat the trauma, and in the process, create new ways of being members of a larger community.

**Growing Beyond Survival: A Self-Help Toolkit for
Managing Traumatic Stress**

By: Elizabeth G. Vermilyea, MA

Sidran Press ©2000

Book, 190 pages

Call Number: XIX:2; 2 copies

This workbook was developed to help people learn specific skills for coping with the problematic

after-effects of past and present traumatic events.

It is intended for self-help users, yet it also may be helpful to people who are currently in therapy. The author looks at this as a tool to help people deal with stress responses.

**Healing from the Trauma of Childhood Sexual
Abuse: The Journey for Women**

By: Karen A. Duncan, M.A., LMFT, LSW

Praeger ©2004

Book, 244

Call Number: XIX:18

The Journey for Women shares the stories of eighteen women sexually abused as children and explains a compassionate approach to the healing of this trauma. Duncan offers guidance and support to recognize and heal the prolonged effects of childhood sexual abuse that can include depression, anxiety, eating disorders, chronic shock, dissociation, and physical pain. She also discusses how this childhood trauma can cause a traumatic pathway of revictimization to women and children throughout their lives. The incidence and prevalence of abuse by family members is also addressed. Duncan explains the dual dilemma - moral and legal - that women face in exposing a sexual perpetrator within their family when not protected by the legal system or supported by the family. Duncan writes from the perspective of both a therapist who has 22 years experience and as a woman who has healed from sexual abuse.

**Healing the Trauma of Abuse:
A Women's Workbook**

By: Mary Ellen Copeland, MA, MS

& Maxine Harris, PhD

Mary Ellen Copeland & Maxine Harris ©2000

Book, 398 pages

Call Number: XIX:1

This workbook is a practical, step-by-step guide through the recovery and healing process designed for women who have experienced sexual, emotional, or physical abuse in childhood and/or adulthood.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Life After Trauma: A Workbook for Healing

By: Dena Resenbloom, PhD

& Mary Beth Williams, PhD

The Guilford Press ©1999

Book, 342 pages

Call Number: XIX:8

This workbook helps survivors of all types of trauma rebuild their lives. Filled with comforting activities, relaxation techniques, and self-evaluation questionnaires, the book explains how and why trauma can throw you for a loop and guides you toward developing inner resources for coping, self-understanding, and self-care. The workbook can be used on its own or in conjunction with therapy.

**Live Through This: On Creativity
and Self Destruction**

Edited by: Sabrina Chapadjiev

Seven Stories Press ©2008

Book, 248 pages

Call Number: XIX:19

A look at the entanglement of destructive and creative forces, *Live Through This* is a collection of original stories, essays, artwork, and photography. It explores the use of art to survive abuse, incest, madness and depression, and the often deep-seated impulse toward self-destruction including cutting, eating disorders, and addiction. Here, cartoonists, novelists, poets, dancers, playwrights, and burlesque performers traverse the pains and passions that can both motivate and destroy women artists, and mark a path for survival. Taken together, these artful reflections offer an honest and hopeful journey through a woman's silent rage, through the power inherent in struggles with destruction, and the ensuing possibilities of transforming that burning force into the external release of art.

Managing Traumatic Stress Through Art

By: Barry M. Cohen, et al.

Sidran Press ©1995

Book, 174 pages

Call Number: XIX:12

This resource introduces inventive ways to understand, manage, and transform the after-effects of trauma. Step-by-step art experiences provide guidelines for making collages, drawings, paintings, and multi-media creations. These carefully designed projects can be successfully completed by anyone.

**No Fairy Godmothers, No Magic Wands: The
Healing Process After Rape**

By: Judith Katz

Judith Katz ©1993

Book, 111 pages

Call Number: XIX:21

This book explains how the lives of victims and those close to them are permanently affected by the trauma of sexual assault. It introduces the concept that a goal in the healing process is to integrate the experience in new ways.

**Rebuilding the Garden: Healing the Spiritual
Wounds of Childhood Sexual Assault**

By: Karla McLaren

Karla McLaren ©1997

Book, 241 pages

Call Number: XIX:13

Rebuilding the Garden addresses the sexual, psychological, and spiritual wounds of childhood sexual assault. These wounds are explored and illuminated through a series of down-to-earth intuitive healing techniques. With humor, empathy, and wisdom, spiritual healer and multiple-molestation survivor Karla McLaren helps readers transform the experience of sexual assault from a baffling personal tragedy into an engagement with the deeper spiritual and cultural issues of the world.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault
Lending Library Catalog

Strong at the Heart

By: Carolyn Lehman
Carolyn Lehman ©2005
Book, 153 pages
Call Number: XIX:16

Nine survivors of childhood sexual abuse – teens and adults – speak frankly about the abuse they experienced and the ways they've found to heal. White, Black, Latino, and Native American, these everyday people come from a wide range of backgrounds. The stories offer hope and are accompanied by photographs of the survivors who have chosen to tell their stories.

Trust After Trauma

By: Aphrodite Matsakis, PhD
Aphrodite Matsakis ©1998
Book, 342 pages
Call Number: XIX:11

In *Trust After Trauma*, Matsakis guides survivors through a process of strengthening existing bonds and building new ones after trauma. The book includes step-by-step exercises to help readers learn how to make their important relationships a context for healing.

Trusting Ourselves: The Complete Guide to Emotional Well-Being for Women

By: Karen Johnson, MD
Karen Johnson ©1991
Book, 477 pages
Call Number: XIX:7

In a radical reversal of the usual approach to psychological care, Johnson strongly believes that women and their values, perspectives, and biases have merit—and that most patients understand why they are not happy with their lives. This book covers every aspect of psychology as it applies to women: our parents, daughters & mothers, daughters, fathers, partners, primary relationships with men, primary relationships with women, creating healthy intimate relationships, constructive conflict, self-esteem, depression, body image and eating disorders, abuse and violence, and more.

Writing as a Way of Healing: How Telling Our Stories Transforms Our Lives

By: Louise DeSalvo
Louise DeSalvo ©1999
Book, 226 pages
Call Number: XIX:20

Writing links feelings of pain, grief, and loss to an event and speeds healing, and DeSalvo presents seven stages of writing, from preparation/germination to completion/going public. She suggests writing a process journal so the work flows smoothly, and warns against self-sabotage in the form of missed deadlines and last minute scrambling. When the writing is completed, sharing stories in a group with other empathetic writers will sharpen the narrative.

AUDIO

Sexual Healing: Transforming the Sacred Wound

By: Dr. Peter Levine
Peter Levine ©2003
Audio CD, 2 hours, 30 minutes
Call Number: XIX:15

In *Sexual Healing*, Dr. Levine teaches the listener his innovative series of body-based practices to release the sexual trauma of one's past. The CD discusses ways to understand the signs of sexual trauma, how to contain and release emotions safely, the importance of boundaries, and working with a therapist. It also offers many exercises to help with the healing process.

The Courage to Heal

By: Ellen Bass & Laura Davis
HarperCollins Publishing ©1989
Audio tape, 3 hours
Call Number: XIX:10

This recording is a comprehensive guide that offers hope and encouragement to women who were sexually abused as children. It also offers support to concerned others.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

VIDEOS

Clothesline

Lonna Malmshiemer & Susan D. Rose ©1993

VHS, 53 minutes

Call Number: XIX:v3

Clothesline is a documentary based on interviews with women who contributed artwork to the Central Pennsylvania Clothesline Project. The Clothesline Project, organized in conjunction with the national project based in Massachusetts, invited women to create t-shirts that expressed the violence they suffered, and the healing they were experiencing.

Taking Charge of Change

E Power & Associates Products (received 2003)

VHS, 25 minutes

Call Number: XIX:v1

This video gives clear, concise information about making and managing change, whether business or personal. Viewers are exposed to models that help them as individuals. [Facilitation guide included.]

The Trouble with Feelings

E Power & Associates Products (received 2003)

VHS, 42 minutes

Call Number: XIX:v2

The Trouble with Feelings is an easy-to-understand program on what feelings are, how we learn them, why they become trouble, what can be done about it, and lots of how-to tips on feeling and managing feelings safely. [Facilitation guide included.]

See also:

- *Voices of Courage: Inspiration from Survivors of Sexual Assault* in Section I: Rape and Sexual Assault
- *Help, Hope & Healing* in Section I: Rape and Sexual Assault
- *The Line* in Section I: Rape and Sexual Assault
- *Searching for Angela Shelton* in Section I: Rape and Sexual Assault
- *Shining Through: Pulling it Together After Sexual Abuse* in Section VI: Childhood Sexual Abuse/Incest
- *Take Care With Yourself: A Young Person's Guide to Understanding and Healing from Abuse* in Section VI: Childhood Sexual Abuse/Incest
- *The Healing Years: A Documentary About Surviving Incest and Child Sexual Abuse* in Section VI: Childhood Sexual Abuse/Incest
- *Back on Track* in Section VII: Male Survivors
- *Men Surviving Incest: A Male Survivor Shares the Process of Recovery* in Section VII: Male Survivors
- *Boys and Men Healing* in Section VII: Male Survivors
- *I Will Survive: The African-American Guide to Healing from Sexual Abuse* in Section VIII: Diverse Populations
- *No Secrets, No Lies: How Black Families Can Heal from Sexual Abuse* in Section VIII: Diverse Populations
- *Allies in Healing* in Section IX: Marital Rape/Domestic Violence/Partners
- *My Partner Was Sexually Abused* in Section IX: Marital Rape/Domestic Violence/Partners
- *The Healing Connection: How Women Form Relationships in Therapy and in Life* in Section XIV: Mental Health
- *A Healing Celebration* in Section XVII: Advocate Training/Support Groups
- *Sexual Abuse/Sacred Wound: Transforming Deep Trauma* in Section XVII: Advocate Training/Support Groups
- *The Obsidian Mirror: Healing from Childhood Sexual Abuse* in Section XXIV: Literature – Fiction & Memoir
- *When the Piano Stops: A Memoir of Healing from Sexual Abuse* in Section XXIV: Literature – Fiction & Memoir
- *Help, Hope, and Healing* in Section XXV: Legal Resources
- *Lumo* in Section XXVI: Global Sexual Violence

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault
Lending Library Catalog

**SECTION XX:
Education/Curricula**

BOOKS

**Acquaintance Rape & Sexual Assault:
A Prevention Manual**

By: Andrea Parrot, PhD

Andrea Parrot ©1991

Book, 225 pages

Call Number: XX:15

This curriculum reflects the author's background in education, sexuality, sexual assault, and sociology.

The material presented is comprehensive relative to acquaintance rape and sexual assault issues.

**Adolescent Sexual Assault
& Harassment Prevention Curriculum**

By: Marjorie Fink, CSW

The Mental Health Association of Westchester County ©1995

Book, 212 pages

Call Number: XX:9; XX:10; XX:11

This curriculum is organized into sections including: sexual harassment, child sexual abuse, date and acquaintance rape, etc. and includes activities and resource materials.

**Best Practices in Sexual Violence Prevention
Education: Recommendations for Prevention
Educators Working with Youth Grades K-12**

Wisconsin Coalition Against Sexual Assault ©2005

Manual, 30 pages

Call Number: XX:45

This manual was created as a source to provide the basic tools necessary to deliver effective and consistent prevention education programming. The focus areas include: getting started with prevention education in the school setting, responding to disclosures and suspicions of sexual abuse, selecting a prevention program, curriculum scope for different age groups, evaluation, and resource agencies.

Bully Proof

By: Lisa Sjostrom and Nan Stein

Wellesley College Center for Research on Women
©1996

Book, 80 pages

Call Number: XX:23

Bully Proof is a guide for adolescents about teasing and bullying. This curriculum is meant to be used within a school environment.

Circles: Stop Abuse

**Teaching Self-Protection Skills to Persons With
Developmental Disabilities**

By: Marklyn Champagne, RN, BS

& Leslie Walker-Hirsch

James Stanfield & Company ©1986

3 VHS Cassettes, length unspecified

Facilitation guide, 48 pages

Call Number: XX:v4

Circles teaches students to recognize, and therefore influence, the outcome of potentially exploitative situations. Through twelve film dramatizations, a wide range of potentially bad situations is illustrated in a non-threatening manner.

**Dating: Peer Education for Reducing Sexual
Harassment and Violence Among Secondary
Students**

By: Toby Simon & Bethany Golden

Toby Simon & Bethany Golden ©1996

Book, 117 pages

Call Number: XX:8

Dating provides information for the facilitation of a PAIR (Peer Advocacy in Intimate Relationships) program, reducing sexual harassment and violence among students. It places special emphasis on peer educators.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Dating and Sexual Responsibilities

Social Learning ©2003

2 DVDs & Teacher's Guide, 95 pages

Call Number: XX:46

Dating and Sexual Responsibilities is a complete curriculum for high school teens on preventing coercive sexual behavior. It provides teachers with instruction that is in-depth and socially relevant for teens. The focus on individual rights gives teachers a fresh point of departure for talking with their students about relationships, consent, and coercion. The curriculum is designed to give teachers the opportunity to approach and explore an intimate topic with teens in a practical and helpful way. It does this through a well-structured program that uses DVD, interactive video, discussion, and role-play in a variety of creative formats.

Deaf Teen Sexual Assault Prevention

By: Abused Deaf Women's Advocacy Services

Abused Deaf Women's Advocacy Services ©1997

Curriculum, 100 pages

Call Number: XX:19

The goal of this curriculum is to give Deaf and Hard of Hearing students more tools to reduce their risk of being sexually assaulted by establishing stronger personal boundaries, increasing awareness of what constitutes a sexual assault, gaining skills in assessing potentially dangerous situations, and developing stronger refusal skills. The curriculum also includes some lessons on what constitutes a healthy dating experience and relationship.

Domestic Violence Prevention and Intervention in Rural Native American Communities: Training, Research, and Education Programs

Native American Circle, Ltd. ©2001

Binder, unspecified page length

Call Number: XX:57

Native American Circle's compilation of training, research, and education programs includes information about all of the following: domestic violence, stalking, rape and sexual assault, children's issues, laws, judicial response, law enforcement, advocacy, revictimization, treatment

and intervention, and references as the above issues relate to Native people.

Drawing the Line: A Guide to Developing Effective Sexual Assault Prevention Programs for Middle School Students

By: National Rape and Sexual Assault Prevention Project

The American College of Obstetricians and Gynecologists ©2000

Book, 55 pages

Call Number: XX:28; XX:29; XX:30; 3 copies

This document is meant to help design new sexual assault prevention programs and help revise existing programs to implement emerging developments in the field. The prevention programs discussed in this document are geared toward middle school students.

Expect Respect: A School-Based Program for Preventing Teen Dating Violence and Promoting Safe and Healthy Relationships

By: Barbara Ball, PhD; Barri Rosenbluth, LCSW; Agnes Aoki, LCSW; and Randy Randolph, BA SafePlace ©2008

Includes:

Part 1: Expect Respect Support Group Curriculum and Facilitator Guide; 275 pages

Call Number: XX:53

Part 2: SafeTeens Youth Leadership Curriculum and Facilitator Guide; 155 pages

Call Number: XX:54

Part 3: School-Wide Prevention Strategies Facilitator Guide and Resources; 97 pages

Call Number: XX:55

Program Overview; 32 pages. Also includes CD for forms for Parts 1-3

Call Number: XX:56

Expect Respect proves an intensive prevention program for teens who have been exposed to violence or abuse at home or in their dating relationships. The support groups can be implemented as a stand-alone program or in conjunction with other prevention activities. The different curriculum guides offer different aspects of the *Expect Respect* program.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Flirting or Hurting?

By: Nan Stein & Lisa Sjostrom

National Education Association and Wellesley
College Center for Research on Women ©1994

Book, 107 pages

Call Number: XX:21; XX:22; 2 copies

Flirting or Hurting? is a guide on how to deal with student-to-student sexual harassment in schools.

A Frog Talk: More About Touching

By: Nancy O'Mara & King County Sexual Assault
Resource Center Prevention Educators

King County (WA) Sexual Assault Resource Center
©1989

Book, 31 pages

Call Number: XX:26

A Frog Talk provides basic information about child sexual abuse for parents to use while instructing children about the safety rules regarding touching.

Group Exercises for Adolescents

By: Susan Carrell

Sage Publications ©1993

Book, 153 pages

Call Number: XX:25

A guide for professionals meant to help overcome resistance and harness acceptance when working with adolescent groups.

**In Touch with Teens: A Relationship Violence
Prevention Curriculum**

By: Leah Aldridge, Cathy Friedman, and Patricia
Occhiuzzo Giggans

Los Angeles Commission on Assaults Against
Women ©1995

Book, 135 pages

Call Number: XX:24

This curriculum identifies the myths and realities of sexual, physical, and emotional abuse with special emphasis on teen dating violence. It includes information on recognizing the warning signs of an abusive relationship, power and control issues, and media influence on gender and violence issues. Additionally, it defines prescriptions for healthy relationships.

Inside the Classroom:

Sexual Assault Prevention Education

Edited by: Illinois Coalition Against Sexual Assault

Illinois Coalition Against Sexual Assault © 2004

Resource Kit, unspecified length

Call Number: XX:38

The Illinois Coalition Against Sexual Assault spent two years developing the ultimate goals of their dating violence prevention education, and a system for evaluation. Over the course of two years, they evaluated each of their local sexual assault support centers' programs against those goals to determine the most effective programs, and then replicated the six most effective programs in other regions to confirm their results. This collection includes the complete curriculum for grades 9-12 dating violence prevention education for each of the six best-performing programs.

It's Your Body: You're In Charge! (Grades K-2)

Sunburst Visual Media ©2006

DVD, 14 minutes & Teachers Guide, 36 pages

Call Number: XX:47

Preventing child sexual abuse is everyone's objective. Children make vulnerable targets for such abuse, simply because of their need for warm physical affection and the natural authority adults can command over them. Current statistics show that one in four girls and one in seven boys are sexually abused each year, the majority by people they know. In the firm belief that children have a fundamental right to protect their own bodies, *It's Your Body: You're in Charge!* is designed to instruct children at an early age that they are in charge of their body, and that being touched is their choice only, not someone else's.

**La Víctima y la Sobrevivente: A Latina Sexual
Assault Victim Advocate's Toolkit**

Arte Sana ©2006

Computer CD, length unspecified

Call Number: XX:48

Advocating for victim advocacy without borders, this helpful toolkit contains a lot of effective information and directs Latina sexual assault victim advocates to other valuable resources.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Let's Talk About...: A Guide for Teens About Relationships

New Hope for Women ©1995

Book, 48 pages

Call Number: XX:33

This booklet is about relationships, and is designed to help individuals examine their relationships to help them figure out if they are healthy or unhealthy.

Measuring Violence-Related Attitudes, Behaviors, and Influences Among Youths: A Compendium of Assessment Tools

Edited By: Linda Dahlberg; Susan Toal; Monica Swahn; and Christopher Behrens

Centers for Disease Control ©2005

Book, 366 pages

Call Number: XX:62

This compendium provides researchers and prevention specialists with a set of tools to assess violence-related beliefs, behaviors, and influences, as well as to evaluate programs to prevent youth violence. The compendium contains more than 170 measures, which may be useful for those new to the youth violence prevention field, as well as experienced researchers.

The Men's Program: A Peer Education Guide to Rape Prevention

By: John Foubert

Taylor & Francis Group ©2005

Book, 177 pages

Call Number: XX:39

The Men's Program focuses on empowering young men with the knowledge, skills, and support systems needed to become active participants in the prevention of rape, and trustworthy and receptive friends for victims of rape. The text contains a detailed script which outlines how to set up and implement a program, and provides instructions on running a training course and recruiting new peer educators.

Our Rights, Right Now! Illinois Imagines Toolkit

Illinois Coalition Against Sexual Assault ©2010

Toolkit, Five Modules, varying lengths

Call Number: XX:49

This toolkit is for improving services to women with disabilities who have been victims of sexual violence. The toolkit includes the following:

- **Module 1:** The Overview Guide – This module provides the foundation, information, and guidance to assist a local collaboration to improve responses to women with disabilities who experience sexual violence.
- **Module 2:** Guide for Disability Service Agencies – This module provides educational and training material on sexual violence and trauma response for disability service agency staff. It also guides agencies on how to create a safe environment for women with disabilities to discuss sexual violence.
- **Module 3:** Guide for Rape Crisis Centers – This module provides education and training material on a victim-centered rape crisis center response to women with disabilities who experience sexual violence. It also guides rape crisis centers on how to enhance their ability to serve women with disabilities.
- **Module 4:** Women with Disabilities and Sexual Violence Education Guide – This module provides a step-by-step training curriculum for the rape crisis center and/or disability agency staff to use to educate women with disabilities about sexual violence, their rights, healthy sexuality, and how to get help.
- **Module 5:** Multi-media – The materials in Module 5 are intended for both rape crisis centers and disability service agencies. This module contains training material for agency staff, including two education videos on working with women with disabilities who experience sexual violence. A third video is intended for use when conducting educational sessions with women with disabilities.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
Lending Library Catalog**

A Place to Start: A Resource Kit for Preventing Sexual Violence – Book 1: Information and Strategies

Minnesota Department of Health ©1999
Manual, unspecified page length
Call Number: XX:59; XX:60; 2 copies
This guide provides information and strategies compiled by the Minnesota Department of Health for preventing sexual violence. These methods can be used by many different constituents.

Preventing Sexual Abuse: Activities and Strategies for Those Working with Children and Adolescents, Second Edition

By: Carol A. Plummer
Carol A. Plummer ©1997
Book, 179 pages
Call Number: XX:14
This curriculum includes presentation outlines, activities, strategies, and resources for educators working with children and adolescents toward sexual abuse prevention.

Project RAP: Relationships and Power

By: New Jersey Coalition for Battered Women
New Jersey Coalition for Battered Women ©1995
Book, 372 pages
Call Number: XX:2
This curriculum, for students grade 6-8, focuses on how power and control can lead to violent relationships. The curriculum is written with goals and competencies for each of the five units.

Rape 101: Sexual Assault Prevention for College Athletes

By: Andrea Parrot, Nina Cummings & Timothy Marchell
Andrea Parrot, Nina Cummings & Timothy Marchell ©1994
Book, 139 pages
Call Number: XX:16
This comprehensive curriculum designed for traditional aged college students offers long range plans as well as teaching modules and ideas for presentations.

R.E.S.P.E.C.T.: Responsible Education for Self-Protection Establishing Confidence and Trust: Sexual Assault Prevention Curriculum for Adolescents

Coordinated By: Denise Lopez-Bonasso
West Virginia Foundation for Rape Information and Services, Inc. ©1999
Binder, unspecified length
Call Number: XX:61
The *R.E.S.P.E.C.T.* curriculum is designed to provide educators a comprehensive tool to address sexual violence with adolescents. It provides a variety of user-friendly materials, activities, and discussion/facilitation guides, and is adaptable to meet the needs of the facilitator and the students. Topics covered are: Healthy Relationships; Sexual Harassment; Sexual Assault; Dating Violence; and Child Sexual Assault. This resource also includes a collection of updated tools from 2006.

Safe Dates: An Adolescent Dating Abuse Prevention Curriculum

By: Vangie Foshee, PhD, and Stacey Langwick, PhD
Hazelden Foundation ©2004
Curriculum, 248 pages
Call Number: XX:50
The *Safe Dates* program is a dating abuse prevention program consisting of five components: 1) a nine-session dating abuse curriculum; 2) a play about dating abuse; 3) a poster contest; 4) parent materials; and 5) a teacher's training outline. All materials needed to implement the program are included in the binder.

Sex, Without Consent: Volume I & II, Peer Education Training for Secondary Schools

By: Toby B. Simon & Cathy A. Harris
Toby B. Simon & Cathy A. Harris ©1993
Book, 152 pages
Call Number (Volume I): XX:4; XX:5; 2 copies
Call Number (Volume II): XX:6; XX:7; 2 copies
Sex, Without Consent offers an effective means of addressing sex without consent. It provides details on the necessary steps for implementing programs of intervention including peer involvement.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

So What's It to Me?

By: Gail M. Stringer & Deanna Rants-Rodriguez
King County (WA) Sexual Assault Resource Center
©1989

Book, 34 pages

Call Number: XX:27

This book and activity guide focus on sexual assault information for young men, and includes large and small group activities, handouts, and overheads.

Spider-Man and Power Pack

Marvel Comic Book ©1996

Comic Book

Call Number: XX:1

In this action packed adventure, Spider-Man helps a young boy, who is being sexually abused, to get the help he needs. The purpose of this comic is to provide the reader tips on how to be safer and what to do if sexual abuse occurs. [Multiple copies available for loan.]

S.T.A.R.S.: A Social Skills Training Guide for Teaching Assertiveness, Relationship Skills, and Sexual Awareness

By: Susan M. Heighway and Susan Kidd Webster
©2008

Training Guide, 189 pages

Call Number: XX:42

Specially designed for teaching adolescents and adults with developmental disabilities, the S.T.A.R.S. model focuses on four areas: 1) understanding relationships; 2) social interaction; 3) sexual awareness, and; 4) assertiveness – with the goals of promoting positive sexuality and preventing sexual abuse. Assessment tools help identify the strengths and needs of each individual and the activities may be catered to address specific needs.

STOP IT, NOW!

Diane Davis ©1998

Grades K-2

Guide, 69 pages

Call Number: XX:51

STOP IT, NOW! is a guide for the prevention of sexual harassment for elementary school children.

Strengthening Military-Civilian Community Partnerships to Respond to Sexual Assault

By: PCAR

PCAR ©2009

DVD, Facilitators' Guide, and Participant Workbook

Call Number: XX:58

The Pennsylvania Coalition Against Rape (PCAR) developed a curriculum to promote understanding and collaboration between the civilian and military sexual assault advocacy communities. *Strengthening Military-Civilian Community Partnerships to Respond to Sexual Assault* was designed for community-based sexual assault programs that want to build working relationships with local military installations in order to better serve military survivors of sexual assault. The curriculum focuses on introducing the civilian community to the history, values, beliefs, mission, and goals of the various military branches. The training examines the unique characteristics of military culture and its impact on the personal and community response to military survivors of sexual assault.

Teen Talk

By: King County (WA) Sexual Assault Resource Center Prevention Education Staff

King County (WA) Sexual Assault Resource Center
©1992

Book, 99 pages

Call Number: XX:20

This curriculum offers teens and educators a common forum in which to explore challenges and problems in relationships together. Topics include discrimination, racism, homophobia, date rape, sexual abuse, sexual assault, sexuality and dating, suicide, media and image, and relationship violence.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Teen to Teen

By: Catalina Herrerias
Catalina Herrerias ©1996
Book, 44 pages
Call Number: XX:32

Teen to Teen reaches young people, focusing on the special issues that teens face. In addition to personal safety, it addresses self-esteem, trust, decision making, family rules, and other matters that relate to sexual abuse prevention.

Top Secret: A Discussion Guide

By: Billie Jo Flerchinger & Jennifer J. Fay
King County (WA) Sexual Assault Resource Center
©1985
Book, 53 pages
Call Number: XX:31

This booklet is intended for teachers and other group leaders who are using *Top Secret* in personal safety, abuse prevention, or health classes for teens. It is designed so that the discussion guide, activities and teacher notes coincide with the appropriate pages in *Top Secret*.

Three Kinds of Touches: A Guide and Preschool Curriculum for Sexual Violence Prevention Programs and Other Organizations

Curriculum, 136 pages
Children's Book, 80 pages
Flash Cards
Call Number: XX:43

Three Kinds of Touches was developed to provide sexual violence prevention organizations with comprehensive information and materials helpful in presenting quality programs about child sexual assault prevention. *Three Kinds of Touches* serves as an excellent resource in conveying important information about touching to preschool aged children.

Vermont's Sexual Violence Prevention: Technical Assistance Resource Guide

Vermont Sexual Violence Prevention Task Force
©2010

Curriculum, 113 pages

Call Number: XX:44

This curriculum was created for school systems (K-12) incorporating sexual violence prevention into health education curriculum. It provides helpful guidelines for schools' capacity-building around sexual violence prevention education.

WE CAN Stop Abuse: A Sexual Abuse Prevention Curriculum For Persons With Developmental Disabilities

By: Sandy Laesch and Shirley Paceley
Blue Tower Training Center ©2004
Curriculum, unspecified page length
Peer Training Manual, 32 pages
Call Number: XX:52

The *WE CAN Stop Abuse* curriculum was tested for two years in several Illinois communities and has been proven effective for teaching prevention skills to persons with developmental disabilities. The curriculum includes: 1) eight ready-to-use interactive sessions with several activities; 2) curriculum materials for training parents and guardians; 3) *NO How DVD*; *Teach Me CD*; *My Body...My Choice* book, pictures, scenarios, and other teaching materials; 4) introductory information for sexual assault center employees; 5) goals and objectives for individual participants; 6) evaluation instruments to measure individual skills; 7) human sexuality resource list; and 8) an overview of the WE CAN Stop Abuse Project in Illinois.

The Youth Relationships Manual

By: David A. Wolfe
Sage Publications ©1996
Book, 196 pages
CN: XX:12

The Youth Relationships Manual directs youth to take positive roles in dating, peer interactions, and interpersonal style. This curriculum presents a proactive, competency building approach to promoting nonviolent relationships.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

VIDEOS

A Date with Rape: Violence on Trial

Human Relations Media ©2000

VHS, 33 minutes

Curriculum, 35 pages

Call Number: XX:v1

The centerpiece of this video is the dramatization of an actual trial in New Orleans, meant as a teaching tool for young people. The video delves into the following issues: defining acquaintance rape, how sex-role conditioning contributes to acquaintance rape, how alcohol and drug use greatly increase the risk of sexual assault, how to define sexual limits, understanding the definition of consent, how rapists “groom” their victims following a premeditated plan, how to get help, and how acquaintance rape is often hard to prove in court. The video comes with a guide that includes student activities, fact sheets, and a suggested reading list.

Fostering Collaborative Research: Viewpoints from Violence Against Women Practitioners and Researchers

National Violence Against Women Prevention Research Center ©2001

VHS, 27 minutes

Call Number: XX:v17

This instructional guide educates researchers about the concerns and priorities of service providers when participating in clinical and social science research concerning violence against women.

Junior Partner

By: The Bureau For At-Risk Youth

Forefront Productions ©1995

VHS, 20 minutes

Call Number: XX:v15

Junior Partners uses a story to explain how to recognize and handle sexual harassment.

Katie’s Secret

United Learning ©1996

VHS, 16 minutes

Call Number: XX:v7

When Katie’s secret of being sexually abused by her mom’s fiancé is discovered by a teacher, she is introduced to peers who understand. She then tells her mother and begins her path to healing. Excellent resource for use with support groups for adolescent survivors. [Teacher’s guide included.]

Open Arms? Open Eyes!

The Henrico County Community Criminal Justice Board ©2002

VHS, 28 minutes

Call Number: XX:v17

This innovative video identifies the “red flags” in teenage relationships that set the stage for adult domestic violence. Based on real scenarios and dialogue suggested by teenagers, and featuring high school students and locations, the video is an excellent resource for raising student awareness about healthy and unhealthy relationships.

Sexual Harassment

Schlessinger Video Production ©1994

VHS, 30 minutes

Call Number: XX:v16

Sexual Harassment elucidates the difference between sexual harassment and flirting behaviors. It explains the consequences of sexual harassment and how to handle harassment when it happens, and what to do about getting help if it has gone too far.

Sexual Harassment & How to Stop It

Sunburst Communications ©1995

VHS, 25 minutes

Call Number: XXv10

Sexual Harassment & How to Stop It covers the facts and consequences of peer sexual harassment, and outlines what to do to interrupt and/or prevent it from happening. [Facilitation guide included.]

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

Teens Stopping Rape

United Learning ©1996

VHS, 15 minutes

Call Number: XX:v6

Teens Stopping Rape features honest conversation about issues teens deal with often. Students learn a variety of specific techniques for stopping rape, from communicating directly and defining consent, to volunteering at their local rape crisis center.

Think Before You Click: Playing It Safe Online

ViewFinder Media ©2008

DVD, 24 minutes

Facilitator's Guide, 32 pages

Call Number: XX:40

Think Before You Click is designed to help educators work with their students on many of the social issues that occur during internet use, including harassment, bullies, and predators. The program raises these issues in a teen-friendly format, providing sound advice about strategies about safe and responsible internet use.

When Relationships Break

Human Relations Media ©1999

VHS, 30 minutes

Teacher Resource Book, 27 pages

Call Number: XX:v2

This video consists of personal interviews with teens who share experiences about their relationships. They discuss their often chaotic feelings after breaking up and some positive and negative choices they make as ways of coping. The video and teacher's resource book will help students ascertain when and how to let go of a relationship and how to deal with the painful aftermath.

See also:

- *Stop the Violence, Break the Silence: Educational Support Group for People with Disabilities Who Have Experienced Domestic or Caregiver Violence* in Section VIII: Diverse Populations
 - *Stop the Violence, Break the Silence: Resource Kit* in Section VIII: Diverse Populations
 - *Stop the Violence, Break the Silence: A Training Guide* in Section VIII: Diverse Populations
 - *To Live Without Fear and Violence – Sexual Assault & Domestic Abuse Against Older Individuals* in Section VIII: Diverse Populations
 - *Trauma Assessment and Treatment Resource Book* in Section XIV: Mental Health
 - *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse* in Section XIV: Mental Health
 - *12-Step Programs: A Resource Guide for Helping Professionals* in Section XVII: Advocate Training/Support Groups
 - *From Victim to Survivor: A Group Treatment Model for Women Survivors of Incest* in Section XVII: Advocate Training/Support Groups
- SECTION XXI:
Organizational**
- BOOKS**
- The Accidental Techie: Supporting, Managing, and Maximizing Your Nonprofit's Technology**
By: Sue Bennett ©2005
Book, 160 pages
Call Number: XXI:28
This book shows how to create a support system that will help organizations use technology more effectively and make day-to-day life less hectic. The author walks organizations through five projects that, when completed, will result in a comprehensive and usable support system.
- *Developing Personal Safety Skills in Children with Disabilities* in Section VIII: Diverse Populations

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Boards That Make a Difference: A New Design for Leadership in Non-profit and Public Organizations

By: John Carver

Jossey-Bass Inc. ©1997

Book, 241 pages

Call Number: XXI:4

The author presents a new approach to board job design, board-staff relationships, the CEO role, performance modeling, and more.

Collaboration Handbook: Creating, Sustaining, and Enjoying the Journey

By: Michael Winer & Karen Ray

Amherst H. Wilder Foundation ©2000

Book, 178 pages

Call Number: XXI:25

With this handbook, you will learn how to work collaboratively, define the results your group is after, determine everyone's roles, create an action plan, and evaluate results. Because working together can be complex, this guide gives practical steps, tips, and worksheets with which to work.

Collaboration: What Makes it Work

By: Paul Mattessich, PhD; Marta Murray-Close, BA; and Barbara Monsey, MPH

Amherst H. Wilder Foundation ©2001

Book, 82 pages

Call Number: XXI:29

This resource provides readers with a new look at what makes collaborations successful using research drawn from 281 studies. The research outlined in this book can help readers gain background information before beginning collaboration, uncover and resolve trouble spots, and choose between cooperation, coordination, and collaboration.

Demonstrating Your Program's Worth

By: Nancy Thompson, PhD & Helen McClintock
National Center for Injury Prevention and Control
©1998

Book, 123 pages

Call Number: XXI:21

This book is intended to show program managers how to demonstrate the value of their work to the public, to their peers, to fundraising agencies, and to the people they serve. It shows how to conduct a simple evaluation, how to hire and supervise consultants for complex evaluations, and how to incorporate evaluation activities into the activities of injury prevention programs.

Designing and Conducting Survey Research

By: Louis M. Rea & Richard A. Parker

Jossey-Bass Inc. ©1997

Book, 254 pages

Call Number: XXI:3

Designing and Conducting Survey Research is a complete and practical guide to conducting sample survey research. In a comprehensive manner, it explains all major components of survey research including construction of the instrument, administration of the process, analysis, and reporting of results.

Developing Effective Teams: Proven Methods for Smoother and More Productive Teamwork

By: Beth Gilbersten and Vijit Ramchandani

Amherst H. Wilder Foundation ©1999

Book, 64 pages

Call Number: XXI:26

This guide is intended for any nonprofit, board committee, staff group, community group, or government agency that uses or wants to use the team concept. This guide has four sections, including understanding teams, tools for getting your team going, tools to keep your team growing, an appendix with helpful worksheets, and a bibliography.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
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Factors Inventory: Assessing Your Collaboration's Strengths and Weaknesses

By: Paul W. Mattessich, PhD; Marta Murray-Close, BA; Barbara R. Monsey, MPH

Amherst H. Wilder Foundation ©2001

Guide, 15 pages

Call Number: XXI:20

This inventory should be used in planning a collaborative initiative as well as after the collaboration has started. The inventory can be taken by a small group of leaders, or it can be given to many people representing collaborating organizations. It is used to assess the likelihood of success before beginning collaborative work and to analyze the strengths and weaknesses of a collaborative adventure.

The Five Strategies for Fundraising Success: A Mission-Based Guide to Achieve Your Goals

By: Mal Warwick

Jossey-Bass Inc. ©2000

Book, 293 pages

Call Number: XXI:2

The author's "Five Fundamental Fundraising Strategies" are the cornerstone of this book. These five strategies are: growth, involvement, visibility, efficiency, and stability. These strategies are directly linked to specific fundraising goals. This book will help organizations make fundraising decisions that will fulfill their organizations' mission.

Grant Winner's Toolkit: Project Management and Evaluation

By: James Aaron Quick & Cheryl Carter New
Cheryl Carter New & James Aaron Quick ©2000

Book, 371 pages

Call Number: XXI:5

This book provides expert advice on managing every aspect of your funded projects with the professionalism funders demand. Not only is guidance on drafting action plans, creating budgets, and staff recruitment addressed, the book also includes an extensive sample of forms, checklists, timesheets, and practice exercises. Includes a computer disk.

Guidebook for Directors of Non-profit Organizations

By: George Overton & Jeannie Carmedelle Frey
American Bar Association ©2002

Book, 255 pages

Call Number: XXI:13

This book is intended to assist directors of non-profit organizations in performing their duties. The guide provides a description of general legal principals as they apply to non-profit organizations, and offers useful suggestions and procedures for both the individual director and the organization they serve.

Human Resources Management for Public and Non-profit Organizations

By: Joan E. Pynes

Jossey-Bass Inc. ©1997

Book, 352 pages

Call Number: XXI:10

This book discusses issues of personnel management in the non-profit sector. The author offers techniques necessary to implement effective human resources management strategies in public and non-profit organizations. Other topics include: recruitment and management of volunteers and working with a board.

The Lobbying & Advocacy Handbook for Non-profit Organizations

By: Marcia Avner

Minnesota Council of Nonprofits ©2002

Book, 229 pages

Call Number: XXI:22

The Lobbying and Advocacy Handbook for Non-profit Organizations is a resource that teaches people new to lobbying how to determine whether to lobby, and how to put plans in place to make it work. This guide also reinvigorates experienced organizations and lobbyists with new ways to approach lobbying.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
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Maine Employer's Handbook

By: Lawrence C. Winger, Esq.

Lawrence C. Winger ©2003

Book, 240 pages

Call Number: XXI:14

The 2003 update to the *Maine Employer's Handbook* analyzes many new statutes, court decisions, and regulations that affect the Maine workplace. It also expands and revises existing sections of the previous updates (2000-2002).

Managing Conflicts of Interest: Practical Guidelines for Non-Profit Boards

By: Daniel L. Kurtz

National Center for Non-Profit Boards ©2001

Book, 28 pages

Call Number: XXI:15

The purpose of *Managing Conflicts of Interest* is to help non-profit board members develop a better understanding of conflicts of interest and how to manage them. There are a number of case studies included that can be used as models in addressing this issue in the future of non-profit organizations.

Mission-Based Marketing: How Your Not-for-Profit Can Succeed in a More Competitive World

By: Peter C. Brinckerhoff

Peter C. Brinckerhoff ©1997

Book, 214 pages

Call Number: XXI:6

This book provides the knowledge and skills to build a market-driven organization that holds on to its core values and successfully competes for fundraising, clients, referral sources, staff, and board members.

Non-Profit Governance and Management

By: Victor Futter

The American Bar Association ©2002

Book, 717 pages

Call Number: XXI:16

This book is intended for directors and/or senior managers of non-profit organizations. It is an update of the popular *Non-profit Governance: The Executive's Guide*, and features new topics such

as: the new landscape for non-profits, planning for enhanced fundraising, undertaking a self-assessment or strategic study, and legal implications of the internet for non-profits.

Non-Profit Resources: A Companion to Non-Profit Governance

Edited by: Victor Futter

American Bar Association and the American Society of Corporate Secretaries ©2002

Book, 50 pages

Call Number: XXI:17

Non-Profit Resources is a compilation of helpful references on a range of topics in the non-profit field. These references are useful and provide the reader with references topically instead of alphabetically.

Qualitative Research & Evaluation Methods: Edition 3

By: Michael Quinn Patton

Sage Publications, Inc. ©2002

Book, 127 pages

Call Number: XXI:27

A resource and training tool for applied researchers, evaluators, and graduate students, this book has been completely revised with hundreds of new examples and stories illuminating all aspects of qualitative inquiry. In this edition, Patton has created a comprehensive, systematic, and up-to-date review of qualitative methods.

Reinventing Fundraising: Realizing the Potential of Women's Philanthropy

By: Sondra C. Shaw & Martha A. Taylor

Jossey-Bass Inc. ©1995

Book, 270 pages

Call Number: XXI:7

In addition to giving the history of American Women's philanthropy, the authors outline new program models that organizations can tailor to their own female constituents. The authors outline the creation of a gender-sensitive fundraising program and profile other successful and significant organizations and philanthropists.

Please check the end of each section for cross-listed items.

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Reinventing Your Board: A Step-by-Step Guide to Implementing Policy Governance

By: John Carver & Miriam Mayhew Carver

Jossey-Bass Inc. ©1997

Book, 232 pages

Call Number: XXI:9

This hands-on step-by-step guide serves as a practical manual for implementing non-profit board governance. The authors illustrate effective board decision-making, show how to craft useful policies, and offer advice on agenda setting, defining the role of the board, and monitoring CEO performance.

This book includes sample policies, exercises, illustrations, and step-by-step instructions.

Secrets of Successful Grantsmanship: A Guerrilla Guide to Raising Money

By: Susan L. Golden

Susan L. Golden ©1997

Book, 165 pages

Call Number: XXI:8

This book provides a step-by-step guide to grant proposal writing. The author offers a focused method to achieve success through fundraising activities, conducting effective research, and making initial conversations count. It also provides information on preparing and submitting grant proposals, and on following up on the grant process.

VIDEOS

The Grantwriter's Start-Up Kit

Successful Images, Inc ©2000

VHS, 30 minutes

Workbook, 63 pages

Call Number: XXI:v1

The Grantwriter's Start-Up Kit is a video and workbook combination that constitutes a beginner's guide to grant proposals.

**SECTION XXII:
Media**

BOOKS

Media Advocacy Guide

CALCASA, © No copyright date

Book, 60 pages

Call Number: XXII:2

This resource guide will help in the implementation of effective media relations with some basic guidelines.

Media Advocacy Planning Guide

By: Peggy Toy and Janey Skinner

Transforming Communities Technical Assistance
©2002

Book, 137 pages

Call Number: XXII:5

The Media Advocacy Planning Guide introduces the concepts and strategies of media advocacy, along with some basic skills and tools. Throughout this book you will find worksheets, exercises, examples, and tips to help you develop a media advocacy campaign.

News Coverage of Violence Against Women

By: Marian Meyers

Sage Publications ©1997

Book, 147 pages

Call Number: XXII:4

News Coverage of Violence Against Women addresses evidence that news coverage in America depicts criminal violence against females differently than males. The book presents information to students, researchers, and professionals in a wide range of areas including communication, media studies, mass communications, sociology, women's studies, cultural studies, and ethnic and gender studies.

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**Maine Coalition Against Sexual Assault
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VIDEOS

Growing Up Online

WGBH Education Foundation, Public Broadcasting
©2008

DVD, 60 minutes

Call Number: XXII:v4

Growing Up Online takes a look inside the world of the cyber-savvy generation through the eyes of teens and their parents, who often find themselves on opposite sides of a new digital divide. A generation with a radically different notion of privacy and personal space, today's adolescents are grappling with issues their parents never had to deal with: from cyber bullying to instant "internet fame," to the specter of online predators. This video investigates the risks, realities, and misconceptions of teenage self-expression on the World Wide Web.

Pennsylvania Coalition Against Rape: PSAs

The Neiman Group ©1997

VHS, 1 minute

Call Number: XXII:v2

Two 30-second Public Service Announcement TV spots: "Debunking" and "Bedtime".

Sexual Assault Response Center: PSAs

Sexual Assault Response Center © (received 2000)

VHS, unspecified length

Call Number: XXII:v1

Titles included on this VHS are: "Acquaintance Rape 1," "Acquaintance Rape 2," "No Bruises," "Call to Volunteer."

Texas Association Against Sexual Assault: PSAs

Texas Association Against Sexual Assault ©2005

VHS, 4 minutes

Call Number: XXII:v3

Titles included on this VHS are: "Maggie Long Version," "Maggie National Version," "Lisa National Version," "Bridget Club National Version," "Bridget Hospital National Version," "Eunice National Version."

See also:

- *The Date Rape Backlash: Media and the Denial of Rape* in Section II: Acquaintance Rape
- *The Codes of Gender: Identity and Performance in Popular Culture* in Section XVI: Primary Prevention
- *Dreamworlds 2: Desire, Sex, and Power in Music Videos* in Section XVI: Primary Prevention
- *Dreamworlds 3: Desire, Sex, and Power in Music Videos* in Section XVI: Primary Prevention
- *Game Over: Gender, Race, and Violence in Video Games* in Section XVI: Primary Prevention
- *Generation M: Misogyny in Media & Culture* in Section XVI: Primary Prevention
- *Girls Moving Beyond Myth* in Section XVI: Primary Prevention
- *Hip-Hop: Beyond Beats and Rhymes* in Section XVI: Primary Prevention
- *Killing Us Softly 3: Advertising's Image of Women* in Section XVI: Primary Prevention
- *Killing Us Softly 4: Advertising's Image of Women* in Section XVI: Primary Prevention
- *What a Girl Wants* in Section XVI: Primary Prevention
- *The Macho Paradox* in Section XVI: Primary Prevention
- *Wrestling with Manhood: Boys, Bullying & Battering* in Section XVI: Primary Prevention
- *Dilemmas of Desire: Teenage Girls Talk About Sexuality* in Section XVI: Primary Prevention

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SECTION XXIII: Feminism

BOOKS

Enlightened Sexism: The Seductive Message that Feminism's Work is Done

By: Susan J. Douglas

Times Books ©2010

Book, 368 pages

Call Number: XXIII:5

In *Enlightened Sexism*, Susan Douglas parses music, movies, magazines, television dramas, reality TV, and news coverage to demonstrate how the girl power of the early '90s developed into enlightened sexism: a response, deliberate or not, to the perceived threat of a new gender regime. Given women's progress, enlightened sexism assumes now it's okay, even amusing, to resurrect sexist stereotypes of girls and women. Douglas supports her analysis with data, such as women's continuing inequitable pay and professional opportunities, black women's struggles for equality, and the negative consequences of the rising use of plastic surgery. And while the media have focused on girls bullying other girls, a much bigger problem, says Douglas, is sexual harassment of young girls by boys.

Fire with Fire: The New Female Power and How It Will Change the 21st Century

By: Naomi Wolf

Naomi Wolf ©1993

Book, 373 pages

Call Number: XXIII:2

Wolf's *Fire with Fire* is a compelling look at feminism as we approach the 21st century. Most women embrace equality, but reject "feminism." In clear and brilliant prose, the author of the best-selling *The Beauty Myth* shows how this rift came about, and how to close it. This book is a practical and inspiring road map for personal and political equality in our time.

The Purity Myth: How America's Obsession with Virginity is Hurting Young Women

By: Jessica Valenti

Jessica Valenti ©2010

Book, 262 pages

Call Number: XXIII:7

The United States is obsessed with virginity — from the media to schools to government agencies. In *The Purity Myth*, Jessica Valenti argues that the country's intense focus on chastity is damaging to young women. Through in-depth cultural and social analysis, Valenti reveals that powerful messaging on both extremes — ranging from abstinence curricula to "Girls Gone Wild" infomercials — place a young woman's worth entirely on her sexuality. Valenti sheds light on the value — and hypocrisy — around the notion that girls remain virgins until they're married by putting into context the historical question of purity, modern abstinence-only education, pornography, and public punishments for those who dare to have sex. *The Purity Myth* presents a revolutionary argument that girls and women are overly valued for their sexuality, as well as solutions for a future without a damaging emphasis on virginity.

Rape on the Public Agenda

By: Maria Bevacqua

Maria Bevacqua ©2000

Book, 256 pages

Call Number: XXIII:4

This book examines the history, development, and impact of the feminist anti-rape movement, illuminating its importance to the broader women's movement and discussing the public policy implications of this activism.

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Taking Back Our Lives:

A Call to Action for the Feminist Movement

By: Ann Russo

©2001

Book, 240 pages

Call Number: XXIII:6

This collection of essays blends the personal with the political, memoir with theory, one woman's journey with the history of second wave feminism. Russo addresses feminist theory, violence against women, pornography (lesbian as well as other varieties), the media, racial profiling, sexual conflict and contradiction, the importance of telling stories of resistance as well as victimization, and strategies for "a feminist practice of anti-racism."

Towards A New Psychology of Women

By: Jean Baker-Miller, MD

Jean Baker-Miller ©1986

Book, 154 pages

Call Number: XXIII:3

The author sets out to redefine and understand the day-to-day experience of women and to show how the mental and emotional lives of individual women reflect the social and political system.

Women of Influence, Women of Vision: A Cross-Generational Study of Leaders and Social Change

By: Helen S. Astin & Carole Leland

Jossey-Bass Inc. ©1991

Book, 203 pages

Call Number: XXIII:1

This book takes a look at late 20th-century feminist leaders in academia. Inspired by the 1983 Wingspread Conference in Racine, Wisconsin, where a group of women leaders from diverse fields met to share their observations about the impact of the women's movement on the lives of women, the authors created this study of 77 female leaders in higher education—including university presidents, professors, writers, and activists—and their personal experiences as agents of change.

See also:

- *Against Our Will: Men, Women, and Rape* in Section I: Rape and Sexual Assault
- *The Politics of Rape* in Section I: Rape and Sexual Assault
- *Transforming a Rape Culture* in Section I: Rape and Sexual Assault
- *Women and Violence* in Section I: Rape and Sexual Assault
- *Yes Means Yes! Visions of Female Sexual Power and a World Without Rape* in Section I: Rape and Sexual Assault
- *The Line* in Section I: Rape and Sexual Assault
- *I Never Called It Rape* in Section II: Acquaintance Rape
- *The Date Rape Backlash: Media and the Denial of Rape* in Section II: Acquaintance Rape
- *Making Violence Sexy: Feminist Views on Pornography* in Section V: Pornography
- *Color of Violence: The INCITE! Anthology* in Section VIII: Diverse Populations
- *Sister Outsider: Essays and Speeches* in Section VIII: Diverse Populations
- *Conquest: Sexual Violence and American Indian Genocide* in Section VIII: Diverse Populations
- *Native American Women's Studies: A Primer* in Section VIII: Diverse Populations
- *Issues in Intimate Violence* in Section IX: Marital Rape/Domestic Violence/Partners
- *Girls Moving Beyond Myth* in Section XVI: Primary Prevention
- *Killing Us Softly 3: Advertising's Image of Women* in Section XVI: Primary Prevention
- *Killing Us Softly 4: Advertising's Image of Women* in Section XVI: Primary Prevention
- *Contemporary Perspectives in Masculinity: Men, Women, and Politics in Modern Society* in Section XVI: Primary Prevention
- *The Macho Paradox* in Section XVI: Primary Prevention
- *Men and Feminism* in Section XVI: Primary Prevention
- *Men Speak Out: Views on Gender, Sex, and Power* in Section XVI: Primary Prevention
- *Macho* in Section XVI: Primary Prevention

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**SECTION XXIV:
Literature — Fiction &
Memoir**

BOOKS

Denial: A Memoir of Terror

By: Jessica Stern ©2010

Book, 320 pages

Call Number: XXIV:2

In this skillfully wrought, powerful study, a terrorism expert and author of *The Ultimate Terrorists*, national security advisor, and lecturer at Harvard, returns to a definitive episode of terror in her early life and traces its grim, damaging ramifications. Having grown up in Concord, Mass., in 1973, Stern, then 15, and her sister, a year younger, were raped at gunpoint by an unknown intruder. When the police reopened the case in 2006, Stern was compelled to confront the devastating experience. Stern's painful journey takes her back to the traumatic aftershocks of the rape, when she began to affect a stern, hard veneer not unlike the stiff-upper-lip approach to survival her own German-born Jewish father had assumed after his childhood years living through Nazi persecution. Covering up her sense of shame with entrenched silence, Stern had a classic post-traumatic stress disorder – which she was only able to recognize after her own work interviewing terrorists.

**If I Am Missing or Dead:
A Sister's Story of Love, Murder, and Liberation**

By: Janine Latus

Janine Latus ©2007

Book, 320 pages

Call Number: XXIV:3

In April 2002, Janine Latus's youngest sister, Amy, wrote a note and taped it to the inside of her desk drawer. "Today Ron Ball and I are romantically involved," it read, "but I fear I have placed myself at risk in a variety of ways. Based on his criminal past, writing this out just seems like the smart thing to do. If I am missing or dead this obviously has not protected me...." Latus received a call from her

sister Jane asking if she'd heard from Amy. Amy was missing. It took more than two weeks to find Amy's body, wrapped in a tarpaulin and buried at a building site. It took nearly two years before her killer, her former boyfriend Ron Ball, was sentenced for her murder. *If I Am Missing or Dead* is a journey of discovery as Janine Latus traces the roots of her own – and her sister's – victimization with unflinching candor.

In the Name of Honor: A Memoir

By: Mukhtar Mai

Translated by: Linda Coverdale

Atria ©2006

Book, 192 pages

Call Number: XXIV:4

Mai, a 32-year-old Pakistani peasant, was condemned by her village tribal council in 2002 to be gang-raped. The punishment was provoked by an accusation that her younger brother, 12 years old, had seduced an older woman. The accusation was untrue, but it still held the power to destroy the family honor. After her rape by four men, rather than disappear in humiliation or commit suicide—her first impulse—Mai fought to maintain her dignity and to protect other women from abusive traditions. She asserted humanity for herself and other women by suing the council before the supreme court of Pakistan, winning, and using the funds to start a school for girls. Mai presents a portrait of determination in overcoming low caste status and stifling tradition.

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Lucky

By: Alice Sebold

Alice Sebold ©1999

Book, 246 pages

Call Number XXIV:11

In this memoir, Sebold reveals how her life was utterly transformed when, as an eighteen-year-old college freshman, she was brutally raped and beaten in a park near campus. What propels the chronicle of her recovery is Sebold's indomitable spirit – as she struggles for understanding; as her dazed family and friends sometimes bungle their efforts to provide comfort and support; and as, ultimately, she triumphs, managing through grit and coincidence to help secure her attacker's arrest and conviction.

Necessary Targets

By: Eve Ensler

Villard ©2001

Book, 144 pages

Call Number: XXIV:12

Eve Ensler's *Necessary Targets* was inspired by the author's trip to the former Yugoslavia, when she traveled there to interview Bosnian women war refugees. It was from Ensler's experience with these women that her play, *Necessary Targets* was born. "When we think of war," Ensler writes in the introduction to her published play, "we think of it as something that happens to men." The focus is on bombs and the immediate destruction that they wreak. "But after the bombing," Ensler continues, "that's when the real war begins." Ensler wrote *Necessary Targets* in an attempt to shift the mainstream focus. The play focuses on sexual violence as a tool of war and how women and children's bodies are often used as instruments of war, domination, and genocide.

No Physical Evidence

By: Gus Lee

Gus Lee ©1998

Book, 387 pages

Call Number: XXIV:1

A mystery novel about a lawyer who has been

handed a politically-charged child rape case and told to make it go away. There is no physical evidence and the protagonist struggles with fighting for a system that ignores a little girl's pain.

The Obsidian Mirror: Healing from Childhood Sexual Abuse

By: Louise M. Wischold

©2002

Book, 296 pages

Call Number: XXIV:5

Affirming and inspiring, *The Obsidian Mirror* explores the vivid and personal journey of an adult survivor of childhood sexual abuse. Drawing on the power of creativity, Wischold listens to and learns from her inner voices – the critical judge, the rebel, and the scared and needy children of various ages – and uses evocative imagery to describe the emotional settings of her interior landscape. This is both a stirring testimony of one woman's passage from fear and grief to rage and resolve and a moving portrayal of a spiritual reawakening and reclamation of self.

Push: A Novel

By: Sapphire

Sapphire/Ramona Lofton ©1996

Book, 192 pages

Call Number: XXIV:6

Precious Jones, 16 years old and pregnant by her father with her second child, meets a determined and radical teacher, Ms. Rain, who takes her on a journey of transformation and redemption. Ms. Rain challenges Precious to learn to read and write to improve her way of life. Readers experience Precious' transformation through journal entries as she changes her life, becoming literate and moving on from her abusive family situation.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Slamming Open the Door

By: Kathleen Sheeder Bonanno

Alice James Books ©2009

Book, 61 pages

Call Number: XXIV:7

Poet Kathleen Sheeder Bonanno's new collection of poems, *Slamming Open the Door*, documents the aftermath of the murder of her daughter Leidy Bonanno. Leidy was found dead in her apartment in 2003, strangled with a telephone cord by an ex-boyfriend. She had recently graduated from nursing school. Bonanno's heartrending collection inspires both compassion for and awe of the human spirit. These poems evoke seeking justice but transcending judgment as one grieves loss, celebrates love, and finds healing.

Slave: My True Story

By: Mende Nazer and Damien Lewis

PublicAffairs ©2005

Book, 368 pages

Call Number: XXIV:8

At age twelve, Mende Nazer lost her childhood. It began one horrific night in 1993, when Arab raiders swept through her Nuba village, setting fire to the village huts and murdering the adults. They rounded up thirty-one young children, including Mende, who was eventually sold to a wealthy Arab family in Sudan's capital city, Khartoum. So began Mende's seven dark years of enslavement. Normally, Mende's story never would have come to light, but when she was sent to work for another master—a diplomat working in London—she made a dramatic break for freedom. Published to critical acclaim for the honesty and clarity of its prose, *Slave* is a story almost beyond belief.

Trash

By: Dorothy Allison ©2002

Book, 224 pages

Call Number: XXIV:9

Trash, Allison's landmark collection of short stories, laid the groundwork for her critically acclaimed *Bastard Out of Carolina*, the National Book Award finalist. First published in 1988, the award-winning *Trash* showcases Allison at her most fearlessly honest and startlingly vivid. The limitless scope of human emotion and experience are depicted in stories that give aching and eloquent voice to the terrible wounds we inflict on those closest to us. These are tales of loss and redemption, of shame and forgiveness, of love and abuse, and the healing power of storytelling.

When the Piano Stops: A Memoir of Healing from Sexual Abuse

By: Catherine McCall

Seal Press ©2009

Book, 280 pages

Call Number: XXIV:10

Catherine McCall appeared to have all an American girl could want: well-to-do cosmopolitan parents, a private education, a strong faith foundation — even two baby grand pianos at her fingertips. But beneath this perfect façade, her family hid a horrific secret. No one could have guessed there was an actual torture chamber in the basement of 763 Montgomery Place, or that McCall's father was raping her repeatedly. And by the age of eighteen, she didn't know either — she had repressed every memory of abuse. Twenty years later, married and with children of her own, McCall's memories began to return. *When the Piano Stops* is McCall's revealing memoir detailing the abuse she suffered at the hands of her mentally ill father and her remarkable recovery as an adult. Now a highly successful family therapist, her ability to overcome the dark years of childhood is an inspiration to those who have been sexually abused.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

Maine Coalition Against Sexual Assault Lending Library Catalog

See also:

- *After Silence: Rape and My Journey Back* in Section I: Rape and Sexual Assault
- *Fish in a Barrel* in Section I: Rape and Sexual Assault
- *I Am the Central Park Jogger* in Section I: Rape and Sexual Assault
- *The Rape Poems* in Section I: Rape and Sexual Assault
- *Shout Out: Women of Color Respond to Violence* in Section VIII: Diverse Populations
- *A Thousand Sisters: My Journey Into the Worst Place on Earth to be a Woman* in Section XXVI: Global Sexual Violence
- *A Woman in Berlin: 8 Weeks in a Conquered City* in Section XXVI: Global Sexual Violence

SECTION XXV: Legal Resources

BOOKS

Classrooms & Courtrooms: Facing Sexual Harassment in K-12 Schools

By: Nan Stein

Teachers College, Columbia University ©1999

Book, 126 pages

Call Number: XXV:4

Classrooms and Courtrooms includes information for understanding the recent Supreme Court ruling on student-to-student sexual harassment.

Long and Mature Considerations: A Legal Guide for Adult Survivors of Childhood Sexual Abuse

By: Elizabeth A. Brent

One Voice ©1997

Book, 124 pages

Call Number: XXV:8

Portions of a survivor's diary, dated 1792, provide a poignant backdrop to enhance the practical information in this book. This resource helps to bring survivors of childhood sexual abuse one step closer to understanding and accessing their legal options.

Module 1: Overview of Sexual Assault Law Enforcement Training

Violence Against Women Online Resources

© (received 2002)

Manual, 21 pages

Call Number: XXV:20

This curriculum was created in Connecticut to create an environment that supports victims of sexual assault in reporting the crimes by combining a sensitive response to the victim with a thorough investigation.

Memory, Trauma, Treatment, and the Law

By: Daniel Brown, Alan Schefflin & D. Corydon Hammond

Daniel Brown, Alan Schefflin & D. Corydon Hammond ©1998

Book, 786 pages

Call Number: XXV:28

This book is an essential reference about memory for clinicians, researchers, attorneys, and judges. *Memory, Trauma Treatment, and the Law* is designed to be a one-stop book for people who wish to understand the workings of memory inside and outside of the therapeutic arena.

New Directions from the Field: Victims' Rights & Services for the 21st Century

U.S. Dept. of Justice ©1998

Book, 429 pages

Call Number: XXV:2

New Directions from the Field is a comprehensive report and collection of recommendations concerning victims' rights, criminal and juvenile justice responses, victim assistance, and financial recovery.

Parikh's Textbook of Medical Jurisprudence, Forensic Medicine and Toxicology for Classrooms and Courtrooms

By: Dr. C. K. Parikh

CBS Publishers & Distributors ©1999

Book, unspecified page length

Call Number: XXV:9

This is a comprehensive reference book for court work that blends forensic medicine and forensic science.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

The Prosecution of Rohypnol and GHB Related Sexual Assaults

American Prosecutors Research Institute ©1999
2 VHS & 3 Manuals, unspecified length

Call Number: XXV:25

This kit includes a video and a manual produced by the American Prosecutors Research Institute. The video introduces prosecutors and investigators to the concepts involved in investigating and prosecuting drug-facilitated sexual assaults. The manual provides in-depth information on the drugs often used to facilitate sexual assault and their effects on the victim, helpful investigation and prosecution strategies, including ways to charge sexual assaults without a urine sample or a positive toxicology report.

Rape and the Culture of the Courtroom

By: Andrew E. Taslitz
New York Press ©1999
Book, 210 pages

Call Number: XXV:10

Rape law reform has been a stunning failure. Defense lawyers persist in emphasizing victims' characters over defendants' behavior. The reform movement's goals of increasing rape report and conviction rates have generally not been achieved. In *Rape and the Culture of the Courtroom*, Andrew Taslitz locates the cause of rape reform failure in the language lawyers use, and the cultural stories upon which they draw to dominate rape victims in the courtroom.

Real Rape

By: Susan Estrich
President of Fellows of Harvard College ©1987
Book, 160 pages
Call Number: XXV:6

Real Rape is an eloquent argument for legal and social change. The author espouses an argument that recognizes rape by an acquaintance as "real."

Sex Crimes

By: Alice Vachss
Alice Vachss ©1993
Book, 284 pages

Call Number: XXV:5

Sex Crimes is an account of a prosecutor's career and offers a searing indictment of our justice system. Included are close-ups of her most harrowing cases, among them the predatory pedophile who headed a boys' club to get closer to his victims; serial rapist who terrorized the city as "The Stalker"; and the violent incest offender who tortured his "property" (his own daughter) for more than a dozen years.

Sex Offender Registration and Community Notification: A "Megan's Law" Sourcebook

By: Karen J. Terry, PhD and John S. Furlong, JD
Civic Research Institute ©2003
Book, 879 pages

Call Number: XXV:16

This book offers a comprehensive view of sex offender registration and community notification laws, commonly referred to as "Megan's Law". It is meant to serve as a thorough reference, providing both primary and secondary information for laws in every state and federal jurisdiction. It covers two basic areas: the case law that surrounds registration and notification, and the statutes and guidelines themselves.

Sexual Assault Benchbook 1 & 2

By Michigan Judicial Institute ©2002
Books, 1 & 2 651 pages
Call Number: XXV:10

This bench book provides information about Michigan's criminal sexual conduct offenses, research findings and statistics on sexual assault, community agencies and resources, and special courtroom procedures that protect the rights of victims, witnesses, and defendants. It also includes information on evidentiary matters, communicable disease testing, post-conviction requests for DNA testing, identification and profiling systems for sex offenders, and civil remedies information.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
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Sexual Assault Legal Advocacy Manual

Wisconsin Coalition Against Sexual Assault, Inc.

©2003

Manual, unspecified page length

Call Number: XXV:28

The primary purpose of this manual is to provide a resource for legal advocates, although it will undoubtedly be helpful to a broader audience. It is designed to provide advocates with information to assist their work with sexual assault victims. It could also be used to train others, including new volunteers and staff, community members, or other agencies working for victims within a community and their ability to interface with systems. This manual is not designed as an introduction to advocacy or even legal advocacy. Rather, it is responsive to requests from members for in-depth legal information. Therefore, those new to legal advocacy may find the information to be technical, detailed, or extensive.

Sexual Assault Statutes in the United States

National Crime Victim Law Institute and National Women's Law Center ©2003

Chart, 77 pages

Call Number: XXV:29

This chart is intended to aid in the analysis of sexual assault statutes in each state. For purposes of this chart, "sexual assault" is interpreted to mean sexual battery, forcible sodomy, rape, sexual torture, and sexual abuse. All information in the statutes regarding sexual assault on a child (including teenagers), sexual harassment, attempt of any sexual crime, and consensual sodomy between members of the same sex, has been excluded. The laws in this chart are valid through December 2002.

Shifting the Burden of Truth

By: Joseph E. Crnich, JD & Kimberly A. Crnich, JD
Joseph E. Crnich, JD & Kimberly A. Crnich, JD

©1992

Book, 251 pages

Call Number: XXV:7

Shifting the Burden of Truth is a handbook for those who have survived the horrors of childhood sexual abuse, only to see their abusers continue to live their

lives without repercussion. This is an empowering resource for survivors, and an invaluable resource for attorneys who represent sexual abuse survivors, therapists serving survivors, and agencies promoting victims' rights and supporting survivors' healing.

Stalking: Prosecutors Convict and Restrict

American Prosecutors Research Institute

© (received 2003)

Manual, 62 pages

Call Number: XXV:19

This report describes current initiatives local prosecutors can follow to successfully prosecute, convict, and sentence stalkers. The report also examines two innovative anti-stalking programs within an urban and rural jurisdiction.

Ten Years of Extraordinary Progress:

The Violence Against Women Act

Subcommittee on Crime, Corrections, and Victims' Rights ©2004

Report, 36 pages

Call Number: XXV:30

This report summarizes the pathway of the Violence Against Women Act (VAWA) from ideas, to draft legislation, to the 1994 law, and 2000 renewal. It will also highlight the tremendous progress made by communities taking VAWA's laws and programs and turning them into real action, change, and support for families affected by domestic violence and sexual assault.

Understanding Sexual Violence:

Prosecuting Adult Rape and Sexual Assault Cases Faculty Manual

National Judicial Education Program: A Project of NOW Legal Defense Fund ©2001

Manual, unspecified page length

Call Number: XXV:23

This curriculum focuses on non-stranger rape of adult female victims. It presents the latest social science research about victims, offenders, and jury decision making, as well as how to use expert witnesses, medical research, DNA, and information about drug-facilitated rape.

Please check the end of each section for cross-listed items.

A searchable, web-based version of this catalog can be found at www.mecasa.org

**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Understanding Sexual Violence: The Judge's Role in Stranger and Non-stranger Rape and Sexual Assault Cases

By: Lynn Hecht Schafran, Esq.

National Judicial Education Program: A Project of NOW Legal Defense Fund ©2002

Curriculum, 211 pages

VHS 1, 1 hour 57 minutes

VHS 2, 1 hour 45 minutes

Call Number: XXV:24

This resource is a self-directed video curriculum.

It presents the latest social science research about victims, offenders, and jury decision-making. It also includes panel discussions in which judges talk about how they have applied this information in their courtrooms and provides recommendations about how judges can incorporate the material discussed.

Understanding Sexual Violence: Prosecuting Adult Rape and Sexual Assault Cases Participants' Binder

National Judicial Education Program: A Project of NOW Legal Defense Fund ©2001

Participant's Binder, page length unspecified

Call Number: XXV:25

Understanding Sexual Violence consists of curriculum materials for participants in the same-titled workshop.

Understanding Sexual Violence: Prosecuting Adult Rape and Sexual Assault Cases Volumes I & II

National Judicial Education Program: A Project of NOW Legal Defense Fund ©2001

Resource Binders, unspecified length

Call Number: XXV:26; XXV:27; 2 copies

This is a compilation of resources to aid in the prosecution of adult rape and sexual assault cases.

Violence Against Women, Vol. II

By: Joan Zorza

Civic Research Institute ©2004

Book, page length unspecified

Call Number: XXV:B23

This second volume of *Violence Against Women* contains most of the articles that appeared from

January 2000 to December 2002 in Domestic Violence Report and Sexual Assault Report. This book is organized into three parts. The first section covers types of abuse, and who are victims and perpetrators. The second section of the book discusses legal issues, and the third section covers treatment, intervention, and prevention efforts.

Violence Against Women Enforcement: Law-Prevention-Protection-Treatment-Health

By: Joan Zorza

Civic Research Institute ©2002

Book, page length unspecified

Call Number: XXV:1; XXV:17; 2 copies

This book contains many of the articles that appeared during the first four years of *Domestic Violence Report* and the first two years of *Sexual Assault Report*. Articles from other Civic Research Institute publications relevant to the subject of violence against women are also included.

VIDEOS

DNA: Critical Issues for Those Who Work with Victims

President's DNA Initiative Partners

© No copyright date

DVD, 24 Minutes

Call Number: XXV:v8

Improvement in the use of DNA evidence is a critical issue for victims for crime. As advances are made in DNA technology, the criminal justice system must recognize and manage the residual implications that impact victims. This video is intended to raise awareness for victim advocates, criminal justice practitioners, and others who work with crime victims, about the issues involved for those whose cases involve DNA evidence. Through a series of interviews with crime victims, victim advocates, sexual assault nurse examiners, law enforcement, and prosecutors, the video highlights issues such as collection and preservation of evidence, the crime impact on the victim, victim notification throughout the process, and victim involvement and participation in the process.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
Lending Library Catalog**

Help, Hope, and Healing

Office for Victims of Crime Resource Center ©2002

VHS, 25 minutes

Call Number: XXV:v7

For decades, victims have driven changes in how the justice system perceives crime victims and implements victims' rights. Victims have also influenced how society views people who are hurt by crime, and enhanced understanding of the rights afforded to victims and their need for respect and dignity. The U.S. Department of Justice, Office for Victims of Crime developed this video to illustrate victims' perceptions of, and opinions about, the justice system, their major needs and concerns, and to offer suggestions for how the justice system can reduce victim trauma and respond to victim needs. Contains a video discussion guide.

The Patricia Hope Story (Based on a True Story)

©1999

VHS, 29 minutes

Call Number: XXV:v3

This video is about a case of governmental corruption within the legal system in Texas, and how this corruption contributed to the concealment and perpetuation of the abuse of children.

Presenting Medical Evidence in an Adult Rape Trial – Volume I

National Judicial Education Program: A Project of NOW Legal Defense and Education Fund ©2002

VHS, 1 hour, 50 minutes

Call Number: XXV:v1

The experts in this video present a variety of articles, studies, and diagrams that will be useful in prosecuting adult victim rape cases. Subjects include: female and male genital anatomy, appropriate medical terminology, types of physical injuries, the female response to stimuli, the colposcope, the forensic sexual assault examination, preparing a medical witness for trial, admitting medical evidence at trial, cross-examination of a medical witness, and preparing the direct examination of the victim when a medical witness will not testify.

**Testifying About Child Sexual Abuse:
A Courtroom Guide**

By: Kathleen Coulborn Faller & Suellen Scarnecchia
Guilford Publications, Inc. ©1998

VHS, 35 minutes

Video Manual, 35 pages

Call Number: XXV:v2

The focus of this video is on court testimony. It describes the court systems, stages of the court process, and the roles of expert witnesses. The simulations are meant to provide an overview of key issues and controversies related to court testimony in cases of sexual abuse. The manual provides supplemental information including a role-play and exercises. It also provides an appendix on children's memory and suggestibility as well as a list of resources.

**That Delicate Balance II: Our Bill of Rights –
Two Accused: Chronicle of a Rape Trial**

PBS Video ©2000

VHS, 58 minutes

Call Number: XXV:v4

This is an intellectual discussion of a fictional rape case led by a Harvard law professor. The discussion panel includes prosecutors, defense attorneys, media representatives, judges (including Supreme Court Justice Antonin Scalia), and a private investigator. The discussion examines legal, constitutional, and ethical issues that arise throughout the many stages of a rape case. It examines issues about the rights of a defendant, but also explores the victim's perspective. Note: There are some controversial statements regarding victim stereotypes, and the panel is missing a representative from the police department and from victim services.

Please check the end of each section for cross-listed items.

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Maine Coalition Against Sexual Assault Lending Library Catalog

Voices of Victims Series

Office for Victims of Crime ©2006

5 VHS (Closed Captioned),

length of each noted below

Call Number: XXV:v9; XXV:v10; XXV:v11;

XXV:v12; XXV:v13

In an unprecedented effort to reach out to victims of crime, OVC Director John Gillis traveled throughout the nation to meet with victims to discuss their experiences with the criminal justice system. Speaking from their own experiences in round-table discussions, the people in these videos talk about being victimized, the kind of services and support they did or did not receive, and how their victimization motivated them to create or demand programs and services to help other crime victims.

- American Indian Issues and the Tribal and Criminal Justice Systems, 15 minutes
- Financial Considerations, 18 minutes
- Constitutional Amendment: Balancing the Scales, 10 Minutes
- Criminal Justice Professionals, 15 Minutes
- Notice and Basic Case Information, 11 Minutes

See also:

- *Accessible Justice: Preparing Sexual Assault Victims with Developmental Disabilities for the Criminal Court Process* in Section VIII: Diverse Populations
- *At Greater Risk: Legal Issues in Sexual Abuse of Adults with Developmental Disabilities* in Section VIII: Diverse Populations
- *Victim Justice for Disabled Persons: A Resource Manual* in Section VIII: Diverse Populations
- *Responding to Elder Abuse: What Law Enforcement Should Know* in Section VIII: Diverse Populations
- *Responding to Elder Abuse: What Judges and Court Personnel Should Know* in Section VIII: Diverse Populations
- *Responding to Elder Abuse: What Law Enforcement Should Know* in Section VIII: Diverse Populations
- *Sexual Harassment of Working Women* in Section

XI: Sexual Harassment

- *Criminal Investigation: Law and Practice* in Section XIII: SART/SAFE
- *Sexual Assault: The Medical Legal Examination* in Section XIII: SART/SAFE
- *Sexual Assault: Victimization Across the Lifespan* in Section XIII: SART/SAFE

Section XXVI: Global Sexual Violence

GENERAL:

BOOKS:

Femicide: The Politics of Woman Killing

By: Jill Radford & Diana E.H. Russell

Jill Radford & Diana E.H. Russell ©1992

Book, 379 pages

Call Number: XXVI:GEN1

This anthology attempts to bring together existing writings as well as new material on the subject of femicide. In this study, more than 40 contributors document and describe the phenomenon as it occurs across continents and cultures, analyze the roles that social values and institutions play in perpetuating femicide, and articulate the actions that can be taken to combat it.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
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VIDEOS:

After the Rape: The Mukhtar Mai Story

Women Make Movies ©2008

DVD, 58 minutes

Call Number: XXVI:GENv1

In 2002, Mukhtar Mai, a rural Pakistani woman from a remote part of the Punjab, was gang-raped by order of her tribal council as punishment for her younger brother's alleged relationship with a woman from another clan. Instead of committing suicide or living in shame, Mukhtar spoke out, fighting for justice in the Pakistani courts—making world headlines. Further defying custom, she started two schools for girls in her village and a crisis center for abused women. Mukhtar realized that only a change in mentality could break brutal, archaic traditions, and social codes. Her story inspired women across the globe.

Señorita Extraviada, Missing Young Woman

Women Make Movies ©2001

DVD, 74 minutes

Call Number: XXVI:GENv2

Señorita Extraviada, Missing Young Woman tells the haunting story of the more than 350 kidnapped, raped, and murdered young women of Juárez, Mexico. This compelling investigation unravels the layers of complicity that have allowed for the brutal murders of women living along the Mexico-U.S. border. In the midst of Juárez's international mystique and high profile job market, there exists a murky history of grossly under-reported human rights abuses and violence against women. The climate of violence and impunity continues to grow, and the murders of women continue to this day. *Señorita Extraviada, Missing Young Woman* documents a two-year search for the truth in the underbelly of the new global economy.

See also:

- *Finding Dawn* in Section VIII: Diverse Populations
- *In the Name of Honor: A Memoir* in Section XXIV: Literature – Fiction & Memoir

HUMAN TRAFFICKING:

BOOKS:

Fighting the Traffic of Young Girls

By: Ernest A. Bell

The Midnight Mission ©1911

Book, 482 pages

Call Number: XXVI:HT1

What was called white slave trade in the early 1900's is what we call forced prostitution or sex trafficking today. This is definitely outdated information, yet an interesting historical document.

Global Trafficking in Women and Children

By: Obi N.I. Ebbe

CRC Press ©2007

Book, 272 pages

Call Number: XXVI:HT2

Gathering knowledge and experience from more than 40 countries, *Global Trafficking in Women and Children* clearly demonstrates the scale and spread of the problem, providing a powerful analysis of the circumstances that contribute to the abuse and victimization of women and children as well as the international policies and strategies used to combat this crime. The book begins with an introduction to the definition, nature, and scope of human trafficking. It discusses several social theories as well as evident environmental influences. It also examines measures to control and prevent human trafficking from stricter laws and monetary aid, to global community and law enforcement collaboration. The book includes case studies, drawing examples from a range of countries involved in every stage in the process, and highlighting the unique characteristics of human trafficking in each.

Please check the end of each section for cross-listed items.

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**Maine Coalition Against Sexual Assault
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**Sex Trafficking: Inside the Business
of Modern Slavery**

By: Siddharth Kara

Siddharth Ashok Kara ©2009

Book, 320 pages

Call Number: XXVI:HT3

In this book, Kara describes the local factors and global economic forces that gave rise to sex trafficking and other forms of modern slavery over the past two decades and quantifies, for the first time, the size, growth, and profitability of the industry. Finally, he recommends the specific legal, tactical, and policy measures that would target these vulnerable sectors and help to abolish this form of slavery.

**The Slave Next Door: Human Trafficking and
Slavery in America Today**

By: Kevin Bales and Ron Soodalter

University of California Press ©2009

Book, 320 pages

Call Number: XXVI:HT4

In *The Slave Next Door*, readers learn that slaves are all around us, hidden in plain sight: the dishwasher in the kitchen of the neighborhood restaurant, the kids on the corner selling cheap trinkets, the man sweeping the floor of the local department store. Weaving together a wealth of voices—from slaves, slaveholders, and traffickers as well as from experts, counselors, law enforcement officers, rescue and support groups, and others—this book is also a call to action, telling what readers as private citizens can do to finally bring an end to this horrific crime.

**What Sexual Assault and Domestic Violence
Service Providers Need To Know About Sex
Trafficking**

Arizona Coalition Against Domestic Violence ©2002

Binder, 149 pages

Call Number: XXVI:HT5

This binder discusses what sex trafficking is, what services shelters and programs can and should provide, immigration issues relating to sex trafficking, and the trafficking of American women.

VIDEOS

**Sex + Money: A National Search for Human
Worth**

Photogenx ©2010

DVD, unspecified length

Call Number: XXVI:HTv1

Sex + Money: A National Search for Human Worth is a feature length film that documents a group of students as they travel across the United States, seeking to understand how the sexual exploitation of children has become the nation's fastest growing form of organized crime. As the students encounter the brave men and women who are fighting on the front lines of the modern abolitionist movement, they begin to consider what further action can be taken to bring an end to such obscene forms of injustice.

Very Young Girls

GEMS ©2007

DVD, 84 minutes

Call Number: XXVI:HTv2

Very Young Girls is an exposé of human trafficking that follows thirteen- and fourteen-year-old American girls as they are seduced, abused, and sold on New York's streets by pimps, and treated as adult criminals by police. The film identifies hope for these girls in the organization GEMS (Girls Education and Mentoring Services), a recovery center founded and run by Rachel Lloyd, a survivor of sexual exploitation. *Very Young Girls'* unprecedented access to girls and pimps will change the way law enforcement, the media, and society look at sexual exploitation, street prostitution, and human trafficking that is happening in America.

See also:

- *Slave: My True Story* in Section XXIV: Literature – Fiction & Memoir
- *The Peacekeepers and the Women* in Section XXVI: War

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**Maine Coalition Against Sexual Assault
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WAR:

BOOKS

Forgetting Children Born of War: Setting the Human Rights Agenda in Bosnia and Beyond

By: R. Charli Carpenter

Columbia University Press ©2010

Book, 304 pages

Call Number: XXVI:W1

In *Forgetting Children Born of War*, R. Charli Carpenter explores a perplexing question: Why has the human rights community ignored a critically vulnerable population, the children born to women who were raped during war? Through an exhaustive study of media, NGO reports, and interviews, Carpenter's book sheds light not just on the problem of children who have been conceived through rape during a time of war—tens of thousands of children across the globe—but also the equally complex problem of how human rights issues get constructed and adopted within the community, ultimately leading to how needs are addressed or ignored.

The Men Who Killed Me

Edited by: Anne-Marie de Brouwer and Sandra Ka Hon Chu

Douglas & McIntyre ©2009

Book, 184 pages

Call Number: XXVI:W2

In the 100 days of genocide that ravaged Rwanda in 1994, one million people were killed and as many as 500,000 women and girls were raped. Nearly all the women who survived were victims of sexual violence. An astounding 70 percent are HIV-positive. In Rwanda's social and cultural climate, survivors who speak out face discrimination and isolation. *The Men Who Killed Me* features testimonials from 17 Rwandan survivors. Through their narratives and Samer Muscati's powerful portraits of them, these 16 women and one man bear witness not only to the crimes they and others in their country endured, but to the incredible courage that has allowed them to survive and flourish.

A Thousand Sisters: My Journey Into the Worst Place on Earth to be a Woman

By: Lisa Shannon

Seal Press ©2010

Book, 310 pages

Call Number: XXVI:W4

Shannon shares her story of how she raised money to sponsor Congolese women, beginning with one solo 30-mile run, and then founded a national organization, Run for Congo Women. The book chronicles her journeys to the Congo, meeting many of the sponsored women and hearing their stories firsthand. *A Thousand Sisters* is a deeply moving call to action for each person to find in them the thing that brings meaning to a wounded world.

A Woman in Berlin: 8 Weeks in a Conquered City

By: Anonymous

Picador ©2006

Book, 288 pages

Call Number: XXVI:W5

For eight weeks in 1945, as Berlin fell to the Russian army, a young woman kept a daily record of life in her apartment building and among its residents. The anonymous author depicts her fellow Berliners in all their humanity, as well as their cravenness, corrupted first by hunger and then by the Russians. *A Woman in Berlin* tells of the complex relationship between civilians and an occupying army and the shameful indignities to which women in a conquered city are always subject—the mass rape suffered by all, regardless of age or infirmity. *A Woman in Berlin* (translated by Philip Boehm) gives voice to the rarely heard victim of war: the woman.

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**Maine Coalition Against Sexual Assault
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VIDEOS

Calling the Ghosts

Women Make Movies ©1996

VHS, 60 minutes

Call Number: XXVI:Wv1

Calling the Ghosts is a powerful documentary.

It involves a first-person account of two women caught in a war where rape was as much an everyday weapon as bullets or bombs, and former neighbors became tormenters. These two women lobbied to have rape included in the international lexicon of war crimes by the UN.

God Sleeps in Rwanda

Women Make Movies ©2004

DVD, 28 minutes

Call Number: XXVI:Wv2

Uncovering amazing stories of hope in the aftermath of the Rwandan genocide, Academy Award-Nominee *God Sleeps in Rwanda* captures the spirit of five courageous women as they rebuild their lives, redefine women's roles in Rwandan society, and bring hope to a wounded nation. The 1994 Rwandan Genocide left the country nearly 70 percent female, handing Rwanda's women an extraordinary burden, and an unprecedented opportunity. Girls are attending school in record numbers, and women now make up a large part of the country's leadership. Working with two cameras and no crew except for their translator—a genocide survivor—the filmmakers uncover incredible stories: an HIV-positive policewoman raising four children alone and attending night school to become a lawyer, a teenager who has become head of household for her four siblings, and a young woman orphaned in her teens who is now the top development official in her area. This powerful film is a brutal reminder of the consequences of the Rwandan tragedy, and a tribute to the strength and spirit of those who are moving forward.

The Greatest Silence: Rape In the Congo

Women Make Movies ©2007

DVD, 76 minutes

Call Number: XXVI:Wv3

Winner of the Sundance Special Jury Prize in Documentary and the inspiration for a 2008 U.N. Resolution classifying rape as a weapon of war, *The Greatest Silence*, shot in the war zones of the Democratic Republic of Congo (DRC), shatters the silence that surrounds the use of sexual violence as a weapon of conflict. Tens of thousands of women and girls have been systematically kidnapped, raped, mutilated, and tortured by soldiers from both foreign militias and the Congolese army. Filmmaker Lisa F. Jackson travels through the DRC to understand what is happening and why.

Lumo

The Goma Film Project ©2006

DVD, 72 minutes

Call Number: XXVI:Wv4

Lumo is a feature-length documentary about Lumo, a Congolese woman attacked and raped by soldiers. The attack leaves her with a fistula, a medical condition that has rendered her incontinent and potentially unable to give birth in the future. When her fiancé and her family reject her, she travels to a hospital for rape survivors on the border with Rwanda. The film follows Lumo and other hospital patients through their surgeries and recoveries.

Please check the end of each section for cross-listed items.

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The Peacekeepers and the Women

Women Make Movies ©2003

DVD, 80 minutes

Call Number: XXVI:Wv5

The Peacekeepers and the Women, winner of the Arte-Documentary Award for Best German Documentary, is a chilling investigation examines the booming sex-trafficking industry in Bosnia and Kosovo, and boldly explores the disturbing role of the UN peacekeeping forces and the local military in perpetuating this tragic situation. In 1995, the UN set up a free trade zone in Bosnia, hoping to bring peace to the troubled region. Instead it lured the thriving business of human trade—where women from villages in Moldova, the Ukraine, and Romania are sold by the hundreds into prostitution. The film reveals that affluent peacekeeping forces have been some of the burgeoning industry’s most solvent customers, allowing the sex trade to get a foothold in the region and paving the way for its expansion. The filmmakers confront UN officials and aid workers, go on a raid with international police, and reveal the tragic stories of the trafficked women to unravel the many layers of this complicated crime scene.

See also:

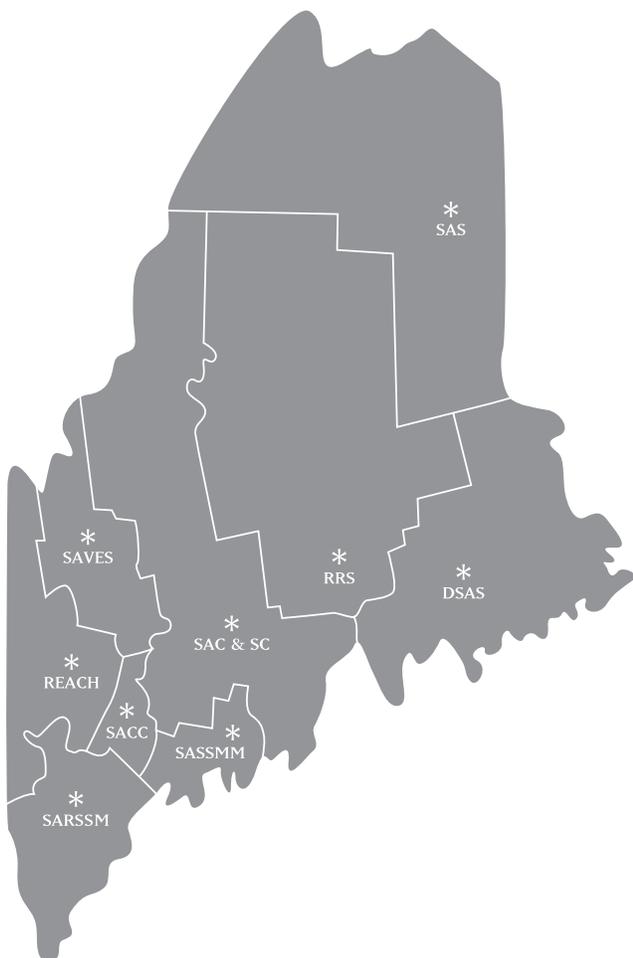
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AMHC Sexual Assault Services
 Serving Aroostook County
www.amhc.org

Downeast Sexual Assault Services
 Serving Hancock & Washington Counties
www.downeasthealth.org

Rape Education & Crisis Hotline
 Serving Oxford County
www.reachmaine.org

Rape Response Services
 Serving Penobscot & Piscataquis Counties
www.rrsonline.org

Sexual Assault Crisis Center
 Serving Androscoggin County
www.sexualassaultcrisiscenter.org

Sexual Assault Crisis & Support Center
 Serving Kennebec, Knox, Waldo & Somerset Counties
www.silentnomore.org

Sexual Assault Support Services of Midcoast Maine
 Serving Eastern Cumberland, Sagadahoc & Lincoln Counties
www.sassmm.org

Sexual Assault Response Services of Southern Maine
 Serving Cumberland & York Counties
www.sarsonline.org

Sexual Assault Victims Emergency Services
 Serving Franklin County
www.savesrapecrisis.org

OTHER SEXUAL VIOLENCE SERVICES

Maliseet Domestic Violence and Sexual Assault Program
207.532.6401

Penobscot Nation, Domestic Violence and Sexual Assault Services
207.631.4886

Passamaquoddy Peaceful Relations
1.877.853.2613

United Somali Women of Maine
207.753.0061

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